

afn>d ; DaGwL /fli6æ u?ofhgf
-@)^!-@)&!_

gkfn ; /sf/
>d tyf oftfoft Joj:yf dGqfno
l; kb/jf/, sf7df08f}
gkfn
@)^!

kfšsyg

sxl jif{cl3b}v dfq afn>dnf0{Ps ; fdlhs, cfly\$, dfgj lo ; d:ofsf] ?kdf :jlsf/ ug{yflnPsf] xf]. ljZj sf c6o ljle6g ljsf; flldv dh'sx?df h:t} gkfndf klg afn>dsf la?4 tla?kdf hfufstf cfpg yfn\$] 5 . gkfndf afnaflnsf] ; Af0f / ljsf; sf nflu sf0f] og ul/Psf sfg6l Joj :yf / ; fdlhs glltx?sf] 0ltxf; k'fg} eP tklg dh'ssf] ljsf; sf] dfudf b'vfk/\$f ; fdlhs kl/j t6 Pj +rgf]tx?nf0{b'6out ubf{xfn lj Bdfg k0ffnl afnaflnsf?sf xslxtnf0{ k646 ug{ckof]t /x\$]5 .

gkfn ; /sf/ ; a}k\$ /sf zf]f0fdhs afn>dsf] c6t ug{klta4 /x\$]5 . o:tf] klta4tf c6t/fli60 >d ; #7gsf dxf; l6w g# !#* , !*@ / ; 0Qm /fi60 3lo afnclwsf/ ; Da6wl dxf; l6wsf] cgdffhg dfkmt klg cleJoQm ePsf] 5 . To:t} ol dxf; 6wlsf ddhf0{cf]d; ft ub{afn>d p6dthg ug]p27o xfl; n ug{nflu ljle6g d6qfnof? c6tu\$ ljle6g ls0fsnfkx? cl3 a9f0Psf 5g\ . tbg?k, /fli60 u?of]hgfd klg o; }s'nf0{hf\$ lb6}afnaflnsf?sf]ljsf; / afn>dsf]p6dthgsf nflu ljle6g ls0fsnfkx? ; dfj 7 ul/Psf 5g\

of]; d:ofnf0{gkfndf sfo{t ; 0Qm /fi60 3lo lgsfof?, c6t/fli60 >d ; #7g, ljZj a}, ljle6g /fli60 Pj +c6t/fli60 u} ; /sf/l ; #yfx?n]klg ; af]vg ug{vfl]h/x\$] 5g\ ol ; #7gx?n]o; k0ff]hgsf]l; l4sf nflu gkfn ; /sf/, /fl]uf/bftf ; #7g / 6\$ olgogx?; # xft0fnf]ul//x\$] 5g\ cg; 6wfgdhs ; #yfx? / :yfglo ; /sf/sf lgsfof? klg o; sf]; dfwfgsf nflu ; ls0 ?kdf nflu/x\$] 5g\

; femf b'6sf]f cjndag u/l ; a} ; /f\$ /jfnfx?; # ; xsfo{ ub{ afn>d p6dthg ug\$ nflu Psh6 eP/ Pp6}lbzftkm{cl3 a99sf nflu ; /sf/n]of]afn>d; Da6wl /fli60 u?of]hgf th0f u/\$] xf]. c6t/fli60 >d ; #7g, ljZj a}, lh6lh\$, olg; kmaf6 ; 0Qm?kdf o; sfohf0{; km kfg\$ nflu cfly\$; xof]u kkt ePsf]5 . o; /l kkt ePsf]of]ubfgsf nflu >d tyf offtoft Joj :yf d6qfno tl ; #yfx?nf0{ w6oj fb 1fkg ug{rfx65 .

c6tdf, afn>dsf]p6dthg ug]klgt sfof ; dlk\$ e}k0f; /t /x\$] ; a\$]k0f]hg l; 4 ug\$ nflu of] /fli60 u?of]hgfn]d2t ug\$ e6g] >d tyf offtoft Joj :yf d6qfnon]cfzf /fv\$]5 .

>d tyf offtoft Joj :yf d6qfno

lb; Da/ @))\$

lj ifo ; rL

efu-!Mafn>d pGdhgsf nflu u?ofhgfsf]; Gbe{

S†; ≠ lj ifo

k[7

!= gkfndf afn>dsf]; d:of / rgfjtx?

!-! kl/ro

!=@ gkfndf afn>dsf]; d:of / rgfjtx?

@= gkfn ; /sf/sf k|ta4tfx?

@-! cGt/fli6@ dxf; Gwlx?

@=@ /fli6@ k|ta4tf / kxnx?

@=# ; xofj / kxnx?

#= cfj Zostfx?sf]lj Zn]of

#-! sfddf ; mlgtf / afn>dsf]lj ifo

#=@ cfj Zos sfo\$dx?

#=# ; xsfox?

efu-@Mafn>d lgjf/0fsf nflu /fli6@ u?ofhgf sfofj ogf]kf?k

S†; ≠ lj ifo

k[7

!= nlf / /0fgllt

!-! bl3\$fnlg nlf

!=@ /0fgllt

@= klyldstfsf lfqx?

@-! sfo{ofhgfsf nflu afn>dsf]kl/efiff

@=@ ; fwf/0f k\$[tsf afn>d

@=# lgs[6 k\$[tsf afn>d

#= sfo\$@ ; #fngsf nflu lglb[6 lfqx?

#-! glttut tyf ; :yfut lj sf;

#=@ lzlf / :jf:Yo

#=# klkf]f, ; hfn lgdf / ; fdfhs kl/rfng

#-\$ sfgg lgdf tyf sfofj og

#=% /fhuf/ / cfo cfhgfsf ; efj gfx?

#^ arfp -prevention_

#=& ; Af0f -Protection_
#=* kgMyfkg -Rehabilitation_
#=(clWbog tyf cg'; Gwfg

\$= sfof{ og of}hgf
\$=! u?of}hgf / ; doa4 sfo\$ð
\$=@ sfof{ og of}hgf
\$=# cgludg / dNofÍgsf ; æqox?
\$=\$ sfo{flnsfsf]kfyldstfsð
\$=% ; f] ; fwgsf]JoJ : yfkg

cg'; Flx?–!

k[7

!|= afn>d lgj f/0fsf nflu /fli6æ u?of}hgf -sfo{flnsf_
!|= ; fwf/0f k\$[tsf afn>d lgj f/0fsf nflu sfo{of}hgf
@= dfgj clwsf/sf]xgg xg]lgs[6 k\$[tsf afn>d lgj f/0fsf nflu sfo{of}hgf
#= ;]f lf]sf lgs[6 k\$[tsf afn>d lgj f/0fsf nflu sfo{of}hgf
\$=pBf] -manufacturing_ lf]sf lgs[6 k\$[tsf afn>d lgj f/0fsf nflu sfo{of}hgf
%= vfgl ; Da4 sfdugl]lgs[6 k\$[tsf afn>d lgj f/0fsf nflu sfo{of}hgf
^= s[lf lf]df lgs[6 k\$[tsf afn>d lgj f/0fsf nflu sfo{of}hgf

cg'; Flx?–@

k[7

@=! Affn>dsf]j ul\$/0f cg'; f/ lj leGg pBf] tyf lsøfsnfkx?
@=@ clgj fo{lzlf]sf]pd] / /fhuf/L kj]zsf nflu Gøgt d pd]
@=# afn>dkl]tsf]b]i6sf]fx?
@=\$ u]; /sf/L ; :yfx?, 6\$ olgog / /fhuf/bftf ; u7gx?áf/f sfof{ og ul/Psf
afn>d; Da6wl sfo\$ðx?
@=% gkfndf afn>ldsx?sf]l:ylt
@=^ gkfndf afn>dsf sf/0fx?nf0{b}fpg]/yflrq
@=& lgs[6 k\$[tsf afn>d tyf bikl/0ffdx?

!= gkfn df afn>dsf]; d:of / rgfjlx?

!= kl/ro

!= k[7eld

gkfn nufot ; #f/sf ljleGg efudf afn>d Ps dxTj kOf{; d:ofsf ?kdf /x\$]5 .
; g\!((^1 sf]Ps cgdgfn]; #f/e/df s/lj @% s/f\$ % b]v !\$ j if{pd] ; d\sf
afnaflnsfx?n]kOf{ j f cflzs ?kdf sfd ul//x\$]eGg]b]v]fPsf]lyof]. o; /L sfddf
; #lg xg]afnaflnsfx?d]w]clwsfz lj sf; f]dv dh'sx?df /x\$] lyP / To; df klg
) kltztetGbf a9L blifof Plzofdf lyP .

gkfn pRr afn>d b/ /x\$]dh'sx?d]w]Ps xf]. ; g\!((*÷!(((df ul/Psf]>d
zIQm ; j]f0f²df cfwf/t Ps cgdgfn cg; f/ gkfn sf % j if{b]v !\$ j if{pd] ; d\sf
h]df \$(nfv afnaflnsfx?d]w]em08}@) nfv -\$! kltzt_ afnaflnsfx? sg}g
sg}?kdf sfddf ; #lg /x\$] lyP .

afn>d ; d:ofsf]uel/uf

; #f/sf cfo ljleGg efux?df h:t} gkfn df afn>dsf] ; d:ofsf] uel/ufklt
hfu?stf cpg yfn\$]w]}ePsf] 5g . afnaflnsf] :j:Yo tyf lzlf]sf] lj ifo
bzsf]cufl8b]v g}gkfn] ; /sf/sf]k]yldstsf]lj ifo /x\$}cfPsf]eP tklg ; g\
!(() sf]bzsd fcfP/ dfq dh'sdf afn>dsf]; d:ofsf]cfotgnf0{dx; " ul/Psf]
xf]. af:tjdf ; g\!(() sf]bzssf]k]v]Deb]v g}gkfn df afn clwsf/ / afn>dsf]
lj ifoklt a9L Wbfg cflif\$ xg uPsf]kf0G5 hg s/f /fli60 glt tyf sfo\$dx?df
klg kltlj]Dat ePsf] b]vG5 . dh'sdf ljBdfg ; fdf]hs cfly\$ kl/l:yltn]ubf{
gkfn df afn>dsf]; d:of emg\ a9L hl6n / rgf]tkOf{xg ku\$]5 . gkfn ljZj sf
clt sd lj sl; t dh'sx?d]w]Ps xf]. hg; Wofsf]em08}() kltzt efu u]dlOf
lfqdf a; f\$; ub5g\ . ; kOf{ afl; Gbfx?sf] sl/j *! kltzt hljg ofkgsf nflu
s]f]df cfwf/t 5g\h; d]w]clwsfzsf] s]f] lfqsf] ; #lgtf lgj f]d]v /x\$]5 .
em08}\$@ kltzt gkfnlx? lg/k]f u/l]lsf]/yfdgl /x\$] 5g² h; sf]b]gs c]dbfgl
! cd]v/sl 8n/ eGbf Gog /x\$]5 . clwsfz jo:sx? lg/lf/ ePsf -em08}%)
kltzt_ sf/0fn] ubf{ ax; Wos kl/jf/x? lh]sf]k]fhg]sf nflu a\$]l]ks cfly\$
ls]f]snfkdf ; #lg xg]/ ; fdf]hs Pj +cfly\$; /lf]sf pkfox? cjndag ug\$ nflu
; #7t xg]; efj gf c]oGt lf]of b]vG5 . t; y,{gkfn] ; /sf/n]afn>dsf]; d:of
lgj f/0fsf nflu u/l]l lgj f/0fnf0{Ps dxTj kOf{/0fglltsf]?kdf c]l]sf/ u/\$]5 .

!= c]t/fli60 >d ; #7g -l(^_

@= s]b]lo t]vof\$ lj efu -l(((, gkfn n]k] km] {; e]l!((*÷((.

#= /fli60 of]hg cfof]u -@))!_ u/l]l lgj f/0f ; DaGwl c]t]d /0fgllt kq .

ul/jL lgjf/Of /Ofgllt kq / bzf}ofhgf bj h] ul/jL lgjf/Ofnf0{; afwls dxTj kOf{ nlfsf]?kdf cl3 ; f/\$f 5g\

gkfn] ; /sf/n] z]lfs lj sf; nf0{ul/al tyf afn>dsf] ; d:of lgjf/Of ug[Ps dxTj kOf{/Ofglltsf]?kdf lnPsf]5 . cfwf/et / kfylds lzlfssf]klj wfg ul/alsf] ; d:ofnf0{Gog ug{/ afn>d lgjf/Of ug\$f nflu cTofjZos 5 . tbg?k, gkfn] ; /sf/n]; a}nf0{uOf:t/oQm cfwf/et tyf kfylds lzlfssf]cj ; / k}fg ug[kl]ta4tf hfx] u/\$f]5 . ; fy} ; a\$]nflu lzlf elgg]lj Zj Jofkl cleofgdf klg ; l/s x} cfPsf]5 . gkfn df cfwf/et / kfylds lzlfdf ; a\$]kxF a9fpg tyf lzlfssf] uOf:t/ Pj +; fble\$tfdf ; wf/ ug{ ; g\!(() sf]cf/Deblv g} gkfn] ; /sf/n] cfwf/et / kfylds lzlf sfo\$ d sfof]og ub}cfPsf]5 hg clxn]bf] f]r/Ofdf /x\$]5 . gkfn df lj Bdfg ul/al / afn>dsf] ; d:of ; dfwfg ug[km(lj leGg /fli6 Pj +cGt/fli6 u} ; /sf/l ; yfx? klg lsOfzln /x\$ 5g\ o:tf]x} x} klg gkfn df afn>ldsx?sf] ; wof / lTgnf0{sfddf nufpg] lfx?df lg/Gt/ a[4 xg\$] ; fy; fy} afn>dsf] ; d:of eng\eng\del/ x}u}x\$]5 .

!@ ; doa4 sfo\$ d / u?ofhgf

afn>dsf] ; d:of ; dfwfg xg g; Sgsf lj leGg sf/Ofx?dwb]Ps, ; d:ofnf0{; af]vg ug[Ps Jofks, ; dlGj t / ; dj] ofhgfsf]cefj xf]. oxl l:yltnf0{b[6ut u/l cf0Pn=cf}cf0k\$]n]bzf}ofhgfn]lg]b[6 u/]cg?k gkfn] ; /sf/; usf] ; xsfof Ps /Ofgllts ; doa4 sfo\$ dsf]lj sf; u/\$f]5 . cf0Pn=cf}sf ; b:o /fi6x?nf0{ lgs[6 afn>d ; DaGwl cf0Pn=cf}sf]dx; Gwl -g+!*@_ / l; kmf/z -g+()_ sf k]awfgx? lglZrt ; dofj lwleq Joj xf/df ptfG{ ; 3fpg]Ps cf]f/sf]?kdf ; doa4 sfo\$ d lj sl; t ul/Psf] xf]. pQm dx; Gwln] ; b:o /fi6x?nf0{ lgs[6 k\$[tsf afn>d lgifw / pGdhg ug{cfux ub5 / o:tf lgs[6 k\$[tsf afn>dx?nf0{/fli6 Pj +cGt/fli6 sfo\$ dx?n]kfyldstf lb0/x\$ 5g\eg]; lglZrt ug{vfl]b5 .

afn>d; DaGwl /fli6 u?ofhgfnf0{b0{r/Ofdf kl/sNkgf ul/Psf]5 . klxn]r/Ofdf ; g\@)) (; Dddf lgs[6 k\$[tsf afn>dx?sf]klxrfG / lgjf/Of ug[nlf /flvPsf] 5 . bf] f]r/Ofdf ; g\@)!\$; Dddf ; a}k\$ f/sf afn>dx?sf]lgjf/Of ug[nlf cl3 ; fl/Psf]5 .

Jofkstf / blufkgnf0{; lglZrt ug\$ f nflu gkfn] ; /sf/n]o; nf0{cNksfnlg / bl3\$fnlg sfo\$ dx? / glltx?df ; dflj i6 ug{rxf\$]5 . ; g\@)) (; Dddf lgs[6 k\$[tsf / ; g\@)!\$; Dddf ; a}k\$ f/sf afn>d lgjf/Of ug{egl tof/ ul/Psf]of] u?ofhgf klg To; }km(cl3 ; fl/Psf]Ps sbd xf].

of]/fli60 u?of]hgf ; a}k0v ; /f\$]/jfnfx?; # c0t/l0p u/l ; xeflutfdhs 9#n]
th0f ul/Psf] x] . o;n] g]kn ; /sf/, u}; /sf/l ; #yfx?, /f]huf/bftfx?, 68
olgogx?, ;fdbfos ; #yfx? nufot gul/s ; dfhsf ; a}k0v ; /f\$]/jfnfx?sf]
kl|ta4tf, ; xsfo{/ cu} /tfnf0{; lglZrt ug]k]cfjZostfnf0{klg dgg u/f\$]5 .
o:tf]Jofks b[6sf]sf]cj nDagaf6 afn>d lgj f/0fsf k0f; x?nf0{a9l ; dl0j t /
kl/0ffddvl agfpg]p27o /flvPsf]5 .

g]kn ; /sf/sf]of]u?of]hgn]cf0#n=cf]sf]dx; 0wl g#!*@ cg?k lgs[6 k\$[tsf
afn>d lgj f/0fsf nflu axcfoflds t/ Pslst b[6sf] (approach) sf]k/yf k|tt
ub5 . u?of]hgdf lgs[6 k\$[tsf afn>d]j?4 ; #fng ul/g]sfo\$dx? tyf ljle0g
; #yfx?dfknt ljle0g :yfg ljz]fdf ; #fng ul/g]afn>d ; Da0wl sfo\$dx?nf0{c0o
/fli60 lj sf; sfo\$dx?; # cfj 4 ub]n]h]fgsf nflu lj:t 9f#f ; dflj i6 /x\$]5 .
dx]jfsf#l h:tf] nflu] t/ dx]jk0f{ nlf xfl; n ug\$ nflu u?of]hgn] :yfglo,
/fli60 / c0t/fli60:t/df cfjZos ; f]x?sf]kl/rfng ug\$ nflu /0fgllt klg k|tt
ub5 . ; a}k0f/sf afn>dsf]lgj f/0f / ljz]f u/l lgs[6 k\$[tsf afn>d p0dhgsf
nflu /f]huf/bftfx?, sdbf/x?sf ; #7gx?, g]kn ; /sf/, gul/s ; dfhsf ; fy; fy}
b0k]llo Pj #axkllo bft[; #yfx? ; a]of]ubfg lbg]kl/sNkgf ul/Psf]5 .

/fli60 u?of]hgfsf b]foadfl]hdsf b0{efux? 5g\

efu !

!= g]kn]df afn>dsf]; jfn / rg]f]tx?

@= g]kn]df afn>d ; d:ofsf]lgj f/0fsf nflu kl|ta4tf / k0f; x?

#= cfjZostfx?sf]lj Zn]f0f

Effu @

!= sf0f]jogsf nflu /fli60 u?of]hgf

!@= g]kn]df afn>dsf]; d:of / rg]f]tx?

!@! g]kn]df afn>dsf]l:ylt

; g\!(((*÷((df s[bllo tYofs ljefuaf6 ; Dk0g ul/Psf]g]kn >d zIQm ; j]f0f
cg!; f/ g]kn clw/fHodf % blv !\$ jif{pd} ; dxsf afnafn]sf] ; Wof \$* nfV
^) xhf/ lyof]h; dWb]!(nfV ^ xhf/ cfly\$ b[6n] ; l0p lyP eg]To; df klg
clwsfz -!^ nfV ^ xhf/_ s[if lf0df ; l0p /x\$] lyP . afnafn]sf]Pp0f 7hf]
; dx -!\$ nfV ^ xhf/ hlt_ :sh u}x\$] lyPgg\ To:t} cfly\$?kn]; l0p /x\$]
afnafn]sf]dWb]^#=\$) k|tzt :sh aflx/ /x\$] lyP .

To; cl3 ;g\ !((%÷(^ df cf0Pn=cf] ÷cf0k\$sf] ; xof]udf ; DkGg
afnaflnsfx?sf] a; f0{ ; /f0{ tyf /fhuf/ ljifos ; j]f0fdf cfwfl/t Ps cgdg
cg; f/ gkfn clw/fHodf sl/j @^ nfv afnaflnsfx?n] sfd ul//x\$] lyP eg] !&
nfv afnaflnsfx? cfly\$?kn] ; lso lyP . cfly\$?kn] ; lso /x\$] f
afnaflnsfx?d]w] clwsfz -(\$& kltzt_ s[if jf ; f] ; Da4 kzfdf ; mlg /x\$] f
lyP . cfly\$?kn] ; lso c6o afnaflnsfx? ; j]f lfq -!=%^ kltzt_ , lgdfq tyf
oftfoft lfq -!=%^ kltzt_ ; fdf6o klljws sfo{x? -)=*\$ kltzt_ , cfBflus
pTkfbg lfq -)=* kltzt_ / lals|lj t/of -)= \$@ kltzt_ sf] lfqsf sfo{t lyP .
pQm c]wbogn] sl/j !) nfv afnaflnsfx? :sh ghfg] u/\$] / em08} Iolt g}
afnaflnsfx? :sh klg ghfg] u/\$] / sdddf klg ; mlg g/x\$] tYotkm{klg ; s]
u/\$] lyof] . cfly\$?kn] ; lso / sdddf ; mlg afnaflnsfx?d]w] %% kltzt
aflnsfx? /x\$] lyP .

Afn>ldsx?sf] lfqut lj t/ofsf ; DaGwdf ul/Psf]Ps csf]c]wbog⁵ cg; f/ cfBflus
pTkfbg lfqsf ljleG !) klti7fgx?df cf]ft @=(kltzt afnaflnsfx? sfo{t
lyP . To; d]w] sGkn\$; gl/hdf -!)=* kltzt_ ; nf0{ sf/vfgfx?df -)=*! kltzt_ ,
06f tyf 6fon sf/vfgfx?df -)= \$^ kltzt_ , 5fnf sf/vfgfx?df -)=@% kltzt_ /
un]f afg]sfo{df -)=# kltzt_ afnaflnsfx? sfd ul//x\$] lyP . knfl:6s, ufd]6,
; fag, ; lt{/ v]B Pj +k0 kbfy{pTkfbg ug]ljleG % j6f pBflux?df ! kltzte6f
sd afnaflnsfx? sfo{t kf0Psf lyP . -s]l ljz]f lfq{x?df afnaflnsfx?sf]
; mlgtsf ; DaGwdf hfgsf/lsf nflu s[kof cg; rL=@% xq]x] \ .

cf0Pn=cf]cf0k\$af6 gkfn]sf] ; Gbedf lgs[6 afn>dsf] ?kdf klxrfg ul/Psf
>dsf & ljleG lfq{x?df b]t d]w]sf g k4lt -Rapid Assessment_ af6 ul/Psf]cgdg
cg; f/ To:tf >dsf lfq{x? -h:t} Afn el/ofx?, vft]afnaflnsf, ca]w cf] f/ k; f/
tyf a] ljvgdf k/\$] afnaflnsf, aw]f afn>ldsx?, 3/h' afn>lds, un]f
sf/vfgfd] sfd ug]afn>lds / sf0nf tyf c6o vfglx?df sfd ug]afnaflnsf_ df
; mlg afnaflnsf]sf] ; wof ! nfv @& xhf/ /x\$]5 -s[kof tf]nsf g=#! df xq]x] \ .
of] ; wof gkfn]sf ; du| % b]v !\$ jif{pd] ; d]xsf afnaflnsfx?sf] !=* kltzt,
>ddf ; mlg ; k0f{afnaflnsfx?sf]@ kltzt, cfly\$?kn] ; lso afnaflnsfx?sf]
&=^ kltzt / kfl/>lds lnP/ sfd ug]afnaflnsfx?sf]\$! kltzt xg cfp5 .

tf]nsf g=#! mlg[6 k\$[tsf]afn>d / To; sf]uæL/tf

lgs[6 k\$[tsf]afn>dsf lfq{x?	; wof	kltzt
aw]f afn>ldsx?	!&!%@	!#-%
Vft]afnaflnsfx?	#, (^%	#=!
Afn el/ofx?	\$^,)@	#^=@

⁴ cf0Pn=cf]cf0k\$ -!((%÷(^_rf0N8 nj/ l; rP; g 0g gkfn= of]kltj]hg df0u] g P08 0Dknfod]6 ; e]
-!((%÷(^_sf cfwf/df lqej g ljZ]lj Bfno, s]b]lo hg; wof c]wbog ljefuaf6 tof/ ul/Psf]lyof].
⁵ /li6o of]hg cfof] / l; =8An=; =8=-!((&= l; rP; g Pgf]nl; ; ckm rf0N8 nj/ 0g gkfn=

3/h'afn>ldsx?*	%%,^%%	\$#=#*
vfgldf sfo{t afnaflnsfx?	!!%)=!
un}f lfqdf sfo{t afnaflnsfx?	,\$@@&	#=#
ca\w cf] f/ k; f/ / a}lavgdf k/}f**		
h\ddf	!,@&,,))	!))=)

.* zx/L lfqsf]dfq cgdffg ul/Psf].

** x/} jif{of}g zffofsf nflu sl/j !@,))) afnlnsfx? ca\w cf] f/ k; f/ / a}lavgdf kg[u/}f]cgdffg 5 .

o; sf cltl/Qm tyfslyt æhgo4Æ sf sf/0fn] dftf jf lktf udfpgfn] Ps dfq cleefj s ePsf kl/jf/x?sf]; \of a9g uPsf]5 . o; sf sf/0fn] sltko kl/jf/x? lj:yflkt ePsf 5g\eg] cftl/s a; f0-; /f0sf]b/df klg a[4 xg uPsf]5 . o; kl}sf]Ps gsf/flds c; /sf]?kdf hlj sf}k}h}sf nflu >d ahf/df kj} ug] afnaflnsfx?sf]; \ofdf klg a[4 ePsf]5 .

!-@@ afn>dsf]; fdfllhs cfod

clwsfæ lj sl; t cf}f]us dh'sx?sf nflu afn>d 0ltxf; sf]ljifo ePsf]5 . t/ g}k}nsf]l:ylt km/s 5 . afn>dsf]cft / afnosfnf0{; /lft, pNnf; do / z}fs jftfj /of k}fg ug}g]cfj Zostfsf]dx; ; xg'g}tl dh'sx?sf]; km}tsf]sf/of xf]. km:j?k, cfh clwsfæ lj sl; t dh'sx?df !^ blv !* jif}f]pd}; Dd -!) blv !@ slff_ clgjfo{ lzlf}sf] k}jwfg nfu" ul/Psf]5 h; cftu} To; a}f; Dd ; /sf/n] lgzNs lzlf}sf] k}ofelt ub} eg] cleefj sx?n] sfg}tM cfk}f 5f}f 5f}Lx?nf0{ :sh k7fpg}kg]x}5 . t/ sltko clj sl; t b}x?df afn>d cfk}t{ug]hf}vddf /x}f u}ldof kl/jf/x?df dfq ge0{afn>dsf] k}f} ug]; ljwf; Dk}g zx/L kl/jf/ tyf ; dbfodf ; d} o; k}f/sf]r}gf cem cfpq ; s}f]5g} .

u/lj kl/jf/sf afnaflnsfx?n] sfd ug}k}5{ e}g] s'/nf0{ ; xh} :jlsf/ ul/Psf] kf0}5 . g}k}ndf æu/ljx?sf ; DklQ eg}f pglx?sf ; Gtfgx? Xg} e}g] pvfg k}Int /x}f]5 . Psftkm{o; pvfgn]; an ; b:ox?af6 kl/jf/nf0{k}kt xg ; Sg] p}hofnf] eljiosf] ; e}jgfnf0{ 0}ut ub} eg] csf}km{o; n] afnaflnsfx?n] cfhlj sfsf nflu cfk}f cleefj sx?; u} >d/t /xgkg]cfj Zostfnf0{ klg ; s} u/}f]kf0}5 . ;ldf}t ul/aldf af}r/x}f g}k}nl kl/jf/x?sf nflu rkrk cfk}f] efllo :jlsfg{afx} sg}csf]cfzf jf lj slnk pknAw 5g} .

afn>d Ps afnosf/L oyfy{xf]e}g]; fdfllhs bl}6sf}f uel/ rf;f}f]ljifo xf]lsgeg] o; n]; fdfllhs bflotj sf]k}zgnf0{cndNofp5 . 3/h' >ldssf]?kdf afnaflnsf] k}f} sddf nufpg}sf nflu ; fdf}o s'/f / cem ; Dk}gtfsf] k}z} ug]; }s ; d} dflg}5 . o; /l afnaflnsfnf0{sddf nufpg}n]afnaflnsfnf0{; Af}of k}fg u/}f]/ u/lj afnaflnsfx?nf0{; xof} u/}f]e}g] ts{cuf}8 ; fb}; #16 xg]u/}f] kf0}5 . pglx? s] s'/f dx; ; ug}{ ; Sb}g eg] o; k}f/sf] t}tsfns ; xof}sf]

kl/0ffd:j?k afnaflnsfx?sf] ; du| afNofsn aaf6 x65 . ; fdfilhs bfloTj sf] efj gfsf] cefj df afn>ldsx?sf] ; Af0f ugI pglx?nf0{z}lfs jftfj/0f k6fg ugI pglx?nf0{afn; he hljg ofkg ug{/ ; sf/flds dgl:yltdf lj sl; t x6 dbt ugI sfo{cem r6f}tk0f{xg cfp5 .

t; y{ o; kZgnf0{gkfnl ; dfhn]dfgjlo b[6sf0fsf ; fy; fy}cem a9L l; h6zlnTf Pj + j }jtkm{cu| / xg ; sf/flds ; fdfilhs ?kf6t/0fsf] kls6fnf0{cufl8 a9fpg] b[6sf0faf6 x6}{h?/L 5 .

!@# n]us Pj +; hftlo cf0dx?

gkfnl ; dfhdf n]us c; dfgtf ljBdfg /x6f] 5 . k/Dk/fj fbl b[6sf0f cg' f/ dlxnfx?n] 3/7h' w6bf ugI kl/jf/sf k?if ; b:ox?sf] cfj Zostfx?nf0{w6fg lbg] ; Gtfgf]klQ ugI x6fpg] / kfl/jfl/s jæ k/Dk/f sfod ugI bfloTj lgj f6 u/6f] kf065 . k?if ; b:ox?n]kl/jf/sf] kfng kf]0fsf nflu sdfpg]/ kfl/jfl/s uf}j sf] lj/f; tnf0{cufl8 a9fpg] bfloTj kfPsf x65g\ . o:tf] b[6sf0fsf] k]0lf k6fj x? ; fdfilhs Joj xf/df k/6f]b]v65 . k?ifnf0{klyldstf lbg]; #s[t]n]ubf{hljgsf x/6 kydf dlxnfx?sf] x]; ot sdhf7 /x6f] 5 . 5f7lx?sf] pHjn eljiosf] cfzidf cleefj sx?n] pglx?nf0{ cf1fsf/lf, 3/w6bf / nflg6f65}k]t cfb/efj h:tf u0fx? l; sfpg] u56\ h; n] ubf{ pglx? lj jfxkZrft\ cfkngf] 3/df ; xh?kdf ; df0f]ht x6]cfzf ul/65 . o:t}wf/0fn]ubf{k/Dk/fut ?kdf 5f7lx?nf0{cfkrf]l/s lzlffsf nflu :sh k7fpg] s'fnf0{klg k]0tkfbs dflg6yof} . o; 6f/0fn]afnsx? e6bf aflnsfx? a9L >d lf6df sfo{t /x6f]kf0g' cfZro6f]s/f]xf0g . of]l:yltsf] k]0lf k6fj aflnsfx?sf]:sh egf6f kb5 . o; y{ ; dfhdf dlxnfx? c6; / ljle6g ; fdfilhs cfly6 cj; /x?af6 al-rt x6]/ zfl]ft x6] ; Sg] hf]vddf /x6f] 5g\ . aflnsfx?sf] cjw cf] f/k; f/ jf a]lavg h:tf c6ofok0f{ ; fdfilhs k6ngx?, of6 b]o}xf/ / afn a7ofj Q h:tf lgs[6 afn>dsf]dh sf/0fsf]?kdf log}kl/l:yltx? /x6f] 5g\

gkfnf k6fj zfnl ; fdfilhs ; dx?n]cfkngf]jr}j sfod /Vgsf nflu tbg?ksf ; fdfilhs ; Argf tyf b[6sf0fx?sf]lj sf; u/6f] 5g\ lx6b" hftlo k6fnl o; 6f]Ps k]6 pbfx/0f xf]. P]txfl; s kls6fdf sltko hghftx? lsgf/ nuf0Psf lyP . ; g\ !(() df khft6gsf] k6j xfnl geP; Dd ; fdfilhs cfly6 lj sf; sf nflu pglx?n] kof]t df6f k6pg ; s6f lyPgg\ . To; 6f/0fn] tyfslyt ætNnf] hft6 dflgg] æblntx?Æ / /fhgllts b[6n]cNkdtdf /x6f] hghft ; dbfosf dflg; x? afn>d nufot lj ljwvfn]; fdfilhs c6of0 / zfl]0fdf kg]hf]vddf /x6f] 5g\ . pbfx/0fsf nflu sf7df08f} pkTosfdf /x6f] un}f sf/vfgf / c6o l6fsnfkdf ; ælg afnaflnsfx?d]w]clwsfæ tfdf^a; dbfoaf6 cfPsf 5g\ . To:t}afn>ldsx?df 7hf] ; w6fdf blntx? /x6f]kf0Psf]5 .

!=@\$ afn>dsf]cfly\$ cfofdMdfu klfaf6 xbf{

afn>dsf] ; d:ofnf0{ ; w} cfkl't{ klfaf6 clwog ug] ul/Psf] kf0G5 . o:tf
clwogx?n]cS; / ul/al, pRr hg; wof a[4b/, lg/lf/uf, Psklflo ; fdfilhs dNox?,
bdgdhs ; #s[t / o:t}cGo s/fx?nf0{afn>dsf] sf/0fsf] ?kdf cf]ofpg]u/\$f]
kf0G5 . ol ; a}cfkl't{klfsf sf/s tJx?n]; fdfilhs cfly\$ l:yldf ; wf/ / u/lj
Pj +sdhf] juhf0{a9L ; dfj zL gllt Pj +; #yfut 9f#fdkml 6]f lbgkg]km 0lut
ub5g\ . t/ afn>ddf kefj kfg]yk}sf/s tJx? Dffu klfdf klg /x\$] 5g\
afn>dsf]dfusf nflu df]b\$ tyf u}df]b\$ ptk]sx?n]el'dsf vln/x\$] xG5g\
cf1fsf/L, cafw xg] sg}dfu gug] ljZj; ug{ ; lsg] sfddf cgkl:yt xg]kj [Q
gxg]/ cfk]kf clwsf/kl't sd hfus xg]xgfn] pglx?nf0{sfddf nufpg ; xh
xG5 . o; y{afn>d ; :tf]/ Joj :yfkug{ ; lhnf]xG5 .

dfuklfsf]pk]ff ug{gldNg]csf]u}df]b\$ sf/s tJ, Ps k':tfaf6 csf]k':tfd kzf
tyf ; lk x:tfGt/0f ug]cfux klg xf]. k/Dk/fut kfl/j fl/s kzfnf0{g}cgZ/0f u/df
pglx?sf ; Gtfgn]kmf0bf lng ; S5g\eg]cleefj sx?sf]; f]f0 /x\$]kf0G5 .

afnaflnsfx?df kf0g]zf/l/s, dgf]] flgs / Joj xf/hGo lj z]ftfx? h:t} pglx?af6
s; hf0{vt/f gxg] afn; he df]stf, pglx?df kf0g]d]k0f{Joj xf/ / cf1fsf]/tf-
sf sf/0fn]ubf{sg}sg}sfdf ug\$ nflu pglx? lj z]f ?kdf pko0m xg ; S5g\
o; h] ubf{pglx?nf0{3/h' sdbf/, of]sdl\$?kdf sfd ug{jf nfu" kbfy\$]
sf/]af/sf nflu kfyldstf lbg]u/\$f]kf0G5 .

To; h]g]kfn'df xfn ljBdfg afn>dsf]; d:ofsf nflu dfu kl' cfkl't{kl' e6f a9L
geP klg plQs}lhDd]f/ /x\$]5 . To; h]dfuklfnf0{; af]vg ug\$ nflu ; r]gfd
clea[4 ug]tyf afn>ldsx?sf ; d:ofx?kl't ; Dj hgzln agfpg]sfo\$dx?nf0{b08
; hfosf sf/jxl ; #; #}cfj 4 u/l ; dlGj t ?kdf ; #fng ug{h?/L 5 .

!=@% ljZj Jofkf/, ljZj Jofkf/ ; #7g / afn>d

a9bf] ljZj Jofkf/nf0{pBdlx?, sdbf/x? / ; du|cyfGq ; a\$ nflu nfebos
df]gPsf] 5 . t/ o; nf0{lj sf; f]dV dh'sx?df a9/x\$] afn>d kof]usf] Ps
sf/0fsf] ?kdf klg lng] ul/Psf] 5 . of] ; d:of dhtM cfly\$ ultjlwsf] a9bf]
cgf]krfl/sls/0f; # ufl; Psf] 5 . g]kfn, ef/t tyf kfls:tf h:tf dh'sx?sf sd
dxTj sf / ; -; fgf un]f pBf]ux?df cem]klg afn>dsf]kof]u xg]u/\$f]kf0G5 . o;
; d:ofnf0{dx; ; u/L Psftkm}sx]l dxTj k0f{ax/fli60 lgudx?n]afn>dsf]kof]unf0{
lg?T; flxt ug\$ nflu cfkm}cfrf/ ; lxtsf]lgdf0f u/\$f 5g\eg]csf]km} >dsf
dfkb08x?sf] k]4g ug] / ljZj Jofkf/ ; #7gsf] Jofkf/ lgodgdf afn>dsf]

; jfnnf0{ Ps ; f'ssf] ?kdf ; dfj z ugI kpf; klg e}x\$] 5 . dh'ssf] efjL
cfBfl]us tyf Jofkfl/s lj sf; sf]; Gbedf o:tf sbdx? ; a\$] nflu dgglo b]v65g\

!-@^ ; fdfilhs ; Gbe{/ kpfj sf/L lj sMksf]cefj

afn>d ; d:ofsf] kpfj sf/L lgj f/0fsf] Gogtd zt{eg\$] afn>lds tyf pglx?sf
dftflktfsf nflu Jojxf/s / kpfj sf/L ljsMk kpfj ug{g}xf]. :sh hfg]pd]sf
; a}afnaflnsf?sf nflu :sh hfg] jftfj/0fsf] l; hgf xgk5{ . o; sf nflu
afnaflnsf?sf]:shx?df kx# ; xh xgk5{ lzlff k0ffnl sd vlr{f]/ afnaflnsf
tyf pglx?sf cleefj sx?sf nflu nfebos Pj +; f6ble\$ xgkb5 . kx#, lfdtf /
nfe e6g]s/fx? afnaflnsf tyf ltgsf cleefj sx?sf]; fdfilhs cfly\$ cj :yf; #
; Dal6wt x65 / o; sf nflu eflts k]f/f/ tyf Jofj ; flos cleJolQm? Dffq kofkt
x6g . Ps ; ldf6t ul/alsf]cj :ydf /x\$]blgxlk kl/j f/sf nflu b]f]cuf]8sf]:sh
klg ; fdfilhs ?kn] kx#xlk /xg ; S5 . o:t}l:ylt :sh k7fpg] lfdtf / nfesf]
; Gbedf klg xg ; S5 . w]}cleefj sx?sf nflu blgs uhf/fsf]; fdfull h6fpg wf]wf]
kl//x\$]x65 . o:tf kl/j f/x?af6 afnaflnsf]lzlffsf nflu sg}nfut, k}f jf
; do vlr6]s/f ck]ff ug{ufx] kb5 . o; sf clt/Qm ol kl/j f/sf afnaflnsf?
lgoldt / kpfj sf/L lj Bfyl{xg] s'/fsf] ck]ff ug{klg sl7g 5 . k/Dk/fut lzlff
k0ffnlaf6 elj iodf k]kt xg]nfe pglx?sf]ck]ff / ; dem6bf k/sf]s/f xg ; S5 .

cfwf/e't tyf klylds lzlffsf ; Da6wdf tof/ kf/Psf] Ps kl]tj 6g⁶ n] ; Dk0f{
klylds lj Bfno hfg]pd]sf afnaflnsf?dWb)#) kl]tzt cem]klg cfkrf]s :sh
k0ffnlaf6 afx/ /x\$]b]f]Psf]5 . To:t} ; g\@)) df tof/ ePsf]a; a\$]nflu
lzlff/ fli6@ dNoflg kl]tj 6g⁷ cg; f/ slff ! df xg] ; Dk0f{ e6ff6Wb] sl/a \$)
kl]tzt]slff b]f]f]ofpg]u/\$f 5g\eg]sl/j @# kl]tzt]alr6f :sh 5f8g]u/\$f
5g\ . dflyNnf slff?df slff ! sf]thgdf slff b]f]f]ofpg]/ alr6f :sh 5f8g]
kj [Qdf sdl cfPsf]b]vPtf klg :sh lzlffsf]kpfj sf/tf / ; lfdtfsf]:t/ c]06t
Gog /x\$] 5 . klylds lzlffsf] rs| k'f ugI afnaflnsf?sf] ; Wof hDdf %)
kl]tzt]sf]xf/fxf/Ldf /x\$]5 . :shdf egf{g}gxg]/ alr6f :sh 5f8g]; d:of ul/a
Pj +blgxlk ; dbfosf / To; df klg aflnsf? / lj]zi6 cfjZostf ePsf
afnaflnsf?df a9l uDel/ /x\$]5 .

xfnsf]lzlff k0ffnldf lj Bdfg kfj wfgx?n]jl-rt blgxlk cleefj s Pj +afn>dsf]
lf6df kj z ugI hf]vddf /x\$] afnaflnsf] z]fs cfjZostfnf0{ ; Daf]vg
gul//x\$]s/f klg clWogx?n]b]f]Psf 5g\.⁸ To:t}:shx?df cfwf/t lzlff tyf
v]hsb d6qfnosf] ; g\@)) sf]tVofl cg; f/ klylds lzlff k]kt ugI pd]sf

⁶ g]kn ; /sf/, lzlff tyf v]hsb d6qfno -!(((= k]f]f]d 0Df]f]d]6] g knfg]Ma]; s P08 kf0d/L PhsZg k]f]f]d=
⁷ g]kn ; /sf/, lzlff tyf v]hsb d6qfno -@))_ = PhsZg km/ cn, g]kn s66kl/kf6]b 0o/ @)) P;] d]6=
⁸ ; //8 -!((&, g]kn, lzlff tyf v]hsb d6qfno -@))! = ; f] n P;] d]6 ckm]8; P8ef6]8 IrN8g Og g]kn=

afnafnsfx?dWb]!(=^ kl|tzt :sh egf{g}gXg]u/\$f]/ egf{ePsfx?dWb] \$%=\$
kl|tzt afnafnsfx? slff % ; Ddsf]lzlff k/f gu/l :sh 5f8g]u/\$f]kf0Psf]5 .
:sh 5f8g]k] [Q l]z]f u/l slff ! df a9L -!\$=% kl|tzt_ b\yfk/\$f]5 .

lg/lf/tf, egf{gXg]/ alrðf :sh 5f8g]; d:ofx?sf]uDel/tf lfqut, n]Es tyf
; fdfllhs ; dXx?sf cfwf/df km/s kg]u/\$f]kf0G5 . j]l-rt ; dbfo Pj +kl/jf/sf
clwsfæ ; b:ox?n]b]lgs hljgofkgsf nflu nfd] ; do; Dd v]df jf sf/vfgfdf
zf/l]s >d ug[kg]xG5 . csf]km]j]l-rt ; dbfosf]cfly\$ cj:yf Pj +; fdfllhs
x]; otdf ; wf/ / pglx?sf] ; j]ff]vl l]sf; sf nflu af]4s, ; lkdhs /
:jf:Yo; DaGwl lzlff c]of]t dx]j k0f{5 . t/ bluf] / k]fj sf/l cfly\$ l]sf; sf]
cfj Zostfx?nf0{ ; Daf]vg ub]To; sf nflu cfwf/x? tof/ ug\$ sf nflu ; fy\$ z]ffs
kl]j wfgx?sf]Jo]j:yf ug]s/f cem]klg r]gf]t]sf]?kdf /x\$]5 .

sfg]l kl]j wfgx?

g]k]ndf yk}f]l]60 Pj +cGt/f]i60 sfg]l kl]j wfgx? k]r]ngdf /x\$]f 5g\ t/ ; :yfut
tyf dfgjlo ; f]s]f] ; lldttfsf] sf/0fn]To:tf kl]j wfgx?nf0{ sfof]j og ug]s/f
kmfd] Ro/f ; f]j t ePsf] 5 . kydtM sfof]j ogsf nflu lhDd]f/ k0ffnl]nf0{
l]j]j\$; Ddt, kl]t]4 / ; DaGwt ; d:ofx?sf af/df kof]t?kdf ; j]hgzln agfpg'
h?/l 5 . bf] f]s/f, ; dfhnf0{gofF; fdfllhs b]lo]j jxg / sfg]x?sf]sfof]j ogdf
; xsfo]km]; s]d0fsf nflu tof/ ug{cfj Zos 5 . l]leGg k]f]x?nf0{ x6f0{ ; Da4
; a]nf0{sfg]l kl]j wfgx?sf]pkof]u ug{/ cfkm]f]b]lo]j dx; ; ug{; dy{agfpgsf
nflu Jofks b]i6sf]f cjndag ul/g' kb5 . sfg]x?sf]k]fj sf/l sfof]j ogsf nflu
; Da4 ; a]nf0{tof/ kfg{/ ; dlGj t ?kdf kl/rfng ug{:ki6 bl3\$fnlg b]i6sf]f]sf]
cfj Zostf kb5 .

!-@& afn>dsf r]gf]t]x?Msf/0fx?sf]hl6n ; hfn

afnafnsfx?nf0{ >d lf]df k]z u/fpg] sf/0fx? yk} 5gM ; fdfllhs, cfly\$,
dgf] f]lgs sf/0fx?, ckof]t gl]lut tyf l]gofds k0ffnl, Jofks ; fdfllhs tyf
l]sf; sf k]f]w/x?sf]cefj cflb . ol sf/0fx?dWb]sltko Ps csf]u cfj 4 /x\$]f
5gV loglx? alr hl6n cGt/; DaGw :yfk]f ePsf] 5 . cS; / Pp6f sf/0f csf]
sf/0fsf]k]fj sf]?kdf b\yfk/\$f]xG5 .

p]Nnlvt sf/0fx?sf] alrsf] ; DaGwnf0{ k]i6 kfg{Ps ; fdf]o sfo{sf/0f ; DaGwsf]
k]f?k ox]f+k]tfj ul/Psf]5 . o; k]f?kdf !^ j6f ; fdf]o sf/0fx? kl]xrf]g ul/Psf
5g\ . tl x]gM e="ef]t]s Pj +/fhgll]ts cj /f]v?; æ]i6Æ cleefj sX?, af]nsfx?kl]t
ul/g]e]f]j k0f{Jo]j x]/, l]s] k]f]j fl/s Jo]j x]/ Pj +]j 36g, zx/L lf]df pknAw
sfd ug]cj ; /, ; dbfox?sf]pk]ffhgs k] [Q, ckof]t kl]ta4tf, ; 06q Pj +; xof]u,
l]leGg sfo{x? ; Dkfbg ug{ cfj Zos kg]l]zi6 zf/l]s l]z]ftfx?, sfddf
nufpgx?nf0{ k]f]t x]g] d]f]b\$ / u]d]f]b\$ kmf0bfx?, afnafnsfnf0{ Jofk/ xf]g

; xof] ul//x\$] b]g] ; fdlhs dfgotf, clwsfz ?kdf s[if Pj +; -; fgf :t/sf
x:tsnfd ffwl/t cy{Jo:yf, uOf:t/oQm / /fhuf/dVl z]fs cj ; /sf] cefj ,
/fhuf/l sf cj ; /x?sf] cefj , pRr klhgg b/ Pj +7hf kl/j f/x? / :sh hfg]cj ; /sf]
cgknAwtf -g]kndf afn>dsf lj leG sf/Ofx? alrsf] ; DaGwnf0{ aem]sf nflu
s]kof cg; 'L @=^ xg]f] \.

k]f]t afnaf]nsfx?sf nflu Affn>dsf] ; fdlhs nfut Pj +kl/Ofdx? uDe/
xG5g\ . pd]sf] c]oGt dx]j kOf{ r/Ofdf pglx?sf] zf/l/s, dfg] ; s / g]ts
:j:f:Vosf] lj sf; k]s]ofnf0{cj ?4 kf/L o; n] pglx?sf] hlj gdf :yfol k]f] kb5 .
o; /L afnaf]nsfx?sf] ; fdlhs lj sf; nf0{:yfol?kdf cj ?4 kf/l/gfn] bl3\$fnlg?kdf
pglx?sf] hlj gsf] uOf:t/ psf:g] ; e]j gf ; d] ; dft xG5 .

g]kndf k]nt lj leG k\$]sf afn>dsf e]jL kl/Ofdx?nf0{klxrfg ug\$] nflu
Ps ; dl]ff]ds lj Zn]fOf ul/Psf] 5 . lgs[6 k\$]tsf afn>dsf k]f]x?nf0{cg; 'L
@& df ; 'ls] ul/Psf] 5 .

!@* Pr=cf0[e=P8\ / >d/t afnaf]nsfx?

dh]df Pr=cf0[e=P8\ ; s]pOfdf s]ds?kn] a[4 e]x\$] 5 h; n] lj z]f u/L
of]sdl? / pglx?sf] ; Dks]df /xg] cleefj ssf afnaf]nsfx?nf0{klg k]f] kfg{
yfn\$] 5 . cl]bogg?n] lj z]f u/L sd cfo xg] oftfoft lf]df sfd ug] s]dbf/x? /
kl/jf/af6 cnlu /x] zx/L lf]df sfd ug] JolQm? cS; / of]sdl(?sf] ; Dks]df
hfg]u/\$]b]y]Psf 5g\ oxl ; dx]sf afnaf]nsfx? g}a9L lgs[6 k\$]tsf]>d lf]df
k]z ug] hf]vddf /x\$] 5g\ Pr=cf0[e=P8\ ; s]pOfsf c]o sf/Ofx?df nfu"kb]f{
b]o{g / c; fdf]o Pj +c; %l]ft of] Joj x/ xg]hg lj z]f u/L lszf] lszf]lx?df
a9L}u]x\$] b]vG5 . ; 8s afnaf]nsfx? / kl/jf/af6 6f9f /x\$] afn>ldsx? emg\
o:tf] hf]vdsf] glhsdf /x\$] xG5g\ . lglZrt?kdf, sfd ug] afnaf]nsfx? a9L
dfqdf Pr=cf0[e=P8\ ; s]pOfsf] hf]vddf xG5g\ lsgg] pglx? vt/fhgs
kl/l:yltdf affr/x\$] xG5g\ pglx?df r]gfsf] cefj xG5 / pglx?nf0{x] rfx ug] /
; xof] ug] sf]xl xb] . o; lf]df lj Zn]fOf]ds ; 'rgf?sf] ; sngsf nflu /
; d:ofx? Pj +tg]sf] lgj f/Ofsf nflu r]ngkg] sbdsf af/]df ; xl hfgsf/L k]t ug]
yk la:t] cl]bogg?sf] cfj Zostf 5 . t/ o; af6 p]kGg xg] ; d:ofx?nf0{km]ngaf6
/f]g / o; af6 k]f]t e} s]fx?sf] cfj Zostf kl't{ug\$] nflu t]s]f]ns pkfox?
cjndag ug]{klg c]oGt h?/L 5 .

!@ (aG / afn>d

g]kndf lj Bdfg aG]n] s]ds?kdf a9LeGbf a9L ; fdlhs / cfly\$ lf]x?nf0{k]f]
kfg{yfn\$] 5 . vf; u/L a9L aG k]f]t lf]x?df o; n] kl'tsh cj :yfx?sf] ; h]g

ul//x\$] 5 . :shx? o;af6 cTo6t kl8t ePsf 5g\ . u|dlOf IfQdf :shx?
køj sf/L 9un] ; #fng xg ; ls/x\$] 5gg\ . oxl ååsf] sf/Ofn] ubf{ sltko
cleefj sx?n] cfmof afnaflnsfx?nf0{ :sh k7f0/x\$] 5gg\eg] sltko lzlf sx?
u|dlOf IfQaf6 aflxl/g nfu\$] 5g\ . To:t} upFij sf; ; ldt -ufHj =; _ nufotsf
:yfglo lgsfox?, :jf:Yo rf\$lx? / :yfglo lj sf; ; Da4 sfoffox? køj sf/L?kdf
; #flnt xg ; ls/x\$] 5gg\ afn>dsf]l:ylt df ååsf]køj a9l k/\$] 5 . kydtM
dflg; x? lj :yflkt ePsf 5gV pglx?nf0{cfly\$?kdf 6]f lbg g; lsPsf]sf/Ofn]
cleefj sx?; #}afnaflnsfx? klg hljg wfgsf nflu cfly\$ ultljwdf ; #lg xg
afllb ePsf 5g\ . bf] f] :sh kQffnldf byfk/\$] ; d:ofn] :shdf afnaflnsfx?
elj iod\l Pj +cfzfsf] ; #f/ ug]lsl; dsf ultljwx?af6 jl-rt xg kl\$] 5g\
To; h] pglx? o; cl3e6bf a9l lgs[6 k\$[tsf afn>ddf kj z ug]hf]vddf /x\$] 5g\
5g\ . t] f] u|dlOf IfQsf afnaflnsfx?nf0{ lj bf]xl klfn] ank] \$; gdf etl{ug]
u/\$] hfgsf/lx? klg kllt xg cfPsf 5g\ . o; n] ubf{afn>d / vf; u/l lgs[6
k\$[tsf]afn>dnf0{emg\; d:ofdhs agfPsf] 5 .

gkfindf afnaflnsfnf0{; z:q åådf ; l/s u/fpg]kl5Nnf]l:ylt sf]lj sf; xg' ; a\$]
nflu uDel/ rf; f\$] lj ifo ePsf] 5 . afnaflnsfnf0{ ; df6otM ååsf] kl/l:yltaf6
arfpq / vf; u/l k|olf?kdf åådf ; #lg xgaf6 hf]ufpg lglZrt?kdf cfd ; xdt
/ kl|ta4tfsf]lgdfQf ug{h?/l 5 . To; h] :shx?nf0{zfl6t IfQ agfpgsf nflu ; a}
; /f\$] / ; dx? / lj z]f u/l gful/s ; dfhsf tkm66 cem bx] cleofg cl3 a9fpg'
cfj Zos ePsf] 5 . ååaf6 køj t jf lj :yflkt afnaflnsf tyf kl/jf/nf0{nllft
u/l sfo\$dx?sf]Ps Psls [/ Jofks kofsh cfpqkg]cfj Zostf klg 5 .

@= gkfn ; /sf/sf]k|ta4tfx?

gkfn ; /sf/n]dfgj clwsf/; Da6wl ljleG cGt/fi60 k|tfjx? -resolutions_ tyf
dx; l6wx?nf0{ cgdffg u/\$f] 5 . ol k|tfjx? tyf dx; l6wx?n] afnaflnsf]s
sNof0f Pj +afn>d, bf; Tj / aw]f >dnf0{lgifw ugkg]s/fdf hf\$ lbPsf 5g\
ltglx?n] To:tf ; a} ; efljt kl/l:y|tx?sf] lgj f/0fdf hf\$ lbPsf 5g\
afnaflnsf] zf]f0f xg] ; efgf /xG5 . gkfn clw/flon] cgdffg u/\$f To:tf
dx; 6wl tyf k|tfjx?dwb]sxl bxfoadf]hd 5g\

@=! cGt/fi60 dx; l6wx?

- afnosfn ljleG hf]vdx?oQm xg] sf/0fn] afnaflnsf]nf0{lj zf ; Af0fsf]
cfjZostf kg]s/inf0{dx; ; u/l ; oQm /fi60; 3sf]dx; efn] ; g\! (* (sf]
gf]Dj /df afnc|wsf/ ; Da6wl dx; l6w kfl/t u\$of]. of]dx; l6wnf0{gkfnn]
; g\! (() sf] ; fi60a/df cgdffg u/\$f]lyof]. dx; l6wsf]klf/fi60sf]xl; otn]
gkfnn]klg afnaflnsf]sf]æcfl]y\$ zf]f0faf6 / To:tf sg}klg sfo{ hf]
hf]vdk0f{5, cyjf p; sf]lzlffdf k|tsh c; / ub5, cyjf p; sf]zf/l/s,
dfgl; s, cf]lbf]ltds, g]ts jf ; fdlhs ljsf; sf nflu xflgsf/s xg]
; efgfoQm 5- df ; mlg xgkg]cj :yfaf6 ; Af0f k|t ug]clwsf/Æ k|t
k|ta4tf JoQm u/\$f]5 .

k|Int sfg0cg; f/ ; f]e6bf klxn]g} aflnu dfg]Jo :yf ePsf]cj :ydf
afx\$ dx; l6wn]o; k|f]hgsf nflu !* jif{dlgsf afnaflnsf]nf0{afnssf]
?kdf kl/eflft u/\$f]5 .

- afnaflnsf]xs clwsf/sf]s/f ubf{dlxnf lj?4sf ; a}e]efj p6dhg ug]
; oQm /fi60 3lo dx; l6w, !(&(-UN-CEDAW) sf]klg cS; / rrf{ug]ul/65 .
afnaflnsf] clwsf/ cdfsf] clwsf/df lge{ /xg] xgfn] o; f] ug]ul/Psf]
xf]. gkfn]o; dx; l6wnf0{klg cgdffg u/\$f]5 .
- cfk]gf]cf/Desfnb]v g}blf0f Plzofnl ; xof]u ; #7g (SAARC) n]klg afn
clwsf/ / afn>dsf] lj ifonf0{ Ps dx]j k0f{ Ph]8fsf] ?kdf cl3 a9fp0}
cf0/x\$]5 . gkfn ; fs\$]Ps ; ls0 ; b:osf]?kdf /x0}cfPsf]5 / dfgj
clwsf/ Pj +afnc|wsf/ ; Da6wl ; ah; f] k|tfjx? (resolutions) df x:tf]f/
u/\$f]5 . afnaflnsf] ; Da6wl ; fs\$]sf]hDaf]k|tfj -!((@_ n]:shdf
afnaflnsf]kx#nf0{la:tf/ u/l pglx?nf0{sfdsf]; 6&f :shdf k7fpgkg]
s/fdf hf\$ lbPsf]5 . ; g\!(^ df /j nkl08df ePsf]d6ql:t/lo a7sn]Ps
3f]f0ff kq hf/L u/L ; g\@)) ; Dddf anoQm / hf]vdk0f{afn>dsf]cGt
ug]/ ; g\@)! ; Dddf ; a}k\$]f/sf afn>d p6dhg ug]c7f0 JoQm u/\$f]
lyof]. dnf0f ePsf]gjf; fs{lzv/ ; Ddhg -!((&_ n]; g\@)) b]v @)!

sf]bzsnf0{æafn clwsf/ ; Da6wl ; fs{bzsa 3f]f0ff u/\$f]lyof]. sf]hDaf0f
; Dk6g ; fs\$]bzf]Hv/ ; Dd]hg -!((*_ n] jZofj [Qsf nflu dlxf tyf
afnaflnsf]caW cf] f/k; f/ Pj +a]lavg la?4 Ps lf0lo dx; l6w k|tfj
u/\$f]lyof].

- gkfnn] ; g\!(\$* sf]dfgj clwsf/ ; Da6wl ; fj 6]ds 3f]f0ffkq / bf; Tj
; Da6wl dx; l6w, !(@^ nufot ljle6g c6t/f]60 dx; l6wx?df x:tf]f/ u/\$f]
5 .
- gkfnn] ; g\!((& df sfddf kj Z ug]G06td pd] ; Da6wl cf0Pn=cf]sf]
dx; l6w -g+ !#*_ nf0{cgdf]6g u/\$f] 5 . of] dx; l6w / cf0Pn=cf]sf]
dx; l6w g+!\$^ n]/f]huf/L kj Zsf]pd]nf0{lgodg ug]k6f; u/\$f]kf065 .
; fdf6o l:y]tdf !\$ jif{dlgsf afnaflnsf?nf0{f]huf/L kj Zsf nflu pkoQm
df]gb6g .
- lgs[6 k\$[tsf afn>d p6dhg ; Da6wl cf0Pn=cf]sf] dx; l6w, !(((-g+
!* _ ljZjaf6} lgs[6 k\$[tsf afn>d p6dhg ug]p2]o lnPsf] ; a66bf
Jofks c6t/f]60 dx; l6w xf]. gkfnn ; /sf/n]of] dx; l6w / anoQm >d
; Da6wl cf0Pn=cf] dx; l6w g+@(; g@))! Dff cgdf]6g u/\$f] 5 h; af6
; /sf/sf]lgs[6 afn>d / anoQm >d p6dhg ug]b6 ; \$Nk cleJoQm ePsf]
5 . dx; l6w g+!*@ n]!* jif{dlgsf ; a}afnaflnsf?nf0{ ; Af0f k6fg
u/\$f] 5 . dx; l6wsf] wf/f # cg; f/ b]foad]hdsf kl/l:y]t / lf0df
afnaflnsf]ug]>dnf0{lgs[6 k\$[tsf]df]gPsf]5M

-s_ ; a}k\$[sf/bf; Tj cyjf bf; Tj cg?ksf ; a}Jo]xf/x?, h:t}afnaflnsf]
caW cf] f/k; f/ a]lavg, C0fdf cfwf]/t aw]f jf hldgdf cfwf]/t afwf
kyf, / anoQm jf clgjfo{ >d tyf ; z:q ; 3if0f k6f]sf nflu
afnaflnsf?nf0{ank} \$ jf clgjfo{etl{ug]sfo{

-v_ jZofj [Qsf nflu, cZln ; flxTo p]kfbgsf nflu jf cZln k6z6 ug]
k6f]hgsf nflu afnaflnsf? s; h]f0{lbg]jf lsga] jf k6f] ug]sfo{

-u_ caW sfo{ ug{ vf; u/l ; Da4 c6t/f]60 ; 6wx?af6 kl/eflft eP
ad]hdsf nfu" kbfx?sf] p]kfbg tyf lj t/0fsf nflu afnaflnsf?
s; h]f0{lbg] lsga] jf k6f] ug]sfo{

-3_ To:tf sfo{? hf] :jo6f jf ltgnf0{ ; Dkfbg ug] cj:yfx?n] ubf{
afnaflnsf]:jf:Yo, ; /lff / g]tstfdf x]lg k6ofpg ; S5g\

- ; g\!((% sf] k] c/ldf gkfnn ; /sf/ / cf0Pn=cf] alr Ps :d[t-kqdf
x:tf]f/ ePkZrft\ cf0Pn=cf]sf] afn>dsf] p6dhgsf nflu c6t/f]60
sfo\$6 -cf0k\$ _ gkfndf klg la:tf/ ul/Psf]xf]. To; }; dob]v cf0Pn=cf]-
cf0k\$]n]gkfnn ; /sf/; usf]; xsfo6f s]if lf0sf afn>lds, aw]f afn>lds,
of]g zf]f0f jf caW cf] f/k; f/ jf a]lavgdf k/\$f afnaflnsf / al-rt

; dbfosf sfd ug{afnaflnsf? nufot afn>dsf lj ljw rf; f\$ f lfx?nf0{
nllft u/l sfo\$dx? ; ~rfng ub{cf0/x\$}5 .

@-@ /fli6@ klta4tf / kxnx?

@-@! /fhgllts klta4tf

gkfn clw/fhosf] ; ljwfg, @)\$& df afnaflnsf, dlxf / ; dfhsf sdhf] ju\$]f]
; Af0sf nflu ljz]f ; sf/flds pkfox? cjndag ug{ ; lsg]kljwfg ; dfj z ul/Psf]
5 . axbno khftflqs cEof; sf]ut Ps bzsd f ; /sf/leq / afx/ klg ; fdlhs
; Af0f / ; dfj zls/0sf ; jfnx? glltut rrf{/ ; Djfbsf]ljifo ag\$ 5g\ To; }
u/l ljleq /fhgllts bnx? tyf g]fx?n] dh\$df afnaflnsf]cj:yfsf af/df
rf; f]b]fpgsf ; fy}To; df ; wf/ ug{/ afn>d lgoq0f ug{s/fdf af/Daf/ cfk]f]
klta4tf JoQm u/\$f 5g\ lj ut jif?df kdV /fhgllts bnx? alr afn>d la?4
n8g] / afnaflnsf clwsf/x?sf] ; Af0f ug{l]ifodf Jofks ; xdlf sfod ePsf]
5 .

@-@@ /fli6@ glltx? / ljsf; ofhgfx?df afn>d

ljBdfg lgod sfggdf ; wf/, afn>ldsx?sf nflu lg/f]flds, pkrf/flds /
kg:yfkgfhdhs ljz]f sfo\$dx?sf] ; ~rfng Pj+u} ; /sf/L f]sf] ; xeflutdf
clea[4 u/l ⁹ gkfn ; /sf/ afn>d lgj f/0f ug{ klta4 5 . /fli6@ ofhgdf
afn>dnf0{ >d ; Da6wL Ps dxTj k0f{ ; d:0sf] ?kdf klxrfg ul/Psf] 5 / ; a]
ljBfno hfg] pd]sf afnaflnsf?nf0{ cfwf/e't / klyds lzlf kbf] ug{ Pj+
; e]lj t >ldsx?nf0{>d lf] kj z ug{cl3 kef] sf/L lzlf / ; lk kbf] u/l ; lfd
agfpg] gllt cjndag u/\$f] 5 . pglx?nf0{ :j/f]huf/tkm{ pTk]t ug\$ nflu
pBdzln lzlf / ; lkdf hf\$ lb0Psf]5 .

gj f]ofhgfn]/fli6@ afn>d glltsf]thdf ug{/ afn>d p6dhgsf nflu sfo{ofhg
tyf /0fglltx? tof/ u/l sfof]og ug{ hf\$ lbPsf] lyof]¹⁰ . ofhgfn] nllft
; dx?sf]klxrfg ug{ ; f] ; dxsf nflu nllft u/l ; r]gf sfo\$dx?, cfo cfh],
kg]yfkg, lzlf tyf ; lk ljsf; sfo\$dx? ; #fng ug{s/fdf klg hf\$ lbPsf]lyof]
. afn>d p6dhgsf nflu t]sf n sfd ug{kg{lfx?sf ?kdf o; n]un]f sf/vfg,
lrof aufg / 06f e6fx?sf] klxrfg u/\$f] lyof] . ; fy} ofhgfn] To:tf
afnaflnsfnf0{ cgf]krfl/s lzlf÷j\$]nks lzlf kbf] ug\$; fy} kl/jf/; #
kgPsls/0sf nflu cgh jftfj/0sf]l; h]f ug{kg]cfjZostfnf0{ ; d] hf\$

⁹ gkfn ; /sf/ -!(((= /fli6@ >d gllt, @)%^=

¹⁰ gkfn ; /sf/ ÷/fli6@ ofhg cfof] -!((&= gj f]ofhgf-@)%\$-@)%=(

lbPsf]lyof]. o; }køfhgsf nflu afnaflnsf lj sf; tyf kg:yfkgf sf]f]sf]:yfkgf ul/Psf]lyof].

j tdfg bzf}ofhgf dh'sdf lj Bdfg sl7g ul/alsf]cj:yfnf0{; Daf]wg ug] ul/al lgjf/0f /0fgllt kqsf]?kdf tof/ ul/Psf]5 . ul/alsf]; d:of lgs}Jofks / hl6n k\$[tsf]/x\$]5 / o; n]ubf{g}dh'sdf lj leGg :j?ksf afn>d nufotsf clwsfz ; fdlhs cfly\$; d:ofx? l; lh€ ePsf 5g\

bzf}ofhgn] afn>dsf]cj:yfnf0{lj z]f Wbfg lbPsf]5 . o; n]b}fosf lfqx?nf0{ afnaflnsfx?n]sfd ul//x\$]lfg egl klxrfg u/\$]5M

- v]laf/ldf s[if; DaGwl sfd ug] kz' r/fpg]
- 3/h' sfdbf/sf]?kdf sfd ug]
- xfn, /]6/06, a; , 6]kf]h:tf ;]fdhs lfqdf sfd ug]
- lj leGg sns/vfgfx?df sfd ug]
- afn ofg z]f]0f, nfukbfy{b]o{g h:tf cg]ts sfodf ; #lg xg].

afn>ldsx? tyf ltgsf cleefj sx?, lj z]f]tM cg]krfl/s lfqdf sfo{t /x\$fx?df ; r]gf clea] / Jofks?kdf cfo cfhg, :j/f]huf/ sfo\$dx?sf ; fy; fy}cfwf/et lzlff, :jf:Yo Pj +; fdlhs ; /lffsf lj z]f sfo\$dx? ; #fng u/L cfufdl bz jif]eq afn>d lgjf/0f ug]bl3\$fnlg b[6sf]0f cjndag ul/Psf]5 . afn>d ; DaGwdf bzf} k-rj ifl6 ofhgf]sf]kd]v p2]o g]k]ndf xfn lj leGg lfqx?df lj Bdfg clwsfz lgs[6 k\$[tsf afn>dsf]c]t ug{/x\$]5 .

lj leGg #% lhNnfsf b}foadf]hdsf hDdf (,!)) lgs[6 k\$[tsf] egl klxrfg ul/Psf afn>ddf ; #lg afn>ldsx?nf0{nlift u/L g]kn ; /sf/n] thdf u/L sfof]j og ug]u?ofhgsf nflu ; Wof]ds kl/; }sx? lgwf]/t ul/Psf 5g\

>dsf lfqx?	; Wof
aw]f afn>ldsx?	!\$,!%)
Affn el/ofx?	@*,\$%)
; 8s afnaflnsfx?	@,(,))
3/h' afn>ldsx?),*%)
vfgldf sfo{t afnaflnsfx?)\$))
un]f sf/vfgdf sfo{t afnaflnsfx?	#,#%)
hDdf	(,!))

; g\!(() df hf]tdf ; DkGg lj Zj ; Ddhgaf6 cf/De ePsf] ; a}sf nflu lzlff cleofgn] dh'sdf lzlffsf] lj sf; sf nflu 7hf] an k}ofPsf] 5 . xfn g]k]fnn]

cfwf/et / klyds lzlfss] lfgdf xfl; n u/\$f] pknAwL w}xb; Dd oxl Ps bzs
nfd] cleofgsf] kltkm xfl. ; a\$] nflu lzlfss nlf? g} cfwf/et tyf klyds
lzlfss ; DaGwdf gkfnn] culsf/ u/\$f] bl3\$fnlg /fli60 ; f]sf] cu ePsf] 5 .
gkfnn] ; g\@)!% ; Dddf jtdfg ; do ; fklf u0f:t/oQm cfwf/et lzlfdf ; a\$]
kx# ; lglZrt ug] ; f] agfPsf] 5 . tfklg ; a\$] nflu lzlfss] /fli60 dNof]gn]
; a\$] nflu lzlfss nlf? xfl; n ug]sfo{lgs}rgf]tk0f{xg} ; \$] u/\$f] 5 .

; g\ () sf]bzsd] ; a\$] nflu lzlf cleofgaf6 xfl; n u/\$f] pknAwL ; dlff ug(
@))@ sf]clkp]df ; g]unsf] 8sf/df cfo]ht ; a\$] nflu lzlf ; DaGwL ljZj lzlf
d-r -World Education Forum on Education for All_ n]gkfn h:tf dh\$X?sf]sl7gf0{
dx; ' ; u/\$f]lyof]. To; h]pQm d-rn] 8sf/ sfo{9f#f -DFA_ elgg]æ; a\$] nflu
lzlfm xdf] ; fdixs klta4tfx?Æ cjndag u\$of]. of] 8sf/ sfo{9f#fn] ; g\@)!%
; Dddf kkt ug]k]g] ; a\$] nflu lzlf cleofgsf ^ j6f kdv nlf? ; lrs] u/\$f]
5 . tl nlf? xg#

-!_ k]l]Des afNofj :yfsf]lj sf; ,
-@_ clgjfo{lgzNs klyds lzlf,
-#_ :sh aflx/ /x\$]lszf] tyf jo:sx?sf nflu ; lk lj sf; tyf pkoQm lzlf
-\$_ lzlf lfgdf ; fdlhs tyf n]Es lje#nf0{x6fpg]
-%_ k]p] ; flf/tf / vf; u/l dlxnf ; flf/tfsf]l:yltdf ; wf/, /
-^_ lzlfss]u0f:t/df ; wf/

gkfnn] z]l]fs lj sf; sf] s]bl]o /ofgltsf] ?kdf ; a\$] nflu lzlf cleofgsf]
lg/Gt/tfnf0{culsf/ u/\$f] 5 . o; n] ; a\$] nflu lzlfss nlf?nf0{dh\$ss]z]l]fs
lj sf; sf]nlfsf] ?kdf cjndag u/\$f] 5 . ljZj lzlf d-rn]culsf/ u/\$f] ; do
tflnsf / /ofgltx?nf0{klg culsf/ ul/Psf] 5 . To; h] ; a\$] nflu lzlf cleofgsf
nlf? kkt ug] /fli60 sfo{f]hgf sfo{f]og ul/Psf] 5 . ; g\@)!% ; Dddf
cleofgsf] nlf kkt ug]sf nflu ; /sf/, :yfglo lgsfox? ; dbfo, u} ; /sf/L
; :yfx? / c6o ; Da4 ; :yfx?n] ; #fng ul//x\$]sfo{dx?nf0{ ; dg]o / ; b]l]s/of
ug] /ofgltnf0{cjndag ul/Psf] 5 . o; sf nflu ; #flnt sfo{dx?nf0{6]f k]bfg
ul/g]5, k]ffnlsf] lfdtdf clea[4 ul/g]5 / gofF sfo{dx? ; #fng ul/g]5 .
cfjZostf cg]f/ :sh h:tf z]l]fs ; :yfx?, ; fdbfos lzlf s]b]x?, ; dbfodf
cfwf/t ; #7gx? / c6o u} ; /sf/L ; :yfx? alr ; -hfnsf]lgdf0f ul/g]5 h; n]
lg/Gt/ ?kdf 1fg tyf ; #gfsf]lgdf0f / k]f/ k]f/ ug]5g\ . ; a}afnaflnsfx?,
lszf] tyf o]fx? / jo:sx?n]ul/dfk0f{/ bluf]hlj gofkgf nflu Gogtd cfwf/et
1fg, ; lk / ; #gf xfl; n u/\$f 5g\eG] ; lglZrt ug]sf nflu Ps ; fdlhs
; -hfnsf]lgdf0f xg]5 . ; a\$] nflu lzlf cleofgsf nlf?n]afn>d lgj/0fsf nflu
dxlj k0f{of]ubfg ug]ck]ff ul/Psf] 5 . o; sf nlf?nf0{bzf}of]hgfn]klg ; dflj i6
u/\$f] 5 .

@-# lgofds / ; :yfut kof; x?

afn>d / ; Da4 lj ifox?sf ; Da6wdf lj leGg Pgx?df klj wfgx? Jojl:yt ul/Psf 5g\ cufl8sf sfggx? h:t}dhsl Pq, !((#, eLff dflg]-lgifw_ Pq, !(^@, hlp df:g]aRg]sfo{-lgoGqOf_ Pq, !(*^, sxl ; fahlgS -ck/fw / ; hfo_ Pq, !(&), :yfglo :jfoQ zf;g Pq, !((*, ; lgs Pq, !(%(, nfu" cfjfw -lgoGqOf_ Pqdf afnaflnsf] ; Af0fsf nflu lj leGg klj wfgx? ; dfj z ul/Psf 5g\ . t/ ol klj wfgx? lj Bdfg afn>dsf] ; d:ofnf0{ ; Dafwug ugSf nflu afl~5t ?kdf :ki6 / kof(t lyPgg\

afnaflnsf ; Da6wl Pq, !((@ / >d Pq, !((@ rfw j if{ dlgsf afnaflnsfnf0{ >ldssf]?kdf kofu ug{lgifw ugI ; Gbedf a9L Jofks / :ki6 5g\ gfaflnux? -!\$ blv !* pd] ; dXsf afnaflnsf?_ nf0{xnSf vfnsf sfddf lbgdf ^ 3G6f / xktfdf ^ lbg; Dd sfddf nufpg ; lS65 . pglx?nf0{lj xfg ^ ahblv ah^sl ^ ah] Dd lbgSf] ; dodf dfq sfddf nufpg ; lS65 . rfwblv ; fX|j if{pd] ; dXsf afnaflnsf?nf0{apglx?sf] :j f:Yodf xfgl klG]j f pglx?sf] hlj gnf0{hf]vd xg] vfnsf sfoX?dfE nufpg kf06g .

cem a9L Jofks Ps Pq xfn; fn}thdf ePsf]5 h; nf0{afn>d -lgifw tyf lgoldt ugI Pq, @)%^ elG5 . sfoffj ogdf nhfg afEL /x\$]pQm Pqn]lj leGg sfd, kZf / sfd ugI jftfj/0fnf0{hf]vdk0f{ egl ; lrsE u/\$] 5 h; df !^ j if{ dlgsf afnaflnsfnf0{sfddf nufpg lgifw ul/Psf] 5 . Pqn]o; sf klj wfgx?sf] kfngf gugX?nf0{lb0g]b08 ; hfosf]JoJ :yf u/\$]5 . pQm Pqn]afn>d lgj f/0f ; ldt / afn>d lgj f/0f sf]fsf]klg klj wfg /fv\$]5 .

oBlk afn>d -lgifw tyf lgoldt ugI Pq, @)%^ n]>d Pq, !((@ / afnaflnsf ; Da6wl Pq, !((@ df /x\$] afn>d ; Da6wl klj wfgx?nf0{ ; d] cfld; ft u/\$]5, o; sf cg; rldf pNny ul/Psf lSofsnfkx? kof(t?kdf kl6 xg ; s\$] 5ggV/ o; df cf0Pn=cf] dxf; lGw g+!*@ n]0lut u/\$] sltko sfdx? klG ; dfj z xg ; s\$] 5gg\

afnclwsf/ / afn>d ; Da4 sfggx?sf]sfoffj ogsf nflu lj leGg ; /sf/l lgsfox? lhDd]f/ /x\$] 5g\ . afn>d ; Da6wt lj ifox?sf nflu >d tyf oftfoft JoJ:yf dGqfno kdV?kdf lhDd]f/ /x\$]5 . o; kofhgsf nflu dGqfnodf Ps >d ; Da6w tyf afn>d lgj f/0f zfvf l; hGf ul/Psf] 5 . Toj eGb f tNnf]txdf lj leGg >d sfoffox? /x\$] 5g\ h; sf] kdV bflotj >d tyf afn>d; Da6wl sfggl klj wfgx?nf0{JoJ xf/df ptfG{x]f}.

afnaflnsf ; DaGwL Pq, !((@ n] dlxnf, afnaflnsf tyf ; dfhsNof0f dGqlsf] cWlftfdf s[bl]o afnsNof0f ; ldt / kdv lhNnf clwsf/Lx?sf] g]Tj df lhNnf afnsNof0f ; ldtx? /xg] Joj :yf u/\$f] 5 . xfn; fn} gkfn ; /sf/n] lhNnf dlxnf ljsf; clws[x?nf0{ lhNnf afnsNof0f clws[sf] ?kdf sfd ug[yk lhDd] f/L ; Dk\$]5 . lhNnf cbfntx?df afn Ohnf; sf]k]jwfg klg /flvPsf]5 .

lgs[6 k\$[tsf afn>d la?4df cGt/dGqfno ; xofu / ; dgjonf0{; b9 ug\$ f nflu dGql:t/df Ps afn>d; DaGwL pRr:t/lo cGt/dGqfno ; dgjo ; ldt[sf] :yfkf ul/Psf]5 . To:t} >d tyf oftoft Joj :yf dGqfnosf ; lrjsf] cWlftfdf ljleG ; /sf/L lgsfox?, /fhuf/btff tyf sdbf/ ; #7g / u} ; /sf/L ; 3 ; #yfx?sf] kl|t|glwTj /x\$] Ps afn>d ; DaGwL /fli60 lgbz g ; ldt ; g\!((% b]v g} lsfzln /x\$}cfPsf]5 .

@# ; xofu / kxnx?

@#-! u} ; /sf/L ; #yf tyf gful/s ; dfhaf6 ePsf kxnx?

Afnclwsf/sf] klfdf sfd ug[/ sl7g kl/l:yltdf /x\$] afnaflnsf?nf0{ ; xofu k\ofpg] p2]on] xfn dh'sdf yk} ; #7gx? lsfzln /x\$] 5g\ . o:tf ; #7gx?df u} ; /sf/L ; #yfx?, 68 olgogx?, /fhuf/btff?sf] ; #7g, z]fs Pj +cg'; Gwfglds ; #yfx?, ; dbfodf cfwl/t ; #yfx? / ; ~rf/ dfwbdx? klg /x\$] 5g\ . bze/ afnclwsf/ / afnsNof0fsf] gdddf sfd ug{egl bt{ePsf u} ; /sf/L ; #yfx?sf] ; Wof lgs}7Nff]5 .

ljleG ; #7gx?af6 e}x\$] ljleG kxnx?nf0{; dli6ut ?kdf ; lrs[ug{g; lPsf] eP tfklg /fli60:t/df ePsf kxnx?sf] b't ; j]f0f u/L To:tf ; 3 ; #yfx?af6 e}x\$] kof; sf] cfotg / uDel/tfnf0{ cfsng ug[kof; ul/Psf] 5 . afn>dsf] lfd sfo{t /x\$] ljleG ; 3 ; #yfx?sf] b't ; j]f0faf6 kkt kl/0ffdnf0{cg'; rL @\$ df k|t't ul/Psf]5 .

pQm ; j]f0f cg' f/ o:tf ; 3 ; #yfx?af6 ; #flnt sfo\$dx?df kdv?kdf ; r]gf a[4, klfkf]f0f, cgf]krfl/s lzlff, cf]krfl/s lzlff, Jofj; flos klzl0f, p4f/ tyf kgMyfkg; DaGwL sfo\$dx? /x\$] lyP . clwsfz sfo\$dx? sf7df08f}pkTosfdf / vf; u/L un}sf /vfgftkm(s[bl]t xg]u/\$]kfOPsf]lyof).

ol ljleG kof; x?af6 xfl; n ePsf]kdv pknAwlsf]?kdf xfn dh'ssf]hgdfg; df afn>dsf] ; d:ofsf] af/d] l; hgf ePsf] ; r]gfnf0{lng ; lG5 . afnclwsf/ / afnsNof0fsf]klfdf b]yk/\$] ; zOm klfkf]f0f klg o:t}kof; x?af6 xfl; n ePsf]csf] pknAwL xf] . o:t}hghfu/0f / klfkf]f0fsf kof; x?sf]kl/0ffd:j?k clxn]afn>d ; fj h]lgs 5nkm Pj +ax; sf]lj ifo ePsf]5 / ; #f/ dfwbdx?n]klg o; lj ifonf0{ lgs}dxTj sf ; fy ; Dk]f0f ul//x\$] 5g\

lj leG kof; x?sf]km:j?k lj ut kfF j if6tf un}f sf/vfgfx?df afn>dsf]; d:of
 Gog eP/ uPsf] b]vPsf] 5 . s}L u} ; /sf/L ; :yfx?n] afn>ldsx? / s7g Pj +
 hf]vdk0f{kl/l:yltdf /x}f afnaflnsf?sf nflu p4f/ / cfjf; ; }fx?sf] cf/De
 klg u/}f 5g\ . /sf/ / u} ; /sf/L ; :yfx? alr klg k/:k/ ; xofu / ; xsfo}f
 kof; x? b}vkl//x}f 5g\ dlxnf, afnaflnsf tyf ; dfhsNof0f dgqnoaf/f eQnk/df
 Ps u} ; /sf/L ; :yf; u ldn] emfnvfgdf cleefj s ; fy /x}f afnaflnsf tyf
 ck/fwhGo sfo}f nfu}f afnaflnsf nflu afn; wf/ u{xsf]:yfkf ul/b}5 .

afn>dsf] lf}df sfo}t lj leG ; } ; :yfx?sf kof; x?sf] lj ifodf s}L ; jfnx?
 p7g]u/}f 5g\ . o:tf kof; x?df ; dgjo / Jofks b]i6sf]sf]cefj /x}f] 5 eG]
 ul/65 . pbfx/0fsf]nflu ; g\!() sf]bzssf]d]vlt/ afn>dsf]lj?4df /li6 Pj +
 cGt/f]i6 u} ; /sf/L ; :yfx?af6 ; #flnt cleofgsf]kl/0ffd:j?k un}f sf/vfgdf
 sfo}t afnaflnsf? ; 8sdf ku]lsgls pglx? / pglx?sf cleefj sx?sf nflu sg}
 lj sNk k}fg ul/Psf]lyPg . u} ; /sf/L ; :yfx? / cGo lj leG ; #7gx?af6 xg]
 u/}f kof; x?; # ; DalGwt cGo ; d:ofx?df lj lQo lfdtf / bluf]kg; DaGwl ; d:ofx?
 klg xg]\sgls pglx?sf ultljwx? k}v ?kdf afXo bft[; :yfx?af6 k}t cfly}f
 ; xofu}df cfl>t xg]u/}f 5g\

@#=@ cGt/f]i6 ; xofu

g}kfnsf] ; Gbedf afn>dsf] ; d:of lgs} rgf]tk0f{ /x}f] dh'ssf] cfk}f] dfq
 kof; af6 o; sf] ; fdgf ug{s7g xg] b]v65 . t; y{cf0}Pn=cf} , olg; }m og]sf]
 ; eQm/fi6 }lo lj sf; sfo}d, lj Zj a}, Plzofnl lj sf; a}, hdG ; xofu lgo}f,
 8}flg8f, cf0}8-P=, l8-Pkm=cf0}8=, gf7f8, lkm}g8f, hf0sf, o/f]kog ; dbfo, c; P8\
 lj Zj lzlf, ; } b lrN8}, ljg/s 0G6/g}gn g}kn h:tf ; :yfx?n] ; } ; fwg,
 e}ts ; fdfu} tyf lj z}f1 ; }f k}fg u/L afn>dsf] lgjf/0f Pj +afnclwsf/
 ; lglZrt u/L pglx?nf0{afn; he 9}n]lglZrGt, sl8fdo, pNnf; k0f{/ nlf]dv e}
 xlsG ; xofu k}of0/x}f 5g\

g}kndf afn>d ; DaGwl sfo}dx?sf nflu ; } h}fpg / ; dgjo ug}f nflu
 afn>d ; dgjo ; d}sf]gdfaf6 Ps cgf]krfl/s lgsfosf]:yfkf ul/Psf] 5 . o;
 lgsfodf cf0}Pn=cf} lj Zj a}, olg; }m og]sf]; b:osf]?kdf /x}f 5g\ . g}kndf
 ol lj leG ; :yfx?af6 ; #fng ul/Psf sfo}dx?sf] ; #fkt lj j/0f tnsf
 cgR5}x?df k}t't ul/Psf] 5 . cf0}Pn=cf}n]; g\!(@ b]v afn>d p}dhgsf nflu
 cGt/f]i6 sfo}d -cf0k} _ cf/De u/}f] 5 . g}knn] ; g\!((% b]v cf0k}
 sfo}ddf ; l/s e} ¹¹ b}zdf afn>d p}dhgsf]nflu sfo}dx? ; #fng ug{Ps
 /li6 9fFf klg tof/ k}of]. o; sf]kyd r/0fsf]sfo}ogsf]s}df cf0}Pn=cf}

¹¹ cf0}Pn=cf}+cf0k} / lgDs=@))=l/; f] {ls6 cg rf0N8 n}=-

cf0k\$ afn>d p6dhgsf nflu cfwf/et kjfxf/x? tof/ ugdf tNnlq /xdf]. Toxl
kyd r/0fsf]; dfkgkl5 ; doa4 sfo\$ d tof/ u/l sfofj ogdf Nof0Psf]xf].
clwsf/df cfwf/t Jofks b[i6sf0f canDag u/l olg; km] afn>d, aflnsfx?sf]
cf]f/k; f/ jf aHlavg, lzlff, n]Es ; dtf, dft[lzz' :jf:Yo / sNof0f nufot
ljle6g lsl; dsf sfo\$ dx? ; #fng ul//x\$] 5 . o:tf] b[i6sf0fsf] k[7elddf
æcfj Zostfx?sf]kl't{geP; Dd clwsf/x? k'fngdf cfpg ; Sb6g t/ cfj Zostfsf]
kl't{dfq klq cfkndf kof(t x6g)E¹² e6g] df6otf /x\$] 5 . To; n] olg; km]sf]
/0fglltn]hljg rs\$]tlg dxij k0f{r/0fx?df cfj Zostfsf]kl't{xgkg[s/fdf hf\$
lb65M!_ afnaflnsfnf0{/fd]z?jftsf]df\$ k6fg ugI @_ lzlffsf]clwsf/ ; lglZrt
ugI / #_ lszf7fj:yfsf ljzif cfj Zostfdf W6fg lbg].¹³ afn>dsf]; d:ofnf0{
olg; km]afnaflnsf]; Af0f / lzlffsf]Ps czsf]?kdf lnPsf]kf065 .

ljZj a\$ n]klg afn>dsf]; d:ofnf0{uDel/ ; d:ofsf]?kdf df6otf lbb}; g\!((
* df Pp6f afn>d sfo\$ d :yfkf u\$of]. o; sf] hf\$ u/al lgjf/0f, kdV l6ut
kl/ofhgf? / glt lgdf0fdf afn>dsf]lj ifonf0{Pslst ugdf /x\$] 5 .
; g\!((
* b]v lh=6-h\$ n]afn>ldsx?sf]cj:yfdf ; wf/ cfofhgf -cf0P; #; #n=
sfofj og ubI cf0/x\$] 5 . o; cfofhgf] afn>dsf] c6ttM p6dhg ugI p27o
kflKtsf nflu klxnf]r/0fsf]?kdf sfd ugIafnaflnsf / pglx?sf kl/jf/sf]sfd ugI
cj:yfdf ; wf/ Nofpg] cfj Zostfnf0{hf\$ lbPsf] 5 .¹⁴ o; n]afnaflnsf]lzlff,
; lk klzl0f / ufdl0f l6sf u/la ; dbfodf ; r]gf clea[4nf0{hf\$ lbPsf] 5 .

gkfindf sfo{t ; # b lrN86 -o's, oP; #, hfkfg, gjI nf0{ ; # b lrN86
PnfP6; n]; dgjo ul//x\$] 5 . loglx?sf]klydstf Pr=cf0fel=P8\af6 k6lj t
afnaflnsfx?, e6efjaf6 k6lj t aflnsfx?, blntx? Pj+z/0ffyl{afnaflnsfx?
h:tf sl7g kl/l:yldf /x\$] afnaflnsfx?sf cfj Zostfdf /x\$] 5 .¹⁵ To; }u/l
knfg 066/gzgn, Sofl/6; , PS; g P8, lb Plzof kmf68] g, x]e6f; , ljZj lzlff, 67\$]
xf]; , ; \$kf h:tf ; #yfx?n]klg afn clwsf/ / afn sNof0fsf nflu ljle6g z]fs
tyf c6o sfo\$ dx? ; #fng ul//x\$] 5g\

¹² olg; km!(((=Xodg /f06\ km/ lrN86 P08 lj d6Mc olg; kmkfu]d kfln; L 8sd]6=
¹³ olg; km@)))= kmfS6 P08 lknu; {@}))Mlsp16E ckr]gl6h km' kfu] =
¹⁴ lh=6-h\$=cf0P; #; #n= b kflh\$6 af] /=
¹⁵ ; # b lrN86 -o's, gkfn=@)))= s66k:66f6hl k]/ @)))-@))#

#= cfjZostfx?sf]ljZn]f0f

#-! sfddf ; mltgf / afn>dsf]ljifo

afnaflnsfx? ; dfhsf Ps dxTjk0f{ ; dxsf ?kdf /x\$ f x65g\ . afnaflnsfx?nf0{
afn; he lglZr6t / pNnf; do hljg afRgsf nflu cfjZos kfjwfgx?sf]plrt
Joj:yf gePsf]; dfhnf0{ ; Eo ; dfh -humane place_ df6g ; lsb6g . afnaflnsfnf0{
plrt x]rfx / lzIff kb6g gu/L ; dfh ; Dk6gtfsf]kydf cufl8 a96g ; Sb6g . c; n
/ pTkfbgzln gful/stfsf] nflu Ps ; b6g cfwf/zlnfsf] ?kdf :j:y / lglaf6g
afNofn cTo6t dxTjk0f{5 . afnaflnsfx?sf]sfddf ; mltgfnf0{o; }b6g]6sf]af6
x]g' kb6 . lglZrt?kdf afnaflnsfx?sf]; du|lzIff / l; sf0sf]Ps cfofdsf]?kdf
pglx?nf0{pd] ; xfp6f]sdfs]; #f/; # kl/lrt u/fpg'klg cfjZos 5 . o; sf]cy{
/fhuf/ldf ; mltg u/fpg]jf sg}ukt p2]o jf kmf0bf xfl; n ug{jf To:t}k6f]hgsf
nflu sfddf nufpg]e6g]lsdfy{x6g .

afnaflnsfx?nf0{ sg} sfddf ; mltg u/fpg]sf] cf]rTo dNof]g ubf{ W6fg lbgkg]
s/fx? ol x6g

!_ ; mltg sfd k0f\$fnlg -full-time_ xf]jf x6g

@_ sfddf ; mltg ePsf]sf/Ofn]:shsf]k9f0df x:tlfk x65 jf xb6g

#_ ul//x\$]sfdaf6 /li66 jf c6t/f66 >dsf dfkb08x?sf]pNn3g x65 jf xb6g

\$_ sfd kfl/>lds jf tnj k6pg ul/Psf]xf]jf x6g

%_ ; mltg ePsf]sfd afnaflnsf]nflu xfglsf/s 5 jf 56g

^_ sfddf afnaflnsf]zf]f0f ePsf]5 jf 56g .

dfly pNnlvt s/fx?dWb] s]xl afnaflnsfx?sf] sfddf ; mltgf; Da6wl ; fdf6o
; d:of x6g\ s]xl zf]f0fsf]ljifo; # ; Dal6wt 5g\eg] cem csf]y/l lgs[6 k\$[tsf]
afn>d; # ; Dal6wt 5g\ cf0Pn=cf]sf]dx; l6w !*@ n]lgDg adf]hdsf sfo{x?nf0{
lgs[6 k\$[tsf afn>d eg] kl/eflft u/\$f]5M

- ; a}k\$[sf bf; Tj cyjf bf; Tj cg?ksf ; a}Jojxf/x?, h:t}afnaflnsf]caW cf]f/ k; f/, a]lavg, C0fdf cfwf/t aw]f jf hldgdf cfwf/t afwfkyf, / anoQm jf clgjfo{ >d tyf ; z:q ; 3if6f k6f]usf nflu afnaflnsfx?nf0{ank] \$ jf clgjfo{etl{ug]sfo{
- j]ofj]Qsf nflu, cZnl n ; flxTo pTkfbgsf nflu jf cZnl kbz6g ug]k6f]hgsf nflu afnaflnsfx? s; h6f0{lbg]jf lsga]r jf k6f]u ug]sfo{
- caW sfo{ug{vf; u/L ; Da4 c6t/f66 ; Gwlx?af6 kl/eflft eP adf]hdsf nfu"kbfy{x?sf]pTkfbg tyf lj t/Of nflu afnaflnsfx? s; h6f0{lbg] lsga]r jf k6f]u ug]sfo{
- To:tf sfo{x? hf]:joef jf ltgnf0{; Dkfbg ug]cj:yfx?n]ubf{afnaflnsf] :jf:Yo ; /lff / g]tstfdf xfgl k6f]ofpg ; S5g\

gkfnsl] ; Gbedf awjf sdbf/x?sf 5f7f5f7lx?, 06f e6df, ufd6 sf/vfgf, offtoft, /]6/06df / c6o ; ; fgf Joj ; fodf sfd u//x\$af afnaflnsf? kfo lgs[6 k\$[tsf]>ddf ; mlg ePsf]kf0G5 . afnaflnsfnf0{ofgsdl\$?kdf kofu ug{klg lgs[6 k\$[tsf]afn>d xf]. sltko afnaflnsf? ufpe]v zx/df jf l5d\$dl dhsx?df ; d] >d jf ofg zff0fsf nflu caW cf]f/k;/ jf a]lavgd k/\$f 5g\ cf0Pn=cf]cf0k\$af6 ul/Psf]cg' Gwfgn]clwsfæ vft] afnaflnsf / 3/h' afn>ldsx? klg lgs[6 k\$[tsf]>ddf ; mlg /x\$af] ; \$] u/\$f]5 .

of] /fli60 u?of]hgfn] ; g\@)) (; Dddf o; k\$[tsf] lgs[6 k\$[tsf] afn>dnf0{ p6dhg ug]p2]o /fv\$]5 . lgs[6 k\$[t / c6o k\$[tsf] afn>dx?sf]lj :t] ; 'L cg' 'L @=! Dff k|t't ul/Psf]5 .

#=@ cfjZos sfo\$dx? -intervention needs_

#=@! ; r]gf / af] ; lfdls/of -sensitization_

afn>d u/al / kfl/jfl/s ; d:of; u cfa4 /x\$]5 . cfkmg afnaflnsfnf0{ kof]t e]hg lbg] / x]rxf ug]s/f klg Ps u/la kl/jf/sf nflu c; e]kfo xg ; S5, vf; u/l olb kl/jf/df w}]afnaflnsf? 5g\eg] t dlZsn cem a9g] xG5 . hfB /S;L lkpg]jf tf; hjf vlg]afgl a; \$f cleefj sx? Jff jo:sx? kl/jf/df ePdf To:tf kl/jf/df lx:ff / aG6 e]xg]; e]jgf xG5 . kl/jf/df lx:ff / aG6 e]xg]ePdf afnaflnsf? kl/jf/af6 6fl9g] ckl/lrt ; #f/df ; xf/f vfhL lx8g]/ zff0fdhs jftfj/0fdf km]g]u/\$]kf0G5 . kl/jf/df lav08g cfPdf u/la kl/jf/sf afnaflnsf? 3/ 5f8] eflg]; e]jgf a9L /xG5 .

:ki6tM afn>d cfly\$; d:of dfq xf0g / To; h] cfly\$ sfo\$dx? jf cfly\$ lj sf; sf]kl/0ffd:j?k :j:kmt{kdf afn>dsf]; dflkt jf G6gls/of xg]xf0g . afn>d p6dhgsf nflu ; Da4 ; /f\$]jfnfx?df pkoQm lzlff / hfU/0fsf] cfjZostf 5 . ; j]yd, ; a}cleefj s Pj +f]huf/bftfx?df hljgklt ; sf/flds / k]ltzln b]6sf0fsf]lj sf; xg'h?/L 5 h; n]ubf{pglx?df afnaflnsf?klt jft; Nok0f{dfgjlo ; b}fj sf]lj sf; xg ; sf] \. o:tfdf ; fgf] / ; vl kl/jf/ h:tf kfl/jfl/s dNo Pj +kfl/jfl/s zflGtsf]jftfj/0f jo:sx?sf nflu afl-5t nlf xg hf65g\ . afn>dsf] ; d:of p6dhgsf nflu cleefj s tyf /f]huf/bftfx?df Affnaflnsf?nf0{afn>ldssf]?kdf sfddf nufp6f xg]j tdfg / e]jl ; d:ofx?sf af/df ; r]gfsf]lj sf; xg'h?/L 5 .

#=@@ lzlff Pj -klzlff

lzlff, lj z]f u/L :sh lzlffsf]klj wfgn]afn>dsf]p6dhgdf b]x]f]eldsf lgj f] ub\$. Psftkm{ :shn]afnaflnsf nflu sfo{ ynf\$]lj sNk k]fg ub\$. csf]km{ lzlffn]dfgj clwsf/, afnclwsf/, n]Es ; dfgtf / g]ts dNox?klt

hfufstf Nofp5 / ; Da4 ; a}nf0{ afn>dsf] ; d:ofkl't ; j}hgZln agfp5 .
o; sf cll/Qm lzlffn] afnaflnsfnf0{ ; lfd / ptkfbgzln jo:ssf] ?kdf
lj sl; t xg d2t ub5 / efjl k':tfsf nflu afn>d cgfj Zos agfp5 .

t/ sltko :shx? afnaflnsfx? / ljz}f u/l u/la / sdhf} x}; otsf
afnaflnsfx?klt ; xh / d}lk0f{ x}gg\ . o:tf :shx?n] afnaflnsf tyf
cleefj sx?nf0{ :sh-lzlffklt pbf; lg agfp5g\ . afnaflnsfx?, ljz}f u/l
s}lfd cfwl/t u}ld0f ; dbfo / cNk; Vos ; dbfosf afnaflnsfx?sf nflu,
c; f6ble\$ kf7}sd}sf ; fy; fy}Joxf/df kf7} k':ts dfq /6}hl8t ljlxw?n]
ubf{sltko afnaflnsfx?df :shklt c?lr ptk6g u/fp5 . To:t}u/l :shsf]
; do-tfnsf, :sh vNg]; do / k/liff h:tf ljle6g ls}fsnfkx?sf]; do klq
cS; / :yfglo hljg k4lt; u} d}h gvfg}x65g\ . pbfx/0fsf nflu sg}Ps u}ld0f
s}fs kl/jf/sf nflu vfgf vfg]; do laxfg}v}tkftldf hfg' cl3 x65 / lbp;f}df
ck/f6xsf]z?df x65 hals :shx? k}lOM laxfg !) ah}vh} ck/f6x \$ ah}agb
xg}ub5g\ . sltko pbfx/0fx?df :yfglo rf8kj{ v}lt nufpg}:ofxfg]; do,
lpx5, udl{ tyf jiff\$] df}ddf kf7}sd}sf cfjZostfx? / :yfglo hljgsf
cfjZostfx? alr tfnd}h gldn\$}k}f0}5 .

/fd} / u0f:t/oQm lzlffsf nflu To; } /fd} kf7}sd}, pkoQm lzl0f lj lw /
cgsh z}lfs jftfj/0f xgk5{ . w} s}lfd cfwl/t ; ldf6t ; dbfox?df
afnaflnsfx? kl/jf/sf] hljg lgjfx}sf nflu c}ndag ul/g} cfodhs
ls}fsnfksf cu} ag\$}f x65g\ . z}lfs k}lawfgx?nf0{ :yfglo cfjZostfx?; E
; dfo}hg ug\$}f nflu kf7}sd}sf] c6tj{t' lzl0f k4lt, :shsf] ; do /
; dotfnsfdf nrstfsf]cfjZostf kb5 .

kg}myfkg}sf nflu lzlff, afn>d }j}f/0fsf sfo\$}dx?sf] k}efj sf/l sfof}j ogdf
6}f k}ofpg] csf] cfjZos tlj xf] . o:tf kg:yfkgftk} (hf\$ lbg] z}lfs
k}l}wfgx?sf] th}df ubf{afnaflnsfnf0{c}l}bogg ug{/ lgoldt xg clek}l/t ug}
v}nsf] xgk5{ . o:tf] lzlff of t /f}huf/l k}bfg ug} v}nsf] xgk5{ cyj}f
dfg; x?nf0{pBdzln agfpg]/ :j /f}huf/tk} (p6dv u/fpg ; xfos xg}lsl; dsf]
xgk5{ . u/la kl/jf/sf afnaflnsf / k} {afn>ldsx?sf nflu Jofj ; flos tfnd
cfsif\$ xg ; S5 . dfudf cfwl/t Jofj ; flos tfnd / klzlffyl{sfo\$}dx?sf]
lj sf; ul/gk5{ . afnaflnsfx?nf0{ pglx?sf] ?rl cg' f/sf] sfo\$}ddf egf}
ul/gk5{.

#-@# cfly\$ cj ; /x?sf]l; hgf

g}k}ndf ul/al / cfly\$ cj ; /x?sf] cefj g} afn>dsf] k}dv sf/0fx? xg\
e/kbf]cfly\$ cj ; /x?sf] cefj df c6o ; a}sfo\$}dx?n]sd cy{/v}b5g\ . t/
; ldf6t kl/jf/x?nf0{ ; f/et?kdf cfly\$ cj ; /x? k}bfg ug} sfo{c}l}o6t dlZsn

5 . pbfX/0fsf nflu, ahf/sf] klj wfglj gf sv/fkfngsf nflu n3'-C0f sfo\$ d
Joy{x65 . To:t} cfj Zos ; lkdf klzllft gu/L ; #fng ul/g]n3'-C0f sfo\$ d
klg c; km xg]lglZrt 5 . To; h] o:tf cfo cfh0sf sfo\$ dx?nf0{; f] lfgsf]
lj sf; sf k0f; x? / dflg; x?sf] ; lksf] :t/fllgt; u Psls[u/] nhfg' kb5 .
z?jftsf nflu, sfdsf nflu vfBf0g sfo\$ d c0tu0 ; 8s, :sh, c:ktn
ejgsf]lgdf0f h:tf >d ; 3g lj sf; sf sfo\$ dx? ; ~rfng ug{; ls65 .

u/la kl/jf/x?nf0{ ul/al-c1fgtf-afn>d / emg\ a9l ul/al-sf]bZrsaf6 aflx/
lg:sgsf nflu pkoQm 6]f k0fg ul/g' cfj Zos 5 . o:tf] 6]f cflldge{tfsf]
k040, :yfglo ; f]sf]kl/rfng, æ:yfglo pTkb0x?sf]lgof{Æ df dNo clea[4 /
cgTkbfs ; s[t Pj +0j xf/x?df ; wf/ h:tf k0f; x?sf]?kdf cfp0k5{.

#-@ \$ sfg0 lgdf0f / sf0f]og

gkfn /;sf/n] ; j-wf]gs klj wfg / c0t/fli60 dx; l0wx?sf] cgdfl0g u/L
afnaflnsf]x?sf]lxtsf] ; Af0sf nflu kof{t klta4tf hfx] u/\$f] 5 . tklg
klta4tf? tyf cfj Zos sfg0l klj wfgx? alr / sfg0l klj wfgx? tyf ltgsf]
sf0f]og alr cem sxl l/Qmtfx? lj Bdfg /x\$ 5g\

lj Bdfg >d sfg0 / afn>d ; Da0w sfg0x?df uDel/ l/Qmtfx?, c:ki6tfx? /
c; uItx? /x\$ 5g\ sfg0x?n]cfkrfl/s lfgsf]/f]huf/lnf0{dfq ; Daf]vg u/\$f
5g\ / cgfkrfl/s Pj +:j/f]huf/sf lfgx?nf0{ ; dflji6 ug{ ; s\$ 50g\hxf+
clwsfæ afn>ldsx? ; mlg /x\$ 5g\ . caW cf]f/k;f/ tyf aTlavg, nfu"
cf]w lj t/0f h:tf ls0fsnfk / ; z:q a0adf afnaflnsf]x?sf] ; mlgtf; u
; Da0wt lj le0g sfg0x? of t b08 ; hfosf]dfdnfd g/d /x\$ 5g\cyjf
pglx?sf] ks8 ; slrt /x\$] 5 . pbfX/0fsf] nflu, ; lgs P0df !* jif06bf
dflysf dflg; x?n]dfq /f]huf/L kfp0] Joj:yf ul/Psf] 5 t/ afnaflnsf]x?nf0{
; z:q a0adf ; mlg u/fpgaf6 /f\$g]sg]lj zlf klj wfg /x\$] 50 . To:t} gkfn
clwsfæ sfg0x?sf] sf0f]ogsf nflu :ki6 ; 00qsf] cefj /x\$] 5 . cem
dxTj k0f{s/f, sfg0sf]k0f] sf/l sf0f]ogsf nflu ; Da4 lgsfox?, ; dbfox? /
/f]huf/bftfx?df hfuf?stf / ; j-h0gzlntf xg' cI00t h?/l 5 .

#-@ % n]Es ; dfgtf / afn>d

lnE0nf0{Pp0f ; fdflhs /rgf -construct_ sf]?kdf a'em ; ls65 h; sf]dfl0daf6
; dfhn]k?if tyf dlxfx?alr / afns tyf aflnsf]x?alrsf] ; Da0w / pglx?sf
sfd, st{0, clwsf/ Pj +lhDd]f/lx?nf0{ Joj l:yt ub5 . afn>dsf] ; 0be0f
afn>dnf0{h0dlbg]cj :yfx?sf]c0j j0f ubf{lnEsf ; fy; fy}j u{ hflT, /fli60tf
/ hghftlo k[7edlnf0{klg dxTj k0f{tTj x?sf ?kdf W0fg lbg' kg[x65 . To; h]
lnE cfm0f Ps dxTj k0f{ ; j-u{-category_ xf]lsgeg]o; n]e0efj / c; dfgtfsf

To:tf ;d:ofx?tkm{ 0lut ub5, h;n] afns tyf aflnsfx?sf] ;k0f{ hljg
rsphf0{k0flj t kfb5 .

afn>dsf] ;Gbedf ;dfgtfsf] k7g ;k0f{ afnaflnsfx?sf] lzlff, :jf:Yo ;]f,
sfg0l ;Af0f k0kt ug] clwsf/sf] /lff / ;fdflhs sNof0f; u ;Dal6wt /x\$]f]
x05 . afnaflnsfsf] ;xflutfsf] clwsf/sf] k040 / pglx?sf] JolQm]j k0kt
cfb/efj h:tf s/fx? ;fdflhs cfGbf]hgx? / /fhgllts Pj +cfly\$ kl/j t0df
cfwfl/t g0hf lj sf; x? xg\ . c;dfgtf pd]sf] kl/ldessfnb]v g}z? x05 /
o; sf]lg/Gt/tf dflg; x?sf]; du|hljgsfne/ /x05, e0g]tVodf ol df0otfx?sf]
hf0 /x\$]f]5 .

/fhgllts, 0ofols / k0f; gls k0ffnlx?df afnaflnsfsf]cfj fh g; lgg]l:y]ltn]
pglx?sf] hljgnf0{ k0flj t kfb5 / pglx?nf0{ pk]ff, z]ff0f / b]o{xf/sf]
hf]vdtkm{p0dv u/fp5 . k0f{; xflutfsf]s/f hlt sfg0l kljwfgx?df lge{
ub5 Tolt g}cfly\$ tyf ;fdflhs ;]x?df klg e/ kb5 . JolQmsf] :t/df,
o; sf]lg]xtfy{o:tf sfo\$dx?sf]?k0sg ug]x]h; af6 afns tyf aflnsfx?
cfkm]f zlQmf0{cleJolQm lbg] tyf clwsf/sf] /lff ug] cf]dan k0kt ub5g\
cf]d; Ddfg k0kt ub5g\ / cfkm]f]hljg jf kl/jf/ Pj +; dbfo; u\$]f]; Da6wdf
lg00q0f :yflkt ug{; Sb5g\

To; h] n]Es ;dfgtfsf nflu lg/Gt/ ; 3if{t /xgkb5, / dfgj clwsf/ h:t}
k040 / ; Af0f ul/gkb5 h; sf]of]cle0g cu klg xf]. n]Es ;dfgtf xfl; n ug]
k0f; Ps lg/Gt/ k]s0f xf] h; sf] af/df lg/Gt/ ; dlff, lr0tg ul/gk5{ /
kgkl/eflft ul/gk5{.

#=@^ afn>d cgludg / cgz/0f -Tracking

afn>ddf ; mlg afnaflnsfsf]arfp / kg:yfkgfsf]nflu ; d] afn>d cgludg
/ cgz/0fsf]; 00q Ps dx]j k0f{klf xf]. xfn afn>dnf0{lg00q0f ug\$]f nflu
sfg0l kljwfgx? /x\$]f 5g\ . To:t}lgs[6 k\$[tsf afn>daf6 p4f/ ul/Psf
afnaflnsfx?sf]kg:yfkgfsf nflu s]l kljwfgx? /x\$]f 5g\ . t/ ol kljwfgx?
cfkm]f]afn>dnf0{/f]gsf nflu To; nf0{h0dfpg]l:y]ltx?sf]lgu/fgl jf cgludg
ug{ ; Sb0g\ . ;df0o jf lgs[6 k\$[tsf] afn>ddf ; mlg afn>ldsx?sf]
ultlalwnf0{cgz/0f ug]sb}k0ffnl 50 . To; h] ol ; a}kljwfgx? ; d:ofsf]
p0dhgsf nflu cu]fdl / ultzln k4ltsf ?kdf e0bf lglis0 ;]f k0fos
; 00qsf]?kdf sfd u/L/x\$]f 5g\ . o; ; Gbedf klxnf] cfj Zostf Ps ; r'gf
k0ffnlsf] lj sf; ug{ xf] h; n] afn>dsf lj le0g ; 0flj t lf0x?sf] cgz/0f
clen]v ; d] ; dflj i6 u/f] \ bf] f]cfj Zostf, Ps cgludg k0ffnlsf]:yfkgf ug]
xf]h; n]cfjlws?kdf ; r'gfx? dNof]g u/L cBjlws u/f] \ . t] f]cfj Zostf,
cg; 0wfg / cgz/0fsf]nflu Ps ultzln / cu]fdl 0sf0\$]f]:yfkgf ug{xf].

#=# ; xsfo?

pknAw ; lldt ; :yfut, ljQlo / dfgjlo ; ftsf sf/0fn] gkfn ; /sf/ PSn] cfm] kof; af6 lgwf/t ; do ; ldfileq afn>dsf]; d:of ; dfwfg ug{; Sbg . To; h]; /sf/n]ljleGg txx?df ; xofu / ; xlsf -synergy_ sf]; f agfPsf]5 . afn>dnf0{lgjf/0f ug]/fli6 kof; df ljleGg stf{Pj +; /f\$ /jfnfx?n]JolQmut jf ; fdLxs eldsf lgjfk ugkb5 . ; xofu / ; xeflutdf cfwf/t bfi6sf0f cjdag ugfn]bfxf]kg x6g]dfq xf0g ls ; xlsf Pj +; dgj osf]; dt l; hgf xg hf65 . ; xofu]ds k4ltsf nflu ; xeful ; u7gx?sf]p27o / km/s km/s eldsfx?df :ki6tf xg' h?/l x65 . To; \$f/0fn] u?ofhgfsf] kefj sf/L sfof]ogsf nflu gkfn ; /sf/n]ljleGg /fli6 Pj +c6t/fi6 ; femf/x? jlr ; fy\$ / sfo]hs Pstf :yfkf ugkg]cfjZostfdf hf8 lbPsf]5 .

#=#! gkfn ; /sf/

of]u?ofhgfsf]kefj sf/L sfof]ogdf ; a6bf a9L ; /f\$ / gkfn ; /sf/sf]/x\$] 5 . s]bf lj lw lgdf0f ug] eldsfsf] cti/Qm sfgl klawfgx?sf] kefj sf/L sfof]ogsf nflu ; dgjo / cgudg ug]kdv bfo]j ; /sf/df /x65 . sfgl pkfox?af6 dfq ; d:ofsf]; dfwfg gxg]xgfn]; /sf/n]c6o sfo\$dx? thdf u/L Psls[?kdf k/:k/ cfj 4 ub]sfof]og ug]kb5 .

; /sf/l lgsfox?d]b]>d tyf oftoft Joj:yf dgqno, dlxf, afnafnsf tyf ; dhfNof0f dgqno, lzlf tyf v]hsb dgqno / :yfglo ljsf; dgqnon] afn>dsf]; d:of lgjf/0fsf nflu s]b]lo / ; dgj osf/L eldsf lgjfk ug]kb5 . To:t} ; dhf sNof0f kl/ifb\h:tf lj]zi6 lgofds lgsfox?n]c6t/fi6 ; xofu] ; :yfx?, /fli6 c6t/fi6 u} ; /sf/l ; :yfx? / c6o gful/s ; dhfsf ; b:ox?nf0{k46 ug]lgodg ug]/ pglx?nf0{; /sf/l kxn?; u ; dgj t ub] n]hg]kefj sf/L ; 6g / lfdtfsf]lj sf; ug]kb5 .

o; afx\$, lhNnf lj sf; ; ldt, gu/kfnsf, ufpFj sf; ; ldtx? / lhNnf:t/lo nf06 Ph]; lx?n]klg afn>dnf0{6g]ls/0f / p6dhg ug]p27o /v]l sfo\$dx? ; ~rfng ug]kb5 .

#=#@ c6t/fi6 ; xofu] ; :yfx?

ljQlo ; f / k]ljws ; xofu] kofg u/L ljleGg alk]flo Pj +axkl]flo c6t/fi6 ; xofu] ; :yfx?n]gkfnnf0{c2t ul//x\$ 5g\ . ljsf; sf nflu ljZjJofkl?kdf cgej tyf ; r'gxf?, dfkb08x?, kf?kx? / ; km kof; x? -best practices_ sf] cfbfg kofg dx]j kof{x65 . o:tf]; r'gf tyf cgejx?sf] cfbfgk]fng]ljleGg

sfo\$dx? tyf ;]f kpfos kl\$pfx?sf nflu cgtj {t' / lglj i6x? -inputs_ kpfq
ub5g\ . u?ofhgfsf] blf / kefj sf/l sfoflj og ugI dfudf lj Bdfg ; aebf
dxTj kOf{ rbf]tx?dlw] Ps cgt/fli6e ; xofu / kpf; x?nf0{cfslif / ; d; j o
ug{xf].

/fli6e / cgt/fli6e u} ; /sf/l ; :yfx?

u} ; /sf/l ; :yfx?sf] ; fdVo{pglx?sf] nrstf / ljifo sblotf -focus_ af6
kft x65 h; n] ubf{pglx?nf0{ ; fdfhs sfo\$dx?sf] thdf / sfoflj og ugI
e/kbf]kfq agdf d2t ub5g\ . ; g\! () df khftgq kg:yfkgfsf nflu ePsf]
/fhglits cfbf]hgkZrft\afn clwsf/sf] lfd sfu ugI; ofu} ; /sf/l ; :yfx?
lj sl; t ePsf 5g\ . o; lfd sxl dxTj kOf{u} ; /sf/l ; :yfx?n] kft u/\$f]
1fg / cgejx? dhssf ; DklQx? xg\h; nf0{afnafnsfx?nf0{ ;]f kpfq ug\$
nflu kpfu ug{ ; ls65 .

cgt/fli6e ; xofu ; :yfx? h:t} cgt/fli6e u} ; /sf/l ; :yfx?n] kl /fli6e
; :yfx?nf0{lj Qlo tyf kflaws ; xofu kpfq ugI sfo\$ dxTj kOf{eldsf v]b}
cfPsf 5g\ . c6o ; xofu ; :yfx? ebf loglx? a9l nrstfoQm xgn]To:tf
; :yfx? klq g; Sg] :yfgx?df kg ; femf/x? / nllft ; dx?df klq ; lfd
x65g\

##- \$ kl/jf/ / afns

afnclwsf/ / afnsNof0sf sfo\$dx?sf af/df ; fbf kl/jf/sf ; b:ox? / 3/sf]
jftfj /0fnf0{la; g ; lsbq . afn>d / afnafnsfsf] zffof xg]l:yltaf6 aRg jf
arfpgsf nflu dftlktfsf] df / /vby dxTj kOf{ s/fx? xg\ . To; n]
afn>dnf0{p6dhg ugI x/\$ kpf; x?sf] cleq cwsf]?kdf cleefj sx?nf0{klq
; dfj z ul/gk5{ . kg:yfkg ugI kpf; df t emg\pglx?sf] sbllo eldsf xgk5{ .
olb kl/jf/ g}/xg5 jf afnssf] cleefj sx?klt cOlws gsf/flds efj gf /x\$
eg] o:tf] l/Qmf eg\$ nflu kfs dftlktf -foster parents) n] ; xofu ug{
; S5g\

afnafnsfnf0{lgli\$ nlf]sf]?kdf dfq Jojxf/ ugI sfo\$dx? kefj sf/l gxb
; S5g\cyjf To:tf sfo\$dx? pglx?sf] lxtdf ; d] gxb ; S5g\ . To; n]
sfo\$dx?sf] thdf / sfoflj ogdf afnafnsfx?sf] ; xflutf dxTj kOf{5 .

cS; / dflg; x? afnafnsfsf] cfkmg} clwsf/ x65 e6g] s/f lj ;] c; xfo
afnafnsfklt sf] bofefj nf0{a9f0{r9f0{ u/l cglrt dxTj lbg] u5g\ . To; n]
afnafnsfnf0{pglx?sf] cfkmg} clwsf/ kpfq ug{cfj Zos 5, kfx?sf] acglx/
jf bof xfg . dfgj x?sf]?kdf cfknhf0{s]/fd] x65 e6g] s/f lg0f6 ugI/ /f]g]
clwsf/ afnafnsfx?nf0{5 . olb pglx?nf0{kOf{hgfsf/l / plrt dfu6z6 kft

xg] x] eg] pglx?sf lg0f6x?n] cfkmgf nflu ; #flnt sfo\$dx?sf] ; kmntfdf dxTj k0f{eldsf v]g ; S5g\

#=#% 6\$ olgogx?

pglx?sf] cfwf/eldnf0{b[i6ut ubf{ ; fdfGotM 6\$ olgogx? afn>dsf la?4df ; r]gf Nofpg] klkfi]f0f ug] / afw; lfdls/0fsf] sfo\$; fy} c6o ; fdfhs sfo\$dx? ; #fng ug0f ; d] dxTj k0f{eldsf v]g ; S5g\ afn>dsf] ; d:of, G0gtd kfl/>lds nufotsf sdbf/x?sf] cfly\$; fdfhs ; d:ofx?; # 3lgi7?kdf ; Dal6wt xg]xgfn]6\$ olgogx?n]To:tf ; d:ofx?sf]bluf]; dwwfgsf nflu dxTj k0f{eldsf lgj f\ u5g\

#=#^ /f]huf/bftfsf ; #7gx?

/f]huf/bftfx? JolQmut ?kdf afn>dsf] ; d:ofk|t pbf]; g xg ; S5g\cyjf To;af6 knf0bf lng ; d] 0R5s xg ; S5g\ t/ ; #7gx?n]afn>dsf la?4df ; r]gf / klkfi]f0fsf nflu Ps d-rsf]l; h0f ug]sfo0f dxTj k0f{eldsf v]g / cfkmgf ; xwdl{pBdlx?nf0{klg To; sf nflu k|/t ug{ ; S5g\ o:tf ; #7gx?n] cfrf/ ; #tf tof/ ug{ ; S5g\ To; sf]kfnf jf cflDlgodgsf nflu ; #6qx? klg tof/ ug{ ; S5g\ /f]huf/bftf ; #7gx?sf] ; j fRr ; #yf g]kn pBf] j fl0fHo dxf; 3n]ljle6g sfo\$0 tyf d-rx?df k|tlglwTj ub]cf0/x\$]5 . bef]osf] s/f s]5 eg]clwsfz afn>ldsx? cgf]krf]l/s lfgdf sfo{t /x\$]5g\h; sf] g]kn pBf] j fl0fHo dxf; 3df k|tlglwTj ePsf] 5g . To; h] To:tf ; ; fgf ; #7gx?nf0{klg ; dfj z ub]hfg]kmg dgglug{cfj Zos 5 hf]afn>dsf]a9l k0f] xg] lfgnf0{a9l glhsaf6 k|tlglwTj u5g\ . t; Yf{ 3/h' tyf ; fgf pBf] dxf; 3 h:tf ; #7gx?nf0{ ; #lg ug{a9l pkoQm xg ; S5 .

#=#& ; #f/ dflbdx?

klhftfl6qs ; dhdf ; #f/ hutnf0{/fhosf]rfyf]cu dflg65 . ; #gfx?sf] ; sng tyf k|f/ k|f/ u/] ; #f/ dflbdx?n] ; r]gf clea[4 ug] klkfi]f0f ug] / afw; lfdls/0f ug] sfo0f dxTj k0f{eldsf v]b5g\ . cS; / afn>dsf] af/0f ; j]kyd hfgsf/l u/fpg]sfo{ ; #f/ dflbdx?n]u5g\ c6o ; xsdlx?n]To; nf0{ cgZ/0f u5g\ . vf; u/l olb To:tf lsfnsnfkx? u}sfgg]l 5g\eg]a9l k|f/ k|f/ xg] ub5, pbfx/0fsf] nflu >d jf c6o k\$]/sf] z]f]f0fsf nflu afnaflnsfx?sf] cjw cf]f/k;f/ jf a]ljvg . ; #f/ dflbdx?n] pbfx/0flo sfo{x? / ; km k0f]ux? Aff/]hfgsf/l u/fpg]eldsf klg v]g ; S5g\

#=#* z]lfs ; #yfx? / lzlfs ; #7gx?

:sh, snh tyf ljZj ljBfnox?n]afn>dsf] ; d:ofs ; Gbedf ljle6g eldsf v]b5g\ ; xh?kdf kx# xg ; Sg]lgzNs, clgjfo{/ u0f:t/oQm kfylds lzlffn] afn>dnf0{/f\$g]k0v dflbdsf]?kdf sfd ub5 . kfylds lzlffe6bf dfly klg

;xh ?kdf kx# xg] u0f:t/oQm lzIffn] afnaflnsfnf0{ cfknbf] cllobgnf0{
lg/t/tf lbg clekl/t ug{ ; r]gf a[4 ug{/ /fhuf/lst cj ; /x?sf]l; hgf
ug\$nf nflu ; sf/fltds eldsf v]b5 . klylds lzIffsf nflu kf7\sdpsf]thgf
ubf{; ts{f ckgfpg' kb5 h; af6 afn>dnf0{lg?T; flxt ug{d2t kluf] \ o; sf
cltl/Qm ; lfd z]lfs ; :yfx?n]o:tf ; d:ofx?sf af/df cllobog cg; Gwfg u/l
; d:ofla?4 kefj sf/l?kn] ; 3if{ug{ nflu c6o JolQm tyf lgsfox?nf0{; xofu
ub5g\ . lzIfs ; #7gx?n]klg cllobkgsfoof ; wf/ Nofpg / lzIff k0ffnlnf0{
afnaflnsfklit d0lk0f{agfpgsf nflu lzIfsx?df ; sf/fltds kefj kfg{; Sb5g\

efu b0{

afn>d lgjf/0fsf nflu /fli6& u?ofhg

!= nlf / /0fglltx?

!= bl3\$fnlg nlo

/fli60 u?ofhgfnf0{afn>d /lxt ; dfhsf]l; hgf ug[km{/fli60 cleofgsf] ?kdf lng'kb\$. o; u?ofhgfn]; g\@)) (; Dddf lgs[6 k\$[tsf afn>d / ; g\ @)!\$; Dddf c6o ; a}k\$/sf afn>dsf]p6dhg ug[; doa4 nlf cl3 ; f/\$f] 5 .

!=@ /0fgllt

/fli60 u?ofhgfn]afn>d p6dhg ug[nlfkf]ktsf nflu /0fgllt tyf sfo\$dx?sf] ?k/yf tof/ u/\$f] 5 . o; n] dh\$af6 ul/alsf] dh sf/0fx?nf0{ x6fpgkg[cfj Zostfsf] dxTj nf0{cge't u/\$f] 5 . /fli60 u?ofhgfn] hg; Wofsf] cfly\$ b[6n]lj k6g tksfsf kl/jf/x?nf0{ ul/al lgjf/0f sf]faf6 ; #fng xg] sfo\$ d / c6o ljle6g Ifout nllft sfo\$dx?df ; dfj z ug{kg[cfj Zostfdf hf\$ lbPsf] 5 . o; n] afn>ldsx?sf] arfp, p4f/ / kg:yfkgfsf sfo\$nf0{6}f k\$ofpgsf nflu afn>d p6dhg ; xofu s[6x?sf] ljsf; ug{vfh\$] 5 . o; n] ; Da4 JolQm?sf] lfdtf clea[4 / ; f6ble\$ Pj +; fy\$ lzlf k6fg ug\$sf nflu ; #yfut Joj :yfsf]; b[6]s/0fdf hf\$ lbPsf] 5 . ; du\$df, o; sf]/0fgllt ; fdfhs ljsf; sf nflu k'f[6f/x?sf]lgdf0fsf ; fy; fy}ul/al lgjf/0fsf nflu sfo\$dx? ; #fng ug[xf]. o; sf nflu cl3 ; fl/Psf k6v /0fglltx? lgDgfg; f/ 5g\

- afn>d lgjf/0fsf sfo\$dx?nf0{ ul/al lgjf/0fsf sfo\$dx?; # Pslst[u/L sfo\$[og ul/g\$u
- cfufdl % jif[eqdf lgs[6 k\$[tsf] afn>d / !) jif[eqdf ; a}k\$/sf afn>dx? p6dhg ug[k6fhgfsf nflu kljwfgx? tof/ ul/g\$u
- lgs[6 k\$[tsf] afn>ddf ; #lg afnaflnsfx?sf] ; Wof / pglx?n] ug[sfdsf]k\$[tsf af/df kkt ; #gfsf cfwf/df /fli60 u?ofhgfn]/0fglltx? / sfd ug\$sf nflu ; f] tlnsf -logical framework_ th6f u/\$f]5 . o; sf]

p27o c; Xo / cdfgjlo sfofj :yaf6 afnaflnsfnf0{ x6fpg' / arfpg' xf]. afn>d ; Da6wl sfo\$dx?sf] k6fj sf/l sfofj ogsf nflu ; Dal6wt d6qfno, ljefu tyf sfofjox?sf sd{f/lx?sf] lfdtf clea[4df hf8 lb0g50

- afn>d ; Da6wl sfo\$dx?sf] ; d6josf nflu Ps pRr:t/lo s[bl0 ; d6jo ; ldltsf]:yfkf ul/g5 .

/fli60, lftut / :yfglo -macro, meso and micro_ txx?df /fli60 u?ofhgfsf] sfofj ognf0{6}f k%ofpgsf nflu cjndag ul/g]/ofglltx?nf0{tlg >0fldf ljefhg ug{ ; ls65 . tl xgM sfo\$d ; Da6wl /ofglltx?, 1fg Joj :yfkf ; Da6wl /ofglltx? / dlxf tyf afnaflnsf] ; xeflutf ; Da6wl /ofglltx? . dfly pNnlvt ; du /ofglltx? / lg/fw, ; Af0f, p4f/ / kg:yfkgsf /ofglltx? ; u}ol /ofglltx?n] ; a} k\$ f/sf afn>d / vf ; u/L lgs[6 k\$[tsf afn>dx?sf lj ljw / hl6n sf/0fx?nf0{ Jofks / ; dl6j t?kdf nilft ug[kg]cfj Zostfnf0{k|tlj lDat ub5g\

cem ljzli6?kdf e6g' kbf{ dfly pNnlvt nlfx? xfl; n ug\$ f nflu /fli60 u?ofhgfn]lgDglnvt /ofglltx? k|tt u/\$f]5M

- afn>dsf] ; d:of lgj f/0fsf nflu axcfoldf t/ Psls[b[6sf]cf cjndag ug[
- ; /sf/L, u}; /sf/L, /fhuf/bftf / sdbf/ ; u7gx?sf ; fy; fy}c6o gful/s ; dfhsf ; b:ox?nf0{ ; mlg u/fpgsf nflu ; xeflutfdhs / ; xsfo[dhs k4lt cjndag ug[
- ljle6g ; femf/x?sf] k6f; x?df blftf / k6fj sf/l tf Nofpg pglx? alr ; d6josf] :yfkf ug[bfxf]kg x6fpg] / k/:k/ cfj 4 ; ; fgf k6f; x?af6 7N7hf pknAwlx? xfl; n ug[
- lgzNs Pj +clgj fo{ kfylds lzlfssf] Joj :yf, lzlfssf] ; f6ble\$tf tyf u0f:t/df ; wf/ / afnaflnsf] :shk|t cfsif[0df a[4 u/L 1fg Pj +; lkn] oQm zf/l/s?kn] t6b?:t tyf ; sf/fltds dgl:yltoQm afnaflnsfx? xsfpg]
- ; fdflhs Pj +cfly\$ lj sf; sf nflu ljsNkx? ; lxt dhse/ g} kl/jf/ lgofhgfsf sfo\$dx?sf] k6fj sf/l sfofj og u/L clj/fd hg; wof a[4 / zx/tkm(a; f0; /f0sf]kj [Qnf0{lgogof ug[
- afn>d; Da6wl sfo\$dx?nf0{ ul/al lgj f/0f sfo\$d / afnaflnsf lj sf; sfo\$d h:tf /fli60 kfyldstsf c6o sfo\$dx?; u k6fj sf/L?kdf cfj 4 ug[
- ljzli6 lftut tyf euf]hs cfj Zostfsf cfwf/df kfyldstf k|t nilft sfo\$dx? th6f ug[
- :yfglo / /fli60:t/df cftl/s ; f]x?sf] ; fy; fy} / ljle6g alklflo / axklflo bft[:yfx?af6 afXo ; f] ; fwgx? kl/rfng ug[.

ljleGg ; dxut, lfut tyf efuf]ns cfwf/df sfo\$dx?sf]cfj /of -coverage_ df
; wf/ / kefj sf/l sfof]ogsf nflu cfj Zostfdf cfwf/t k]ys /ofglltx? thof
ul/g\$.

6]fdhs /ofglltx?

x/\$ nllft ; dxsf nflu /ofglltx? /lfi60 tyf lfudf cfwf/t bl]6sf0fx?
lg/f]v, ; Af0f, p4f/ tyf kg:yfkg sf /ofglltx?

dlxf tyf afnafnsfsf]; xeflutf 1fgsf]Joj :yfkG sfo\$0 Joj :yfkG
n]us dhkj f]ls/of afXo afn>d cgludgstf{ ; dgj o / ; ~hfn lgdf0f
afn ; xeflutf cg' Gwfg
Joj :yfkG ; Fgf k0ffnl
Affn>d cgludg k0ffnl

k]olf nfe k]g]lfudf cfwf/t sfo\$dx?

;fdflhs kl/rfng -afnafnsf, kl/jf/x?, ; dbfox?, :yfglo ; :yfx?, afnclwsf/ /
afnafnsfsf]cfj Zostfx?k]t hfus
afn>dsf]gsf/f]ds kl/0ffdx? af/]a9bf]; r]gf
; r]gdf clea[4

afnafnsfx? -afn>dsf]lg/f]vsf nflu kefj sf/l lzlf k0ffnl, afnafnsfsf]z]f0f k0f nufpg]
/ arfp ug]pkfox?

Afn>dsf]lg/f]vsf nflu lzlf / t]nd glltx?

; utk0f{afn>d; DaGwl sfg0 / sfof]og

kl/jf/x? -kl/jf/x?sf]cfly\$ l:yldf ; wf/, afn>dsf]hf]vddf /x\$ kl/jf/nf0{; /lf hfnf]
ul/al lgj f/of tyf /f]huf/ glltx?

afn>dsf]lg/f]vsf nflu >d tyf ; fdflhs glltx?

5flgPsf lhlnfx?df klxrfg ul/Psf lgs[6 k\$[tsf]afn>dsf]k0f]udf sdl
afn>dsf]p6dhgsf nflu cgsh j ftj /0fsf]l; h0f

@= klyldstfsf lfgx?

@=! sfo{ofhgfsf nflu afn>dsf]kl/efiff

bžsf]; h wfg, afnaflnsf ; Dalwt Pğ / >d Pğn] /fhuf/L kj ž ugšf nflu tfššf] Goğtd pd] gkušf afnaflnsf?n] ugI sfd jf >dnf0{ oxf+afn>dsf] ?kdf kl/eflft ul/Psf]5 . ; Dalwt sfd jf lsofsnfksf]kš[t cg; f/ /fhuf/L kj žsf nflu tf]sg] Goğtd pd]df km/s kgI u/šf] kf0G5 . o; ; Gbeđf lj rf/ ug[kgI dxTj k0f{s/fx?dWb]sxl lgDgadflhd 5gM-

!= tf]sPsf]; dodf ugI xnšf kš[t]sf] sfdsf xsdf /fhuf/L kj žsf] Goğtd pd] !\$ jif{

@= zf/l/s / dfgl; s?kn]hf]vd gxg]cGo sfošf nflu /fhuf/L kj žsf]Goğtd pd] !^ jif{

#= zf/l/s / dfgl; s hf]vdafó aKgsf nflu lj z]f xflzof/L ckgfpgkgI sfd df kj žsf nflu Goğtd pd] !* jif{

\$= bf; Tj tyf ; z:q áá, j žofj [Q, nfu"cf]wsw]cf] f/k; f/ jf lsga] h:tf sfođf afnaflnsf?sf] k0f] u/sfggl xG5 . afnaflnsf? zf/l/s tyf dfgl; s?kn] hf]vdk0f{ sfd df jf u/sfggl lfgsf] /fhuf/Ldf ; Mlg ePdf To; nf0{lgs[6 kš[t]sf]afn>d dflggš . lj lzi6 kl/efiff?sf nflu >d Pğ, !((@ nf0{dfužš b:tfj]hsf]?kdf k0f] ul/gš .

u?ofhgfsf] k0fhgsf nflu afn>dsf lj ifox?nf0{ b0{ ; dxdf lj efhg ul/gšM ; fdGo afn>d / lgs[6 kš[t]sf afn>d . gknsf]; Gbeđf klxrfg ul/Psf ol b0{ kšf/sf afn>d; # ; Dalwt sxl lj z]ftfx? lgDg adflhd 5gM-

@@ ; fuf/Of kš[t]sf afn>d

em08} (% kl]tzt afn>ldsx? s[lif lfgdf /xšf 5g\ . To; h] ha; Dd sfošdx? s[lif lfgsf afn>ldsx?; Dd kl]bğg\ta; Dd afn>dsf]; Wof]ds l:y]tdf yf]}dfq ; wf/ xgš . Joj xfl/s?kn]s[lif lfgdf a9l afn>lds ; s]b]t /xšf ef]flns lfgnf0{ cfwf/ dfgl klyldstfsd tf]g]xf]eg] lrof aufg h:tf Jofj ; flos s[lifsf lfgnf0{ klxn]lj rf/ ug[k5{.

dfly pNn] ul/Psf ;]flfgsf /fhuf/L lfg jfxš, zf/l/s b[i6n] hf]vdk0f{gxg] ld7f0{k; n jf kfp/f0l tyf sšx? p]kfbg ugI sf/vfgfx?df klg afn>ldsx?sf] pNn]glo pkl:y]t /xšf]kf0G5 .

@# lgs[6 k\$[tsf afn>d

tn plNlvt kfF lq?df lj Bdfg lgs[6 k\$[tsf afn>dnf0{Wbfgdf /fvl sfo{
ofhgf tof/ ul/Psf]5 . log}kfF lq?nf0{ ; dgg]u/L u?ofhgfsf] sfo{tflnsf
-Action Matrix_ thdf u/\$f]5 .

bf;Tj jf awjf >d / cfwf/e't dfgj clwsf/sf]xgg\vg]lgs[6 k\$[tsf afn>d

!= >d jf ofg zffofsf nflu caW cf]f/k;/ jf a]lavgd f k/\$f
afnaflnsf?

@= ; z:q åådf ; mlg u/f0Psf afnaflnsf?

#= ååaf6 kēfij t afnaflnsf?

\$= nfu"kbfy{cf] f/k;/ jf a]lavgd ; mlg u/f0Psf afnaflnsf?

ol clt lgs[6 k\$[tsf ultlalwx? ; dfhn]:jlsf/ gug]dfq xf0g gkfn df u}sfgg
klg xg\ . tklg clwogx?n}o:tf ultlj lwx?df w}afnaflnsf? ; mlg /xg]u/\$f
b]fPsf 5g\

;]f lq

cgfkrfl/s lqsf sxl ;]fdhs sfdx? klg afnaflnsf?sf]zf/l/s tyf dfg] ; s
:jf:Yosf nflu hf]vdk0f{xg]ePsfn]lgs[6 sf0lsf]afn>d dflgPsf]5 . o; lqdf
b]vg]afnaflnsf? ; mlg xg]u/\$f lgs[6 k\$[tsf >dx?dwb]sxl lgDgadfl]hd
5gM

!= kmf/ d]f l6kg]sfo{-vft]

@ ef/L af\$g]sfo{

#= 3/h' sdbf/sf]?kdf nuf0g]sfd=

\$= ; ; fgf af/ / /]6f]6x?df nuf0g]sfd

%= oftfofsf ; fwgx?df nuf0g]sfd

^= df0/ dd; Da6wl sfd

cfBflus ptkfbgsf]lq

vf; u/L gu/ lq?df cfBflus ptkfbgsf lgDg lsfnsfkx?df afnaflnsf?nf0{
nuf0Pdf to; nf0{klg lgs[6 sf0lsf]afn>d dflgPsf]5M

!= un]f sf/vfgf

@= 06f 6fon e6df

#= ; nf0{sf/vfgf

\$= 5fnf kzf]wg ug]sf/vfgf

vfgl Ifq

oBlk b}zdf yf7}dfq 9Efsf tyf cGo vfglx? ; #fngdf /x\$}f 5g\o:tf vfglx?df
afnaflnsfx? klg vf; u/L cfkngf cleefj sx?; #} sfd ug[u/\$}f] e[6Psf] 5 .
gk}fndf e[6g]vfglsf s}l k\$}f/x? lgdgadf}hd 5g\

!= sf0nf vfgl

@= 9Ef tyf :n0 vfgl

#= Doflg] f06 vfgl

\$= afn]f vfgl

%= /ftf]df6f\$}f]vfgl

clwsfz?kdf ol vfglx? u}dl0f If0df cj:yt /x\$}f 5g\ / cgf}krfl/s ?kdf
; #flnt 5g\ . o:tf vfglx?df sfo{t afnaflnsfx?sf] cj:yf c[06t sl7g /
hf}vdk0f{x65 .

s[if Ifq

gk}fnsf] k/Dk/fut s[if k0ffnl Tolt hf}vdk0f{/x\$}f] kf0b0g . t/ cfhsn cfP/
s[ifdf sl6 gfzs cf}fwl / /f; folgs dn Pj +kbfy{x?sf] k0f}udf a[4 ePsf] 5 .
df]g; x?, vf; u/L afnaflnsfx? o:tf /f; folgs kbfy{x?sf]; fj wfglk} \$ k0f}u ug{
/fd/L klzllft ePsf xb0g\ To; h} sl6gfzs cf}fwl tyf cGo /f; folgs kbfy{x?sf]
a9bf] k0f}un] ubf{s[if sfo{df afnaflnsfx?sf]; #lgtf lbgfglbg pglx?sf nflu
xflgsf/s x0}u}x\$}f]5 . s[if sfo{dhtM cgf}krfl/s / u}dl0f If0df xg]xbgn]o:tf
hf}vdx?sf af/0f hfgsf/L pknAw xg]u/\$}f]50g .

#= sfo\$dx ; ~rfngsf nflu lglb[6 lfx?

xfn; Dd, afn>d; Da6wl clwsfz sfo\$dx? zx/dvl, kg:yfkgfdhs jf ; Af0fflds
k\$[tsf xg] u/\$f 5g\ . o:tf kof; x?n] ; dfh ; fd" 68sf/f] ?kdf k\$6 ePsf
; d:ofsf kxnX?nf0{; afwg ug[ub5g\ o; cl3 g}rrf{eP cg?k ; d:ofsf]7hf}
efu / cem ; d:ofsf]dh g}u[dl0f lfxdf /x\$]5 . t; y{efjl sfo\$dx? zx/l tyf
u[dl0f lfx?df / k\$6 nlf0fx? sf ; fy; fy} ltgsf cb[6 uxl/f h/fx?nf0{; d]
; #Int?kdf ; afwg ug[vfnsf xgkb5 .

afn>d; Da6wl sfo\$dx?n] sfggl ?kdf sfd ul//x\$! \$ jif{dfly pd] ; dxsf
afnaflnsf?nf0{klg ; eflj t cfly\$, eflts / dfgl; s zif0faf6 kof{t?kdf ; Af0f
kbfq ug{; Sgkb5 .

To; u/L, afn>d lgjf/0fsf nflu sfo\$dx?sf] thdf / sfof[og ubf{afnaflnsf
lj sf; sf] ; du|cfj Zostfnf0{dgg ul/gkb5, h:t! ! _ pglx?nf0{/fdf] z?jftsf]
df\$ -good start of life_, @_ cfwf/et u0f:t/o0m lzlff, / #_ lszf] lszf]lx?nf0{
; jtgq / ptkfbgzln hljgofkgsf nflu ; lk . :shsf]lzlff, Jofj ; flos lzlff Pj +
; lk l; Sg]klsf; # cfj 4 ub[pglx?sf]lj sf; sf cj ; / jf sNof0df klts h c ; /
gkfg] u/L / vf; u/L, lgoldt?kdf :sh hfg kfg] plrt cj ; / kbfq u/L
afn>ldsx?nf0{sfdff ; #lg xg k[; flxt ul/g\$ eG]s/f klg aem' cfj Zos 5 .
sfdff o; k\$[sf/sf]; #lgtf l; sf0sf nflu / sfdsf]; #f/; # kl/lrt xgsf nflu klg
cfj Zos xG5 . o:tf] ; #lgtf afnaflnsf] ; xeflutsf] clwsf/sf] b[i6n] klg
jf-5glo 5 .

; du| / lfxut cfwf/df ; #fng ul/gkg] sfo\$dx?sf] :yh jul\$/0fnf0{ ltgsf]
kfyldstfsd cg; f/ bxfoadf]hd k|t't ul/Psf]5 .

#=! glltut tyf ; #yfut ljsf;

afnaflnsf ; Da6wl Pq, >d Pq, Pj +/fli60 ljsf; sf of]hgf tyf sfo\$dx?df
; d:ofkl't ljzif hf\$ lb} ltgsf] ; Dafwgsf nflu ljleG kljwfgx? ul/Psf]eP
tfklg kefj sf/l sfof[og / eP u/\$f sfd sf/jxlsf]cgudg ug[Jofks Pj #ki6
; eGsf]cem}cefj /x\$]5 .

culfdl kof; x?sf nflu / kefj sf/l sfof[ogsf nflu s[bl0 tyf ljleG :yfglo
; /sf/x? jlr / ; fy; fy} u}; /sf/l ; #yf, ; dbfodf cfwf/t ; #yfx? / gful/s
; dfh; # alnof]; dgj o :yfkgf ul/gkb5 . o; sf nflu ol ljleG lgsfox?sf]g]ts,
; lkut / kfflj lws lfdtdf clea[4 ul/g' cfj Zos 5 .

hgdfg; sf] afn>dk|tsf] wf/0ffdf kl/j t6 ug\$ f nflu cfrf/ ; |xtfn] dxTj k0f{ eldsf vllg ; \$b5 . ef/tdf ; /sf/L sd{f/lx?sf]cfrf/ ; |xtfn]gf6slo?kdf 3/h' afn>dsf] Gogls/0f ug0f d2t ku\$] 5 . gkfnst] j t0fg ; Gbedf klg o; nf0{ Pp0f ; eflj t sbdsf]?kdf xg{kglblv65 .

u}; /sf/L ; :yfx? nufotsf gful/s ; :yfx? ; fdf0tM sfo{; Dkfbgsf b[6n] a9L kefj sf/L dflg65g\ t/ Jofj ; flostf / kf/blz{fsf] cefj n] ubf{ Itglx?dWb] w}} ; #7gx? cblf / sdhf] ag\$] b]v65g\ cfsf/ ; #flnt lsofsnfksf] cfotg / ; fl]sf] b[6n]; 3 ; :yfx? ; fgf 7hf h:tf eP tflkg ol ; adf cgludg k0ffnlmf0{ cflid; ft ul/Psf]xg' kb5 .

gkfnst] ; /sf/L ; 06qx? cS; / lgofds / cgludg k0ffnlst] sdhf] xg]u/\$f 5g\ To; h] cknof ljle6g ; xsdl{x?n]; #fng ul//x\$] lsofsnfkx?nf0{k0fj sf/L?kdf ; dgjo Pj +cgludg ug{ ; Da4 ; /sf/L lgsfox?n] cknof] lfdtdf clea[4 ug{ cfjZos 5 .

#=@ lzlff / :jf:Yo

lzlff / :jf:Yosf] lfd] ul/g]k0f; x?n]afn>d lgj f/0ffdf b0{k\$]f/n]; xofu k0fpg ; \$b5g\ . kydtM ; a} :sh hfg] pd]sf afnaflnsf :sh hfg] ePdf afn>dsf] ; d:of g}/xg] 5g . bf] fl] s/f, /fdfl] lzlff kflk t u/] afnaflnsf? ; fdlhs Pj + cfly\$?kaf6 ; lfd jo:sx?sf]?kdf xls65g\ eljiodf afn>dsf]; eflj gfnf0{ Gog ug5g\ . t/ cknof afnaflnsf?nf0{:sh k7fpg / pglx?sf] lzlffsf nflu ; do / k0f; nufgl ug{cleefj sx?nf0{pTkl/t ug\$ f nflu cfsif\$, kefj sf/L / u0f:t/oQm lzlff k0ffnlst]h?/t x65 . xfnst]cj :yf / ; Gbef0{b[6out ubf{ cfh dhssf dxTj k0f{ cfjZostf?dWb] nlrnf] :sh ; do-tflnsf, lj:tf/t lzlff sfo\$dx? -outreach education programs_ / :yfglo cy{oj:yfnf0{ ; fble\$ xg] kflj lws lzlff Pj +ofj ; flos tflndx? klg xg\

To:t} /fdfl] :Jff:Yo ;]fsf] cy{sd ul/al xfl . /fdfl] :jf:Yo ;]fsf] cefj df u/la kl/j f/x?n] cfo ; fl] udfpg] dfq xfg, pglx?n] pkrf/sf nflu vr{ ; d] ug{kgl x65 . lzlffsf] cefj df pkrf/df xg]o:tf nufglx? k]oTkbbs klg xg ; \$5g\

lzlff / :jf:Yo; Da6wl sfo\$dx? ufdl0f lfd]tkm(a9L hf\$ lbP/ ; #fng ul/gkb5 hxf+ dflg; x?sf]cfjZostf a9L x65g\ hxf+; ljwfx? sd pknAw /x\$]x65 .

#=# klf kflf0f, ; hfn lgdf0f / ; fdlhs kl/rfng

kl/j t6sf nflu plrt cfwf/ lgdf0f ug\$ f nflu ; r]gf, klfkflf0f / afw; lfdls/0f dxTj k0f{5g\ . afnaflnsf?sf]; #lgtfdf klfkflf0f / ; r]gfsf sfo\$dx?nf0{a9L

kēj sf/l?kdf ; #fng ug{ ; ls65 . afnafnlsfx?nf0{ lj le6g lsōfsnfkdf ; #lg
u/fpg / glt lgdf0f, sfo\$ d th0f Pj +sfof0j og klsof0f ; xeful u/fpg]
d-rx?sf ?kdf ljsl; t xg / cl3 a9g afn ; #7g tyf Snax?nf0{kf; fyg /
k4g ug{ ; ls65 . afnsx?af/f afnsx?sf nflu ul/g] klkfj0fsf sfo\$dx?
kēj sf/l xg ; S5g\

t/ ; r]gf / klkfj0fsf sfo\$dx?nf0{7f] kl/j t0sf sfo\$dx?; # cfj 4 u/l cl3
a9f0g' kb5 . u/la cleefj s / afnafnlsfx?nf0{cfly\$ lj sNk pknAw geP; Dd
afn>dsf la?4df ; r]gf / af; lfdls/0fsf s/f lg/y\$ zAbx? dfq xg5g\ sdzll
; Dal6wt dflg; x?sf] o:tf zAbx?kl]tsf] rfv x/fpb} hfg] x0f o:tf sfo\$dx?
k]o]kfs xg] ; d] ; #jgf x65 . xfn afn>dsf] lgj f/0f, kg:yfkg tyf
afnafnlsnf0{/fd] lzlf / ; lk k0fg ug]sfo0f ; dlk lj le6g ; #7gx?n]lj le6g
lsōfsnfkx? ; #fng ul//x\$ 5g\ ol lj le6g lsōfsnfkx? / lj sNkx?jlr ; dgj o
:yfkgf ug{/ kēlj t xg] afnafnlsf Pj +; dbfonf0{ ; d:ofdfly lj ho k]kt ug{
; xof; k0fpgsf nflu ; -hfnsf] lgdf0f ug{ dx]k0f{ 5 . /fd] ; -hfn /
; dgj ofds b]6sf]sf] cjndagaf6 ; sf/fds kl/j t0sf nflu ; xsfo0f0{
kēj sf/l agfpg ; ls65 .

c6tdf, ; fdflhs kl/rfng ; fef k0f; x?df :jfld] Ing]Ps dfu{xf]. afn>dsf]
; d:ofs]b/ufdl ; dfwfgsf nflu d't{kl/j t0sf ; jfnnf0{dfq ; af]wg u/] klb0g
allns ; fdflhs cjwf/0ff / Joj xf/x?df klg kl/j t0 Nofpg' h?/l 5 . o; p2]osf
nflu ; Dk0f{; dfhnf0{g}kl/rfng ul/g' kb5 .

#-\$ sfg0 lgdf0f tyf sfof0j og

afn>d / ; Da4 lj ifox?; Da6wl lj Bdfg sfg0l klj wfgx?sf] sfof0j ogsf nflu
uDel/ k0f; geP; Dd Itgdf s]s:tf]; zfwg cfj Zos 5 egl atfpg sl7g x65 .
To; #] gof+sfg0 lgdf0f e6bf klxn]lj Bdfg klj wfgx?nf0{kēj sf/l 9#n]nfu"ug]
s/fn]klyldstf kfg' kb5 . lhDd]f/lsf]:ki6 ls6fg, pQ/bf0] j xg ug]; #s[t,
b08xlgtfsf]c6t, ; xh Pj +blf 6of0 kzf; g, sfg0nf0{kēj sf/l ?kn]nfu"ug]
lbzdf dx]k0f{k} {zt{? xg\

#=% /f]huf/ / cfo cfh0sf ; #jgix?

ul/jl / afn>d ; b} Ps bZrs| -vicious circle_ sf] ?kdf ; ls0 x65g\ . u/la
cleefj sx?n] afnafnlsnf0{ :sh k7fpg ; Sb0g,\ u0f:t/oQm lzlf pglx?sf]
kx#e6bf aflx/ x65 . afnosfn udfPsf afn>ldsx?sf nflu elj io c6wsf/do
x65 . To; #] afn>dsf sfo\$dx?nf0{ul/al lgj f/0fsf of]hg; # Pslst ul/gkb5 .
/f]huf/ / cfo cfh0sf sfo\$dx?sf] cf]r To lg/f]f]ds dfq ge0{kg:yfkgfdhs
klg x65 . uf]dl0f lf]df hf]vddf /x\$ ul/a kl/j f/x?nf0{cfly\$ lj sNkx? k0fg ug{
g; lsP; Dd sdfs] vf]ldf uf]v zx/tkm{afnafnlsfx?sf] knf0g xg] / >ddf

; mlg xg]kj [0 lg/tt/ /xg5 . To; /l g}ha; Dd cleefj sx? /fd[]lzlffn]pglx?sf
; Gtfgx?nf0{a9l cj; / lbg]s/fdf ljZj:t xg ; Qm\ta; Dd afnaRrfx?nf0{
:shdf cfslift ug{/ afn>d lgjf/0f ug{; lsb5 .

ufld0f lfgdf /x5f kl/jf/x?nf0{bluf}kdf 6]flbg]vfnsf ; xof]u pknAw u/fpg]
sfo{rgf]tk0f{5 . o; sf nflu Jofks / Pslst sfo5dx?sf]cfjZos kb5 h; df
n3' shf{ ; lk ljsf; , kjf/f/ ljsf; tflndsf sfo5dx?nf0{ ; 36ssf] ?kdf
; dflj i6 ul/Ps] xgkb5 . kl/jf/x?nf0{6]f lbg]sfo5dx? :yfglo ; Gbedf cfwf/t
xgkb5 / bluf] cfly5 ljsf; sf] rshf0{ k[]; flxt ug] vfnsf xgkb5 . o:tf
sfo5dx?n] afnaflnsfx?nf0{; /lff sjr k5fg ug{kb5 h; n]ubf{pglx? p[]Hj n
eljiosf nflu p[]; flxt xg ; s5V sbflrt sl7g kl/l:yltaf6 uhg' k/]klg ; /lffsf]
hfnf[]f cj t/0f ug{; s5\

#^ arfp -Prevention_

dfly pllnlvt sfg5 lgdf[]f, sfof[]og, klkrf[]f[]f, ; hfn lgdf[]f / ; fdf]hs
kl/rfngb]v lnP/ cfo / /f]huf/l[]f]l; h5f ug[]; Ddsf ; a}k5f/sf sfo5dx?sf]
afn>ddf lg/f]w[]ds k5fj kb5 . afn>ldssf]; f]s] ?kdf /x5f ufld0f ; dbfodf
; #flnt xg]o:tf sfo5dx?sf]b/ufdl k5fj kg5 .

; f]afx5, c6o ljz i6 lfgut lg/f]w[]ds kxnx?, h:t} /f]huf/bftfx?sf tkm[]f6
cleJoQm xg] kl]ta4tfx? -cfrf/ ; lxtfx?, ; fdf]hs cgd[]g lr6xx? -social
labelling_, /0fglts?kn] dxTj k0f{gfsfx?df afnaflnsfx?sf]cfj fudgnf0{lgu/fgl
ug[]sfof[]f0{klg klyldstfsf ; fy cufl8 a9fpg' cfjZos b]v65 .

dh5sf]hg; wofsf]Ps 7hf]lx:; f lg/k]f ul/alsf]/yfdlg /x5f]xgfn]afnaflnsf
; lxt u/la hgtfx? b]gs lhj sf]kfh5sf nflu k5f; ug{ aflw x65g\ . o:tf]
kl/l:yltdf afnaflnsfnf0{sf]d ug[]cj; / glbg]h:tf sbdx?n]kl]tsh k5fj kfg{
; S5g\ a? ul/a / hf]vddf /x5f kl/jf/nf0{6]f lbg]sf nflu kl/jf/sf ; b:ox?nf0{
/fd[]/ kof[]t cfly5 cj; /x? k5fg u/] afnaflnsfnf0{sf]ddf k7fpg' gkg[]l:yltsf]
l; h5f ug{ kb5 . /fd[] sf]d ug[]jftfj/0fsf]l; h5f, Gogtd kfl/>lds tf]g] /
sfdbf/x?sf]; fdf]hs sNof0fsf sfo5dx? ; lxtsf]s[]f lfg]sf]; wf/ o; sf nflu
dxTj k0f{sbdx? xg ; S5g\ hldgdflysf]:jfldTj Pj +hf]g]clwsf/sf]lgodg ug[]
cf]Dbfg]sf]Gofof]r[]t lj t/0f ug[]h:tf ; fdf]hs b[]6n]cf]rTok0f{sfo5dx?sf]th5f
/ Jofjxfl/s sfof[]og c6o dxTj k0f{sbdx? xg ; S5g\ hun lfg jf ; /sf/l
:jfldTj df /x5f]hldg u/la ufld0f ; dbfonf0{k65df lbP/ klg pglx?nf0{d2t ug{
; ls65 . u/la hgtfsf]gubsf]cfjZostfnf0{ ; Daf]wg ug5f nflu n3' shf{/
; xsf/l h:tf cfly5 ljsf; sf Psdl6 sfo5d -package_ klg cfjZos kb5g\

ufdlOf ; dbfonf0{k\pfg ul/g]6] fdhs cfly\$; xof\unf0{; xh}afnaflnsf]lzlff /
sllOf; # cfa4 ug{; lsg5 h; af6 dfgj clwsf/ / afncfwsf/ bj}; lglZrt xg
; Sb5 .

#=& ; Af0f -Protection_

o:t}k\$[n]sfd ug[afnaflnsf]; Af0fsf nflu sfo{ynf?sf]cgludg, sfd ug[
jftfj/Of tyf cj:yfsf]lgodg tyf ; wf/, sfggl k/fdz{; }f, ; xof\ / p4f/ h:tf
k\p; x?sf]klg cfjZostf 5 . ; Af0fflds k\$[tsf k\p; x? afn>dsf]lj ifodf dfq
; lldt x\gg\ o:tf k\p; x? afnaflnsf]; du|clwsf/nf0{; Af0f k\pfg ug[sfo\$
; fy}sfgt sfd ul//x\$[afnaflnsf?nf0{; eflj t z]f0faf6 ; Af0f k\pfg ug[
sfo\$[klg ; xfos l; 4 xg ; Sb5g\

#=* kg:yfkg -Rehabilitation_

p4f/ ul/Psf afn>ldsx?sf nflu pkoOm lzlff, klzlff, :jf:Yo tyf k/fdz{h:tf
; }fx?nf0{klg Psls[u/l k\p]sf/l kg:yfkg sfo\$dx? ; #fng ul/g' kb5 .
kg:yfkg sf sfo\$dx? cfttM kl/jf/ tyf ; dfhdf kg Psls/Ofdf nllft xgkb5 .
kg:yfkg sfo\$dx? ; #fng ubf{; fjwfgl ckgfpg h?/l x65 h; n] ubf{ o:tf
sfo\$dx? ; xh?kdf ; a\$[nflu cf>o:yn xg ; S5g\ e6g] unt ; GbZ hfg
gkfcf] \ yk afnaflnsf? >d lfd]f kj Z gu?g\ e6gsf vflf/ c6o lg/f]fflds /
; Af0fflds sfo\$dx?nf0{klg ; #; #}n]hfgkb5 .

zx/l Onfsdf a; f; ug[afgl k/\$[afnaflnsfnf0{cfk]df dftflktf a:g]ufdlOf
lfd]f :yfol?kdf k]sf]pg]s/f lolt ; lhnf]eg]5g . To; sf nflu plrt k/fdz{tyf
afnaflnsfnf0{ cfk]df] 3/df a; l lzlff xfl; n ug\$[nflu ptkl/t ug{ ; lsg]
; e]jgfsf af/]klg dNof]g ul/gkg[x65 . o; afx\$, To; sf nflu cgludg ; e6gsf]
lj sf; klg ul/gk5{. s]bdf cfwfl/t kg:yfkgaf6 z? u/l ; dbfodf cfwfl/t
kg:yfkgtkm(hf\$ lbb}hfg'a9l l6sfp / k\p]sf/l tl/sf xg ; Sb5 .

p]Nlvt (lfd]x?nf0{nllft u/] g}u?of]hgfdf ; fwf/Of k\$[tsf afn>d lgj f/Ofsf
nflu sfo{tflnsf tof/ ul/Psf]5 . lgs[6 k\$[tsf afn>dk]t nllft sfo{tflnsdf
& ; ju]nf0{; r]a4 ul/Psf]5 . g=#% / #^ ; fwf/Of k\$[tsf]tflnsf]h:t}ePsf]
xgfn]To; nf0{bf]f]ofpg cgj Zos 7flgPsf]xf].

#=(clibog tyf cg' Gwfg

xfnsf clibog tyf cg' Gwfgx?n]; r]gf l; hgf ug{g; s\$[lfd]x?df Jofks clibog
cg' Gwfg sfo{nf0{cuf]8 a9f0g'h?/l 5 . pbfx/Ofsf nflu xfn; Dd a6adf ; mlg /
a6a kll8t afnaflnsf? tyf nfu" cf]fwsf] cf] f/k; f/df ; mlg afnaflnsf?,
Pr=cf0[e=:P8\, / vfgldf sfd ug[afnaflnsf?sf ; Da6wdf kof]t ; r]gfx?
pknAw 5gg\

To: t} afn>d / ; Da4 lj ifox?df ; 'rgfx? Psls[u/l Ps axt s[bllo ; 'rgf k0ffnl
lj sf; ug{cTofj Zos ePsf]5 . ; 'rgfsf]; sng tyf krf/ k| f/nf0{a9L a} flgs
tNofP/ lj Bdfg k':tsfn0x?nf0{o; k0fhgsf nflu ; wf/ ug{; ls65 .

\$= sfoflj og ofhgj

\$=! u?ofhgj / ; doa4 sfo\$

u?ofhgfn]sfo\$; #fngsf nflu nllft u/\$f ljleG (j6f lf0x? tyf ltgsf p27ox?, ls0fsnfkx?, ; do ; ldf, sfo{ ; Dkfbgsf ; r'sx? / lhDd]f/ lgsfox? ; lxt pNny ePsf]sfo{ofhgfsf]tflnsf -matrix_ cg' rL !=! df k|t't ul/Psf]5 .

/fli60 u?ofhgfn]Ps /0fgllts glltut Pj +sfo\$dut 9f#f k|t't ub5 / ; g\ @)!\$; Dddf afn>d lgj f/0fsf nflu ljleG sfo\$dx? th0f ug{Ps lgbz]fids k4lt k0fg ub5 . of]bzf}ofhgfn]cl3 ; f/\$f]clei6 k/f ug\$ nflu tof/ ul/Psf] xf].

u?ofhgfnf0{Ps dfu0z\$ glltut b:tfj]hsf] ?kdf lnP/ cnu cnu ; doa4 ls0fsnfkx? ; lxtsf]sfo{ds=sfo{ofhgfx?sf] th0f / sfoflj og ug{cfjZos 5 .

\$=@ sfoflj og ofhgj

u?ofhgfn]Pp6f glltut 9f#f k0fg u5{/ lbzf lgbz ub5 . ljzi6 sfo{ofhgfx? th0f / ; #fng u/l u?ofhgfsf]; dod}k0fj sf/l sfoflj og ug{/ cgldg ug{sfo{ a9l dxTj k0f{ t/ dlZsn 5 . u?ofhgfn] lf0ut bfi6sf0f lnPsf] xgfn] kg/fj [Q -duplication_ x6fpg / clwstd nfe -synergy_ k|t ug{/ ljleG sfo\$dx?nf0{Ps} nllftk|p6dV ug\$ nflu ; dgjo / ; xsfo{cTofjZos 5 .

of]s/fnf0{cftd; ft ug{h?/l 5 ls of]/fli60 u?ofhgj xf]/ To; h]o; sf :j fldTj ; 0Qm?kdf ; a}; /f\$ f/jfnfx?df /x65 . Ps ; Dks{-nodal_ ljGbsf]lhDd]f/l jxg ub{ >d tyf oftfoft Joj:yf dGqnon]sfo{ofhgfsf] tflnsfdf pNny]vt leG leG sfo{ug[lhDd]f/l kfPsf lgsfox? alr ; dgj ostf\$]eldsf lgj f0 ug5 . k0fj sf/l ; dgjosf nflu o; n]afn>d; Da6wl /fli60 lgbz]g ; ldl h:tf d-rx?sf]pkofu ug5 .

u?ofhgfsf]sfoflj ogsf nflu cfjZos ; f]x?sf]kl/rfng / lj t/0f ug{sfo\$ klg ; dgjosf]cTof]t vfFf]kb5 . To; h]>d tyf oftfoft Joj:yf dGqnon]/fli60 ofhgj cfofu, cy{dGqno / bft[; dbfo; u klg ; dgjo :yfkf ug{cfjZos 5 .

gkfn ; /sf/ / bft[; dbfo b]}klfsf]k|t|glwTj xg]u/l ; f] kl/rfngsf nflu Ps pRr:t/lo ; ldltsf] :yfkf ul/g5 . u?ofhgfsf] sfoflj ogsf nflu /fli60 Pj + c6t/fli60 txd f klfk]f0fsf ; fy;fy} ; f] kl/rfng ug[lhDd]f/l o; ; ldltsf] xg5 .

:yfglo ; /sf/x?sf ?kdf /x\$fh=; = / uf=; =x?n] afn>dsf] lj ifonf0{ cf-
cfkmg] jflif\$ Pj +cfj lws ofhg] Pj +sfo\$dx?df dhk] flx/0f ug] sfo\$df cxd
eldsf v]g ; \$5g\ To; h] u?ofhg] sfogdf pglx?sf] ; lso ; xeflutf
c]ofj Zos 5 . olb pkoQm?kdf ; fwg ; f]n] ; DkGg xg] xf] eg] :yfglo ; /sf/x?
cgf] rfl/s l]sf] cgludg ug] sfo\$df ; d] ; xfos xg ; \$b5g\ . To; h] afn>d
lgj f/0fsf] sfo\$df ol lgsfox?sf] eldsfnf0{ clea]4 ug] kof; ul/g\$.

u?ofhg] sfogdf ; Gbedf dgg\ug] kg] s]l dx] j kof{ t]j x? 5g\ . To:tf
dx] j kof{ t]j x? ol xg] ! _ lgo] ds / ; Arg] ds ; e]qx?sf] ; antif / ba] t]f x?,
hg clxn] cln a9L g} sdhf] cj:yfdf /x\$fh 5g\ , @ _ ; Da4 ; /sf/l lgsfox?
Nufot lj leGg stf] x?nf0{ ; m]g u/fpgkg] cfj Zostf / l]tgsf] ; dg] o, hg clxn]
cjwf/0ff] ds t]xdf dfq lj Bdfg 5, / # _ dh] ssf] ; fdf] hs, cfly\$ / /fhgllts
cj:yf, hg clxn] laub] l:y] l]tdf 5 . To; h] ; /sf/n] u?ofhg] kfj sf/l
sfog] og, ; dg] o, cgludg / dNof] gsf ; e]qx?nf0{ ; b] agfpg' kg] cfj Zostf
/x\$fh] 5 .

o; jfx\$ klg, dh] saf6 afn>dsf] ; d:of pGdhg ug] \$f nflu bft [; dbfosf] ; xof] u
nufot c]o lgsfox?sf ; dl] g] t / ; fef] kof; x?nf0{ Psa4 u/l n] h] fgkg] I
cfj Zostf /x\$fh] 5 .

\$# cgludg / dNof] gsf ; e]qx?

u?ofhg] sfog] / k]l] tsf] dNof] g ug] l]hDd] f/l >d tyf offtoft Joj:yf
dGqfnon] lng] . cgludg / dNof] g s] b] lo t]xdf sfo\$dx?sf] th] f / ; #fngsf
nflu / :yfglo jf t]rdh tx -grassroots_ df sfo\$dx?sf] kfj sf/l sfo{ ; Dkfbgsf
nflu cfj Zos 5 .

; a} txx?df sfo\$dx?sf] kfj sf/l cgludg / dNof] gsf nflu lj Bdfg ; e]qx?sf]
pkof] ul/g\$. kfj sf/l cgludg / dNof] gsf nflu >d tyf offtoft Joj:yf
dGqfnon] dl] xn] , afnaf] nsf tyf ; dfhsNof] of dGqfno, c]o dGqfnox? /
cfj Zostf cg] f/ c]o lj leGg lgsfox? ; u ; dg] o / ; xsfo{ug] . o; sf clt] / Qm
lj leGg l]q] df ; #flnt afn>d; DaGwl sfo\$dx?sf] cfj lws cgludg Pj +dNof] gsf
nflu lh=; =x?, lhNnf afn>d ; dg] o ; ldt] x? / lhNnf afnsNof] of ; ldt] x?nf0{
kl/rfng ul/g\$.

sfo\$dsf] t]xdf cgludg tyf dNof] gsf nflu sfo{ ofhg] x? tof/ ubf{ lgDg
s/fx?nf0{ w] b] g] lb0g\$ -
! = nlf; l] xtsf lj] lzi6 kl/ ; #sx?sf] lj sf, ; h: t] cfo, lz] lff, :j f: Yo cflb l]q] df
b] v] P] sf] ; w] f] ds a] 4 jf sdl .

@= dfkgsf nflu ; æq j f dNodx?sf]ls6fg, h:tM hgu0fgf, ; j]f0f, dfdnf
 cWbog, kfej cWbog, cflb .
 #- lgoldt dNofÍgsf nflu ; do ; ldf, h:tM jflif\$, dWbsfnlg / sfo\$dxsf]
 ; dflkt cflb .
 \$= cgludg / dNofÍgsf]bflotj, h:tM ; /sf/l lgsfox?, bft[; :yfx?, :j t6q
 lgsfox? Jff k/fdz6ftfx?, cflb .
 %= ; wf/flds sbdx? / cfsl:dstfx?– sfo\$dx?sf] cgludg, dNofÍg, /
 ; dlffsf cfwf/df sfo\$dx?df ; wf/flds sbdx? rflng\$ j f lg/6t/ ; wf/sf
 kof; x? ul/g\$.

o; sf cltl/Qm Psk6s sfdaf6 x6f0Psf afnaflnsf? cj fl-5t j f lgs[6 k\$[tsf]
 sfdaf6 6f9}/x\$ f 5g\æg]; lglZrt ug\$ f nflu ; dbfodf cfwf/t cgludg ; æqsf]
 lj sf; ul/g\$. kl/j f/ / ; dbfosf ; b:ox?sf]; lsø ; xeflutfn] hf]vddf /x\$ f
 ; dbfox?sf]; zlQms/Of ug{/ afnaflnsfnf0{lgs[6 k\$[tsf] afn>daf6 hf]vpg
 kfej sf/l ?kdf of]ubfg ug\$.

; dbfodf cfwf/t afn>d cgludg k0ffnl] afnaflnsf] klxrfgb]v lnP/
 pglx?nf0{ hf]vdk0f{ sfdaf6 x6fpg] Ddsf ; dbfodf cfwf/t lj le6g pkfox?
 cj nDag ug\$. o; af6 ; dbfodf cfwf/t :yfol cgludg ; æqsf]lj sf; df of]ubfg
 ug\$ h; n]/fli6ø sfg9x?sf] kfngfnf0{; lglZrt ug\$. o:tf]cgludg, ; dbfosf]
 ; mlgtdf ; dbfoaf6 :jls[/ ; dbfoaf6} lj sf; ul/Psf] dfkb08sf] cfwf/df
 ul/g\$.

lhNnf:yt kbflwsf/lx? Pj +sfof]og ug[lgsfox?n] :yfglo lgu/fgl ; dxx?,
 cleefj s ; dxx? / afnaflnsf] ; dxx?nf0{afn>d kof]usf 36gix?sf]cgludgsf
 nflu kl/rfng / ; xof] ug\$g\ . lhNnf:t/df lhNnf afn>d ; dgjo ; ldltx?n]
 cgludg ug[lgsfox?nf0{ ; xof] k%ofpg\$g\ / ; dbfodf cfwf/t cgludg
 kof; x?af6 k[kt xg]; r'gix?sf]clen] /v\$g\$g\

\$-\$ sfoflnsf]klyldstfsd

afn>dsf]lj le6g lf]ut lj t/Of / ; f]sf]; lldttfnf0{b]6ut ubf{; #fng ul/g]
 sfo\$dx?sf] klyldstf tf\$g' cfj Zos xg cfp\$. o:tf] klyldstf sdsf nflu
 lgDgf; f/sf]dfkb08nf0{cfwf/ agf0Psf]5–
 != h?/tsf]tflsfnstf- ; Dal6wt sfd ug[j ftj /Ofdf lj Bdfg hf]vdsf]dfqf
 @= ; d:ofs]cfotg- ; mlg afn>dsf]dfqf -; Wof_
 #- sfo\$dx?sf]kof]ttf, kfej sfl/tf / blftf
 \$= sfo\$dsf]pkoQmtf, bl3\$fnlg kfej / bluf]kg

afn>d lgjf/0fsf nflu dfly a0f6 ul/Psf k|o\$ lf0sf ; doa4 sfo\$dx? log} dfkb08x?sf cfwf/df tflnsfa4 ul/Psf]xf]. ol sfo\$dx?n]ljle6g efuflns lf0sf cfjZostfx?nf0{hf\$ lbPsf 5g\ . lgs[6 k\$[tsf]afn>d lgjf/0fsf nflu nllft sfo\$dx?n];g\@)) (nf0{; do ; ldf dfg\$ 5g\ . To:t} c6o k\$f/sf afn>dx? k|t nllft sfo\$dx?sf]tflnsfn];g\@)!\$ nf0{; do ; ldf dfg\$ 5g\

tn u?of]hgfd p|Nny ul/Psf ; fdf6o sfo\$dx? klg o;} cfwf/df tflnsfa4 ul/Psf 5g\

\$=% ; f| ; fwgsf]JoJ :yfkG

g|kndf afn>dsf]p6dhg ug]sfo{lgs}ufxf]/ rgf]tk0f{5 . u?of]hgfd ; r|la4 ul/Psf ljle6g /0fglltx?, sfo\$dx? / ls0fsnfkx? cf/Des kof;x? dfq xg\ h; sf]th0f :yfglob]v /fli6@:t/; Dd a[XQ/ k|s0fx?nf0{h6d lbG]/ cuf|8 a9fpg] kof]hgn]ul/Psf] 5 . t/ o:t]z?jft ug\$ nflu lgs}7hf]wg/fzlsf]cfjZos kg\$. ; f|x?sf]; ldttnf0{b|6out ubf{u?of]hgfsf]; km sf0f]og w]}xb; Dd ljle6g bft[lgsfox?af6 k|t xg]pbf/tf / ; xof]udf lge{ xg\$. ; Da4 ; #7gx? Pj +; #yfx?sf]kl/rfngdf u?of]hgfsf]hf\$ /x\$] 5 . ljle6g ls0fsnfkx? ; #fng ug\$ nflu a[XQ/ ?kdf ; f| tyf ; #yfx?sf]kl/rfng e} a[XQ/ kefj xfl; n ug] ck]ff ul/Psf]5 . o; sf nflu ; doa4 sfo\$dsf]ah0nf0{bzf]of]hgfsf]klydstf k|t cfof]hgfx?sf]ah0; E cfj 4 ul/Psf] 5 . ah0sf]k|jfwgsf]; Hfkt rrf{tn ul/Psf]5 .

\$=%! cfof]hgf jf sfo\$dx?sf]klydstfsf cg' f/ ah0 cgdfg

?= s/f\$df

klydstf sd	sfo\$0 ; wof	ck]lft a[4 b/ ; fdf6o a[4 b/ cg' f/			
		/sd	k tzt	/sd	k tzt
s-kl!_	&	#=#	%&=!	@=&*^	^^=(
v-kl@_	!	@=%)	\$@=(!=#*^	##=!
u-kl#_)))))
hDdf	*#	%=*#	!))=)	\$=!^	!))=)

o; u?of]hgfd p|Nnlvt lgDg (klydstfsf lf0x?df ljle6g ls0fsnfkx? ; #fng ug\$ nflu ; doa4 sfo\$dsf]ah0 pknAw 5 . ul/al lgjf/0f sfo\$0 / c6o lf0ut sfo\$dx?n]klg o; sf p27ox? xfl; n ug] of]ubfg k|ofpg]ck]ff ul/Psf] 5 . t/ u?of]hgfsf]; km sf0f]ogsf nflu / sfo\$dx?sf]cfj [Q / ; 3gtf cgsh 7hf]wg/fzlsf]cfjZostf kg\$. olta]hf ls6fg; fy o; sf nflu cfjZos kg[ah0 cgdfg ug{; ej b|v0g . ah0 ultzln xg' kb\$. To; h]; doa4 sfo\$dsf]ah0sf

cltl/Qm klxnf]r/Of -;g\@)) (;Dd_ sf nflu kl/IDes tyf ;fs]lts -indicative_ ahØ cgdfg tn k|tt ul/Psf]5 .

sfo\$Ø ; #fngsf lfØx?	; #fng xg]lsofnsfkx?sf]k\$ / / ; wof	cgdf]gt nfut
!= glttut tyf ; :yfut lj sf;	gltt thØf, lj :tt ofhgfsf]lgdfØf, lgbz ; ldt, cgt/lsof / ; dgjo	#%,),),))
@= lzlf / :jf:Yo	clgjfo{ kfylds lzlf sf nflu ; doa4 sfo\$Ø, ; lk lj sf; / klzlfyl{ tln sfo\$Øx?, kfy lzlf, kf7Øsd ; wf/, kl/jf/ lgofhg ; DaGwl ; r]gf	!,@),),))
#= klkf]fof, ; ~hfn lgdfØf / ; fdlhs kl/rfng	; r]gf tyf afw; lfdls/of, dlxnf ; zlQms/of, ; ~hfn lj sf; , afn>dnf0{ klt:yfkg ug{kf] ; fxg / k]off	@%,),),))
\$= sfgØ lgdfØf / sfØ]og	lg/Lifof kØffnl ; bØls/ofsf nflu kljwfgx?, afw; lfdls/of, afncwsf/sf] sfØ]og, cfØn-cf]sf]dx; lØw g=#* sf]sfØ]og	\$*,),),))
%= cfo / /fhuf/l sf cj ; /x?sf]l; hØf	>d ; 3g 3/h' pBfux?, >d ahf/ ; r'gf Jo/f] dfudf cfwl/t ; lk lj sf; tln, n3' shf{sfo\$Øsf]la:tf/	!,(%),),),))
^= arfp	a; f0 ; gáf6 / >d ahf/df k]z ugáf6 arfp]g]	#%,),),))
&= ; Afof	>d lg/Lifof kØffnlsf] la:tf/, sfd ug] jftfj/ofdf ; wf/ / sfgØl ; xfotf	#),),),))
*= kg:yfkgf	kg:yfkg sØbx?, lng sØbx?, kl/jf/df Psls/of, lzlf / ; lk lj sf; sf nflu pTk]off / 6]f	*),),),))
(= cg' Gwfg -lj sf; , krf/ k] f/ / klzlf of ; d]_	/fli6Ø kØffnldf ; wf/, afn>d ; r'gf kØffnl tyf hguØfgdf cfwl/t tyofl kØffnl	^),),),))
hDdf		%,*#,),),))

sfo\$Ø / ahØsf]kfyldstf ljzif u/l lgs[6 k\$[tsf afn>dsf]lgj f/oftkm{xg]5 .
 kfyldstfsf lfØx? lgDglnvt 5gM
 != cfwf/et dfgj clwsf/sf]xgg xg]afn>d
 @= ;]f lfØsf afn>d
 #= cfBfl]us pTkfbg lfØsf]afn>d
 \$= vfgl lfØdf /x\$]afn>d
 %= s]lf lfØsf]afn>d

\$=%@ ; f]sf ; efj gfx?
 bxfosf] tflnsfdf g]kfn]dfldssfnlg vr{Jo: yfkgsf] 9f#f k|tt ul/Psf]5 .
 tflnsfn] ul/advl cfly\$ Isøfsnfkx? ; #fng ug\$ f nflu ; /sf/sf tkmf6
 pknAw xg] k]j wfgx?nf0{k|t]l]Dat ub\$. o; sf] hf\$ s[if lf\$sf]k46, dfgj
 l]sf; / al-rt ; dbfox?sf] p]yfgsf nflu nllft sfo\$dx?df /x\$]5 . o; sf
 k]olf ; Da6w afn>dsf]; d:of lgj f/Of; # /x\$]5 .

ul/jl; # ; Dal6wt k4V l]sf; vr{? -= cj4f

	ah6	k f]kOf	
lfq	cf=j=@))@÷)#	cf=j=@))#÷)\$	cf=j=@))\$÷)%
lzlfM cfwf/et / k]ylds lzlf, 5fqj Q / dlxf lzlf	@=#\$	@=%&	@=*#
:jf:YoM cfwf/et :jf:Yo / kl/jf/ lgof]hg	!=%%	!&*	!=(&
Vffg]kfgl cfklt{/ ; /; knf0{	#=%#	\$=&\$	(=#
u]dlOf lj Bits/ofM u]dlOf lj Bits/of / j\$]nks phf\$]f] lj t/of	!=\$&	@=@!	@=\$@
s]f]M pTkfbstj a[4 sfo\$4, afnl lj ljwls/of, cg', Gwfg, k]f/ / tflnd	@=)^	@=\$\$	@=&#
l; #f0{	@=%*	@=#%	@=(*
cfodhs jgh6o Isøfsnfkx?)=!%)=!^)=!&
u]dlOf k4f]f/ l]sf;	%=@)	%=^\$	=^%#
:yfglo ; dbfox?nf0{cgbfg	@=*&	@=(^	#=\$@
l; k l]sf; -lzlf, pBf] / >d ; Dal6wt d]qfnox?sf]dfq_	@=&&	#=)@	#=@*
ul/al lgj f/Of sf])=!&)=%	!)=
Nf3' shf{	!=\$&	!&\$	@=)*
hDdf	@^=!^	#)=!!	#(=#\$
hDdf l]sf; ah6	#*=^*	\$#)=&	\$(!=
U]l/altkn{ k]ylds]s/of ul/Psf] vr\$]k]tzt	^&=^	^(=(*)=!

; f]M bzf}of]hgM ul/al Go6ls/of /ofglit kq @))@=@))&= g]kn ; /sf/, /fli60 of]hg
 cfof], sf7df08f]M @))#=#

bzf}of]hg / ul/al Go6ls/of /ofglit kqdf Jojl:yt k]j wfgx?n]k]6?kdf afn>d
 lgj f/Of; Da6w ; doa4 /fli60 u?of]hgdf la:tf]t k4fj kfg{ ; Sg] ; efj gftkn{
 ; \$] ub\$. t/ ul/al Go6ls/of /ofglit kq / u?of]hg alr ; x; Da6wx? s; /L

lj sf; ug[e]g] r]g]t klg xfd] ;fd"/x]f] 5 . o:tf ;x; DaGwx? lj sf; ug[
lbzfdf Ps dxTj k0f{k] t{d]qfnox? nufot cGo lj leGg ;/f]f/jfnf JolQm jf
; dx? alr ; xsfo{x]. bf] i] dxTj k0f{k]f eg]f] of]hg / sf]og :t/df
; fdGh:o :yfkf ug[x]. o:tf ; xsfo{x? Pj +k0f; x? alr ; fdGh:o / ; d]j o
:yfkf ug[e]dsf g]kfn ;/sf/sf]x].

cg; Flx?

cg' P1 - @!
Afn>dsf]jul&/of cg' f/ ljle&g pBf] tyf ls&fsnfkx?

s= lgs[6 k\$[tsf afn>dx?

s-! = cfwf/et dfgj clwsf/sf]xgg\vg]-cTo&t lgs[6 sf]lsf_ afn>d

- *afn bf; Tj, h: t] j]ofj [Q jf c? k&f]hgsf nflu a]lavg jf cj]w cf] f/k; f/df k/]sf afnaflnsfx?, aw]f afn>lds, anoQm afn>d / ; z: q a&adf ; xeful u/fOPsf afnaflnsfx? cflb .*
- *j]ofj [Q jf czln ; flxTo pTkfbg jf czln k&z&df afnaflnsf] ; m]gtf*
- *nfu' cf]wsw] cj]w cf] f/k; f/ h: tf u} sfg&gl ls&fsnfkx?df afnaflnsfx?sf] ; m]gtf*
- *cf0&Pn=cf] sf] dx f; l&w g= !* @ cg' f/ lgs[6 k\$[tsf >d l&df kj] ug&f nflu G&td pd] !* jif{ dflgPsf] 5 . g]kfn]sf] ; G&df o: tf ls&fsnfkdf hg; s} pd]sf JolQmx? ; m]lg eP kl&g To; nf0{ u} sfg&gl dflgPsf]5 .*

s=@ cfk]f] : jf: Yo, ; / lff / g]t stfsf nflu xflgsf/s xg] h]vdk]f{sfddf ; m]lg jf sfd ug] jftfj / ofdf / x]f afnaflnsfx?

- *ko&g; Da&wl ls&fsnfkx?, h: t} x&f&n, d&f&n, /]6f]l&6, Sofl; g]f] }ofk]l^a\ s]n sf/, uf]km sf] { cflb .*
- *; j]fdhs pBf]ux?, h: t} sfo&znf, k&f]uzznf, awzfnf, zlt e08f/, ; / lff uf8{ rnlrq3/, cflb .*
- *; fj]h]lgs oftfoft / l&df&f; Da&wl ls&fsnfkx?, h: t} vnfFlsf] sfo{ 9uf vfgl jf lu&dl s&g]sfd jf 0&f e6]xdf ul/g]sfd, cflb .*
- *cfB]lus pTkfbg ug] pBf]ux?, h: t} ; l{t{ un]f, 6\$; 6f0n, 5fnf, l; d]6, /; fog / ; f]; Dal&wt, k&f] kbfy&?, k]f]k&f]vg, cflb .*
- *k]f] / d]f ; sng / k&f]wgsf sfo&?, h: t} / l2 ; fdg ; sng ug] k]f] / d]f l&kg] -vft], ; nf0{ nufot ljle&g lj: k]f]s / H]ngzln kbfy&?sf] pTkfbg / lasl lj t/of ug]sfo{ cflb .*
- *ljle&g k&f] / sf phf{pTkfbg, k} f/ / lj t/of ug]sfo&?*
- *k&f]nod lgsf]ng] k&f]vg ug] lasl lj t/of ug] / ; Da4 c&g pTkfbgx?*
- *l/Szf / uf8f tf&g]sfo{*
- *s&f0 ug] d]zgx? ; u ; Da4 ls&fsnfkx?*
- *hdl&dlg, kfgldlg, Psbd pF0df a; / ul/g] sfo&? h: t} lj Bt h8fgsf sfo&? jf /u /f]vg ug]sfo&? .*

- /; fogx?sf]; Dksdf cfpg' kg]sfo{?
- ufdlOf tyf zx/L fgd ul/g]el/of jf slnsf]sfo{
- 3/h' sfdbf/ -gf\$/_

cf0Pn=cf] sf] dx; lGw !*@ / l; kmf/z g# !() cg; f/ o; ; juOf ; dfj z
 ul/gkg] lspsnfkx? ol xgM !_ afnafnnsfx?nf0{ zf/l/s, dgl] } flgs / ofg
 b]o]xf/sf] hf]vddf kfg{ ; Sg] sfo{ @_ hldgdlg, kfgldlg, vt/gfs pFf0 / agb
 ; fu/f :yfgx?df ul/g]sfo{ #_ vt/gfs k\$[tsf ofgx?, pks/Ofx? / cf]hf/x?; u
 ul/g]sfo{ jf ux]f j hgx?sf] xftaf6}; #fng jf cf] f/k; f/ ug]sfo{ \$_ c:j:y
 jftfj/Ofdf ul/g] sfo{ h; n] pbfx/Ofsf nflu, afnafnnsfx?nf0{ :jf:Yodf xflg
 kYofpg] hf]vdkOf{ j:tx?, clestf? jf k]sOfx? jf tfksd jf Wjlgx? Jff
 sDkxg?sf]; Dksdf Nofp5, %_ lj zif u/L sl7g cj:yfdf ug]k]sfo{? h:t}nfd]
 sfo{366f ePsf] /fqlsf]; dodf ul/g]jf To:tf]sfo{hxf+afnafnnsfx?nf0{cjfl-5t
 lsl; dn] /f]huf/btfsf] kl/; /x?df agb u/] /flv65 . afn>d -lgifw tyf lgoldt
 ug] Pq, @)%^ n] dflysf bf] f] ; juOf /x\$] lgs[6 k\$[tsf afn>dx?nf0{w}]
 xb; Dd ; af]wg ub5 .

v= c6o k\$]/sf afn>d

**v!= To:tf cfly\$ lspsnfkdf ; nlg afnafnnsfx? h; sf nflu pglx?n] jf
 pglx?sf cleefj sx?n]gubl jf lh6; l eQnlg kfp5gV vf; u/L lzlfss]cj; /af6
 al-rt xg'kg]xgfn]sfd pglx?sf]zf/l/s, dgl; s jf dgl] } flgs lj sf; df afws
 x65**

- s[if- v]lkftl, sv/fkfng, dI:okfng, kzkfng, afujfgl, kmhv]tl, g; {l,
 cflb .
- s[ifh6o÷vfB kzf]wg- wfg÷lk7f\$] ldnx?, b]w kzf]wg, kfp/f6l, rfprfp Pj +
 lj :s6 sf/vfgfx?, ld7f0 k; nx?, cflb .
- ; r'gf Pj +; #f/, lj Qlo, jldf / c6o Joj; foh6o ;]fx?
- ; dbfonf0{k}fg ul/g];]fx?- :jf:Yo, lzlf, wld\$ cgl7fgx?, cflb .
- kfglsf]cfkl't{ ; 8s a9fg] / nuf wg]
- df6/, df6/; f0sn jf ; f0lsn dd{ h:tf sfo{
- kl/jf/n]; #fng u/\$] / ; ; fg] /]6f]6x?, lrof k; nx?, cflb .

**v=@ cfk]f cleefj sx?nf0{pglx?sf cfly\$ lspsnfkx? jf 3/w6bdf ; 3fpg]
 afnafnnsfx?, vf; u/L lzlfss]cj; /af6 al-rt xg'kg]xgfn]sfd pglx?sf]
 zf/l/s, dgl; s jf dgl] } flgs lj sf; df afws x65**

- s[if- v]lkftl, sv/fkfng, dI:okfng, kzkfng, afujfgl, kmhv]tl, g; {l,
 cflb - g]kfnf afn>dsf]; jfkws kof]u o; } fgd x65 lsgeg]hg; Wofsf]

sl/a *! k|tzt efu k/Dk/fut k4ltcg; f/ ul/g] s[if sfo{f lge{ /xg]
u/{f]5_ .

- k/Dk/fut kfl/j fl/s lzNklx?- sDxfn] l; sdl{ dl't&f/, uxgf agfpg] yfÍf
k|6E ug{ sfo{ cflb .
- xfh;] / vbf k; nx? / e08f/0f sfo{

v-# = :j/f]huf/df /x\$ f afaflnsfx?

- k|6kfydf ; -; fgf k; n ug{
- dflg]
- hQf kfln; ug{ cflb .

cg' P1 - @#
afn>dklt[sf]b[6sf]f?

	>d ahf/df cfwl/t b[6sf]f	Dffgj khl[sf]b[6sf]f	;fdflhs lj sf; sf] b[6sf]f	Afnns[blt b[6sf]f
clestf{x?	cf0#n=cf, >d tyf oftfoft Joj :yf dGqfno, 6\$ olgogx?	o'Pg=8=k=, lj Zj a}, cfly\$ lj sf; tyf ofhgf, pBf\ / Joj ; fo; # ; Da4 dGqfnox?	Dffgj clwsf/ ; DaGwl ; #7gx?, dlxnf, afnaflnsf, ; dfh sNofOf dGqfno, wld\$ tyf cGo dNo lgdf\ ug; ; dx?, ; fdbflos ; #7gx?	olg; km ; /sf/, afnaflnsf tyf kfl/j fl/s 0sf0{x?, afnaflnsfsf] klfkf\of / arfp, u} ; /sf/l ; #yfx?, lzlfllj bx? / cGo ; fdbflos ; #7gx?
Afn>dnf0{ s; /L x]/G5	hj sfo/nf\ /x\$ afnaflnsf{x?n] jo:sx?; # sfdff klt:kwf{ ub5g\ /fhuf/bttsf] zIQmf0{ cem 6]f k\ofp5g\ jo:sx?sf]kfl/>lds / /fhuf/L vt/fdf kfb5g\ sfdbf/ ; #7gx?, ltgsf] ; f\j fhL ug; lfdtdf sdl Nofp5g\ cfkngf] / c?sf] ; d; clfdtf / blgxlgtnf0{ lg/t/tf lb5g\	o:tf] sfd h; n] jo:ssf] ?kdf cGttM afnaflnsn] /fi6sf] cfly\$ lj sf; df ug{ ; Sg] ofubfg / pglx?sf] cfkng}cfly\$ lfdtf Pj+ k\ltsf] ; efjgfnf0{ sdhf] agfp5 . ; a} afnaflnsf{x? -sfd ug; afnaflnsf{x? ; d;_ sf] kof\ ?kdf :jf:Yo Pj+ lzlfdf kx# xg' kb5 / ; dfhdf cfly\$ b[6n] p\kfbgzln ; b:osf] ?kdf lj sl; t xg] cj ; / kfp]kb5 .	o:tf] sfo{h; n]sfd ug; afnaflnsfnf0{ pglx?sf] kl/jf/af6 cnlofp5, Ps k\$ /n] kl/jf/n] cfkngf] afnaflnsf dfly ug; z\of, ; /sf/sf] u/lax?k\tsf] pk]ff, clehft ; dx?sf] ; jfy{ / u} lhD]f/kg tyf cgkoQm ; fdflhs / /fhgllts dNox?nf0{ k\l\alDat u5{.	o:tf] sfd h; n] afnaflnsfsf] sNofOf Pj+ JoIQmut / ; fdflhs lj sf; nf0{ ca?4 u/fp5 .
s:tf pkfox? canDag ul/G5	jo:sx?sf]>d ahf/sf] ; /lfsf] nflu /flhsf] x:tlfk, /fli6 sfg5sf] lgdf\ / sfof]ogdf hf\$, cftl/s dfgs / dfkb08x? -h:t} /fhuf/L kj]zsf] nflu Gogtd pd]; DaGwl sfg5, >d lg/Llfof, cf0#n=cf] dxf; lgw !#*_ sfof]j og .	ahf/sf] kxn? / cj ; /x?sf] l; h\gdf hf\$, afnaflnsfsf] efjl :jf:Yo / lfdtf lj sf; df k\ts h c; / ug; sfdnf0{lg?T; flxt ug; cfly\$ b[6n] ; fble\$; lkx?sf] lj sf; sf nflu Jofks ; lj wfx?sf] kfj wfg, / u/la kl/j f/x?nf0{ lj z\ft nllft u/L ul/jl lgj f/ofsf pkfox? .	; fdflhs ; dfj zls/of tyf sdhf] ; dx?nf0{ 6]f, sfd ug; afnaflnsf{x?nf0{ nllft u/L ; jf sfo\$dx?, sfd ug; afnaflnsfsf ; DaGwdf hg- wf/Ofdf kl/j tG Nofpgsf nflu klfkf\of, kf/lj fl/s dNox?df hf\$, c; xfo afnaflnsfsf] klfd /fhgllts	afnsNofOf / lj sf; nf0{k46 ug; sfdff ; #lg afnaflnsf{x?, pglx?sf] cj:yf / clwsf/x? af/]; hgf tyf 1fgdf ; wf/ ug; afnaflnsfsf ; j fl\vs dxTj kOf{ lxtx?nf0{ k46 ug; afnaflnsf{x?nf0{ ; femf/ tyf clestf{x?sf] ?kdf ; zIQms/Of .

			bjfj sf] l; hgf, afnaflnsfx?dfly xg] b]o{xf/x?sf] ; dbfoaf6 cgludg, ; fdfllhs kl/rfngsf] cleofgx? .	
lzlfk tsf] b]i6sf]f	clgj fo{ lzlf]sf] dfllodaf6 afnaflnsfnf0{ >d ahf/af6 x6fpg ; ls65 .	Affnaflnsfx?nf0{ sfdaf6 c6oq x6fpg cgbfg, jf pglx?nf0{ :sh / sfd ; u; u; n]hfgsf nflu :sh ; j]fx?df la:tf/ ; flf/tf, ; fdf6o csul0ft / .hljgofkgsf ; lkx?l df hf\$.	sfddf ; mlg afnaflnsfx?sf cfjZostf cg?ksf ; fdbflos :shx? / cgf]krfl/s lzlf sfo\$dx?, cfBflus klzlffyl{/ c6o To:t} sfd l; sfpq] klj jwfgx? .	; 8s afnaflnsfx?, z]l]fs sfo\$dx?sf] thdf / ; #fngdf afnaflnsfx?sf] ; xeflutf, lfdtfd / l; Sg] cfjZostf Pj + ; fl]x?df lj]wtfd hf\$, ; fdfllhs ; mlg]tfsf] dfllodaf6 lzlf .
Affnaflnsf x?kl]tsf] b]i6sf]f	Affnaflnsfx? clxn] lkl8t 5g\]f eljiodf kl18t xg] sddf 5g\ sfo\vnf0f xg ; Sg] z]l]f0f / vt/fx?af6 a]j/ 5g\ pglx?sf] ; afQd lxt /lfsf nflu jo:sx?n] pglx?sf] klfdf x:tlf]k ugkb5 .	Affnaflnsfx?df p]kfbgzln jo:s afg] ; e]jgf c6t]g]xt x65, pglx?sf] lfdtnf0{ ; Af0f Pj + kl/kSstf k]bfg ul/g'kb5 .	; ldf6t x]o; otdf k]f0Psf jf k]f0pg nfluPsf afnaflnsfx? To; a]hf /fd]l ; Af]t xg ; Sb5g\ hj ; fdfllhs b]f]o]j sf] bfo/fnf0{ la:tf/ ul/65 / pglx?; u Psa4tf JoQm ul/65 .	Affnaflnsfx? cfk]n]f] ; Da]4 / lj sf; sf ; lfd, lgo Pj +; lso stf]x? xg\ pglx? To; a]hf ; a]6gf a9L ; /l]ft x65g\ ha pglx? c6o afnaflnsfx? / jo:sx?; u cfk]n]f] arfpsf nflu ; xeful x65g\ / ; Af0fnf0{ lj sf; df ?k]6t]l/t ub5g\
; fdfllhs rf; f]	sdfbf/x?sf] z]l]f0f, zlQmzfnlx?af6 sdhf]x?dfly cfly\$ cflwkTo .	ul/jl / o; sf kl/0ffdx? .	; fdfllhs ckls0f -dysfunction_, ; sf/]f]ds d]Nox? / ltgsf] cleJolQm]f lj v08g, ; fdfllhs pQ/b]f]o]j / ; dtfd 6og]tf .	Affnaflnsfx?sf]vzl, s]Nof0f / lj sf; .
; fdfllhs nlf	cfly\$ Gof .	cfly\$ lj sf; , ul/al p6d]hg, cfly\$ p6glt xfl; n / sfod ug\$ nflu cfjZos dfgj lfdtsf]lj sf; .	; fdfllhs Psa4tf, s?0ff, ; dtf, pQ/b]f]o]j .	Affnaflnsfx?sf]vzl, s]Nof0f / lj sf; .

-; f]M 066/g] gn ; e b lrN8g cnf06; -@)!_, arf0N8 ; 68{k]f]n]l; h P08 k]f]l]d a\km/ j]s\ \
lrN8g 0g ; fpb PlzofE _

cg; Fl @\$

u; /sf/l ; yfx?, 6\$ olgog / /fhuf/bftf ; u7gx?af/f sfofj og ul/Psf afn>d; DaGwl
sfo\$dx?

l; =g=	; u7gx?sf]gfd / 7]fgf	; flnt sfo\$ / ultlalwx?	nllft ; dx / :yfg	; xof]u lgsfox?
!	Plal; gkfn, sf7df08f}.	cgf]krf]l/s lz]ff g]t]j; DaGwl tflnd ; lk lj sf; tflnd .	sdhf] / ckfE afnaf]nsfx?, a]lavg jf cf] f/k; f/df k/l p4f/ ul/Psf af]nsfx? . sf7df08f} l; Gwkfl]rf\$, gjnk/f; l, /fd\$fk, gjfsf\$, wflbE .	cf0Pn=cf]÷cf0k\$, knfg 0G6/g]zgn, sl/6f; /sf/-Pg-8An#8
@	Affnr]gf ; dx, l; gfdun, sf7df08f}.	; 8s gf6s / lj]leg kfzfg ; lxt klfk]f]of / ; r]gf .	cleefj sx?, afnaf]nsfx?, ; /sf/l lgsfox?, cflb . sf7df08f} pk]osf, afs] lrt]g, df]E, cflb .	olg; km
#	ledkfy/l oy Sna, afunE .	hghfu/of cgf]krf]l/s Pj +cf]krf]l/s lz]ff cfo cfhg .	sdl, bdf0{ / ; fsl{ ; dbfox? . afunE .	cf0Pn=cf]÷cf0k\$,
\$	s] / P08 km] / a4gu/, ykfyln, sf7df08f}.	kfy]ds :j f:Yo l]n]lgs :sh tyf lbj]f lzz' :ofxf/ s]b]x?nf0{; xof]u .	k]v?kdf un]f sf/vfgfd /x\$]f afnaf]nsfx? . sf7df08f} eQnk/, n]ntk/, ; g; /l, l; /xf .	
%	s]b]o un]f pB]u ; 3, lahhlahf/, sf7df08f}.	lbj]f lzz':ofxf/ tyf cgf]krf]l/s lz]ff ; lk tflnd klfk]f]of / ; r]gf .	un]f pB]udf /x\$]f afn>ldsx? . sf7df08f}pk]osf .	lhl6h]÷cf0{; ; Pn cf0Pn=cf]÷cf0k\$,
^	;]6/ km/ rfON8 8]nk]d]6 P08 :6l8h, n]grf], sf7df08f}.	cgf]krf]l/s / cf]krf]l/s lz]ff kg:yfkg / lz]ff s]b] klfk]f]of / ; r]gf .	lj:yf]kt un]f lf]sf afnaf]nsfx?, sdhf] ; dbfosf afnaf]nsfx? . sf7df08f}.	/udfs{
&	s]dolg]6 ; kf]f{ uk, ; lQ, gf/fogk/ uf-lj =; s]h]nl .	; r]gf / Pr=cf04e=P8\ ; DaGwl lg/f]v]f]ds sfo\$.	Affnaf]nsfx? ; d] Jofj ; flos of]sdlx? .	PS; g P8
*	s]; g{km/ l]rN8] P08 0Gefo/gd]6, :j]de,"	c]lbog tyf cg; Gwfg cgf]krf]l/s tyf cf]krf]l/s lz]ff	Affn el/of / blnt afnaf]nsfx? .	cf0Pn=cf]÷cf0k\$, ; e b l]rN8] gj] rfON8 jf\$} } Og

	sf7df08f}.	;lk tflnd klfkf}f0f / ; r}gf .	sf7df08f}pkTosf .	Plzof -a}s_s_
(rf0N8 Pglhcf] knB}] g-g}kfn, l8Nnlahf/ .	; b:o u}; /sf/L ; :yfx?; # ; dgj o / ; -hfn lgdff klfkf}f0f .		
!)	rf0N8 8}enkdl6 ; f] f06L, dxfsfn, sf7df08f}.	lbj flzz' :ofxf/ / cgf}krf/ls Pj +cf}krf/ls lzlff :sh :yfkf :jf:Yo ; }f / :jf:Yo lzlj / ;lk tflnd klfkf}f0f / ; r}gf .	un}f sf/vfgfsf afnaflnsfx?, lu66L sb6g] 06f e6Xfdf sfd ug] afnaflnsfx?, 3/h' afnsfdbf/x? . sf7df08f} nIntk/, eQmk/, wflbE, xDnf .	lhl6h8}÷cf06; ; ; Pn o=P; =; L= Sofgf8f
!!	rf0N8 kff\$; g ; 06/, la/f6gu/ df}E .	; Dks{s0b cgf}krf/ls Pj +cf}krf/ls lzlff ;lk tflnd cWbog tyf cg'; Gwfg klfkf}f0f / ; r}gf .	; 8safnaflnsf / zx/L afn>ldsx? . la/f6gu/ .	; } b lrN8} gj } knfg 066/g}zgn, sf/- Pg-8An#8
!@	rf0N8 j }hkn6/ :sld-g}kfn, u}l kf6g, kfy/f .	lbj f :ofxf/ s0b / :jf:Yo ; }f, ;lk tflnd .	sdhf} x}; otsf u}ldlOf afnaflnsfx? . sf:sl / ndhE .	rf0N8 j }hkn6/ :sld, -o'sE
!#	rf0N8 js{{ 0g g}kfn -l; ljg, /ljejg, sf7df08f}.	klfkf}f0f / ; r}gf p4f/ / kg:yfkf kgPsls/Of / cf}krf/ls lzlff ;lk tflnd / afn Snax? ; }gf / k\$}zfg cWbog tyf cg'; Gwfg .	; 8s afnaflnsf / c6o sdhf} x}; otsf afnaflnsfx?, zx/L afn>ldsx?, un}f lf}sf afn>ldsx? .	; } b lrN8} gj } knfg 066/g}zgn, olg; km cfib .
!\$	lrN8} P08 jld6 0g ; f] n ; le{ P08 Xodg /f06), rfj lxn, sf7df08f}.	cgf}krf/ls Pj +cf}krf/ls lzlff 3/h' afn>ldsx?sf]btf{ klfkf}f0f / ; r}gf .	3/h' afn>ldsx? . sf7df08f} pkTosf / gj nk/f; L .	lhl6h8}÷cf06; ; ; Pn ; } b lrN8} gj } PPOPg -knf}+
!%	lrN8} P6 l/:s- g6j s{uk, l8Nnlahf/,	; b:o u}; /sf/L ; :yfx? ; # ; -hfn lgdff, ; dgj o / cfly\$; xofu ; sng klf kf}f0f		8lg8f

	sf7df08f}.			
!^	sfck/l6j ; f] f06l a4dttl, lnld6\$.	kg:yfkgf s b .	lj:yfikt un}f lfqsf afnaflnsfx? .	/udfs{
!&	8df\$ s sgkn\$/] g ckm 6\$ olgo6; -l8sf 6_ l; gfdun, sf7df08f}.	cgfkrfl/s Pj +cfkrfl/s lzlff ; lk tflnd klfkrf of / ; r]gf .	oftfoft lfqsf afn>ldsx? . lrtjg .	cf0Pn=cf]÷cf0k\$
!*	8enkdl6 kflh\$6 ; le{ ; 6/ -l8k s; _ yfkfynl, sf7df08f}.	cgfkrfl/s cfrfl/s lzlff / kl Des afNofj :yf lj sf; ; lk tflnd ; fdbflos lj sf; , ; fdflhs kl/rfng / ; r]gf cfo cfhg, art / Cof .	sfd ul//x\$ afnaflnsfx? / ltgsf cleefj sx? . Ufl t, dfdl{ / afx a;] l; Gwknrf\$.	lh6h\$÷cf06; ; Pn
!(Wfnflu/L sDolg6l l; f] { 8enkdl6 ; 6/	; r]gf sfdaf6 x6fpg] / kg:yfkg afn Snax?sf]:yfkgf .	:yfglo kbflwsf/lx? / cfd hgtf, hflvdk0f{ sfddf nfu\$ afnaflnsfx? . kj t, Doflubl / afunE .	cf0Pn=cf]÷cf0k\$
@)	Phszg, k 6\$; g P08 x k kn/ lrN8\$, wDaf/fxl, sf7df08f}.	cfkrfl/s / cgfkrfl/s lzlff lbj f :ofxf/ / lzlff s b ; lk tflnd .	un}f sdbf/x?sf 5f]f 5f]lx? sdhf] kl/j f/sf afnaflnsfx? .	/udfs{
@!	g kn pBfl j fl0fHo dxf; 3, sf7df08f}.	cfkrfl/s / cgfkrfl/s lzlff ; lk tflnd klfkrf of / ; r]gf :sh cgldg .	Zfx/l afn>ldsx? / ; 8safnaflnsfx? . sf:sl lhNnsf kflv/f / n]ygyf gu/kflnsfx? .	cf0Pn=cf]÷cf0k\$
@@	knfp08} g kn/ 0sfqf]ds P08 ; f] n r h, Hfgsk/ .	cfkrfl/s / cgfkrfl/s lzlff l; k tflnd cfo cfhg .	cgfkrfl/s lfqdf sfo{t kl/j f/x? . hgsk/ .	cf0Pn=cf]÷cf0k\$
@#	Hfg/n kn\$/] g ckm g nlh 6\$ olgo6; -lhkn6_ k'tnl; 8s, sf7df08f}.	l; k tflnd / cfo cfhg cfr/ ; xtfsf]lgdf0f klfkrf of / ; r]gf c Wbog / cg; Gwfg cfkrfl/s cgfkrfl/s	aw]f afn>ldsx? emf8' a9fg]; dbfo lrof aufg .	cf0Pn=cf]÷cf0k\$

		lzlf / afns	sf7df08f} emkf, Onfd .	
@\$	1fgk'-h ; le{ ; 06/, afgZj /, sf7df08f}.	kg:yfkgf s0b .	lj :yflkt un}f lf0sf afnaflnsfx? .	/udfs{
@%	xf]6}x}+] Psft sgf, nlnk/ .	lbj f :ofx/ / lzlf s0b}x? cfrfl/s lzlf / :sh ; #fngsf nflu kf0fhg .	blnt / c0o sdhf] kl/j f/sf afnaflnsfx? . sf7df08f}pk0osf / l; /xf .	skf]8 8f0] g, ldg] f0f P8j f\$0\ km/ Xodg /f06\
@^	cgfrfl/s lf0 ; jf s0b -06; \$, snsl, sf7df08f}.	Dffgj clwsf/ lzlf s0b} lf0sf afnaflnsfx?sf nflu Zflfs / hghfu/0fsf sfo\$dx? l; k tflnd .	:shsf afnaflnsf -%) lhNnf_ / s0b} lf0sf afnaflnsfx? -* lhNnf_, lk5l8Psf ; dbfosf afnaflnsfx? -d' x/, yf? & lhNnf_ .	olg; km cf0Pn=cf]÷cf0k\$ 8lg8f cf0f l; cf]0h\$0, l8l; Prcf/
@&	sfg0l ; xof tf tyf k/fdz{s0b , kNrf\$, nlnk/ .	sfg0l k/fdz{/ ; xof0 p4f/ :sh klkfrf0f .	Aff>ldsx?, of0 b0o] xf/af6 kl8t :shsf afnaflnsfx? . sf7df08f} nlnk/, eQnk/, emkf, 8f0l, l; Gwknrf\$.	cf0Pn=cf]÷cf0k\$ lh6h\$
@*	df0lt gkfn, ufzfnf, sf7df08f}.	Dflxf tyf afnaflnsfx?nf0{ caw a}lavg tyf cf] f/k; f/af6 ; Af0f, p4f/, kg:yfkg / kgPsls/0f :sh egf{/ l; k tflnd sfg0l ; xof0 ; jf cl0bog cg' Gwfg klkfrf0f / ; r]gf .	of0 b0o] xf/ / caw cf] f/k; f/ tyf a}lavgd k/\$f afnaflnsf / dlxfx?, sf7df08f} emkf, / 06x/ldf kg:yfkgf s0b}x? emkf, df7E, k; f{ ?k6b}l / af\$0f 68Gh6 x0dx? gj fsf0, gj nk/f; l / dsjfgk/df caw cf] f/k; f/ tyf a}lavgaf6 arfp g ; Af0f u}x? !^ lhNnfd ; r]gf sfo\$0 sf7df08f} sfhstf, d0a0 / lbNnaf6 p4f/ .	cf0Pn=cf]÷cf0k\$; 0 b lrN80 o's} ; 0 b lrN80 gj l o'Pg=8=k= 6]8]x0]; b Plzof knfp08] g l8cf0P; cf0lj cf0 066/g] gn -06fnl_
@(ldl8ofnf0g	; ~rf/ dfNbd / c0o ; u7gx?sf]kl/rfng .	; ~rf/ dfNbd, glt lgdf{fx? / cfd hgtf .	cf0Pn=cf]÷cf0k\$
#)	dIN68f0d0; gn PullsNr/ km/ 80nkdl6 gkfn, e/tk/, lrtjg .	cf0 cfhg l; k tflnd klj lw x:tf0t/0fsf nflu tflnd .	sfd ug]afnaflnsf / ltgsf cleefj sx? . 8f0l lhNnfsf Afgn\$, nf6df08', krgfnl, d8e/f, d80fpF uf=j = / l; nu8l gu/kfnsf	lh6h\$÷cf0P; ; Pn

#!	Gjzgn ; 6/ km/ Phszgn 8pndk06 .	lzlsx?sf] tflndsf nflu klzlfof kofs]hsf]lgdf0f	Gkfnst kfyls lj Bfnosf lzlsx? .	cf0Pn=cf]±cf0k\$
#@	Gj; gn ; f] f06L km/ kf0\$; g ckm 0Gefo/d06 P08 lrN80, ul/wf/f, sf7df08f}.	p4f/, kg:yfkg / kgPsls/0f cf]krfl/s cg]krfl/s lzlf / l; k tflnd klfk]f0f / ; r]gf .	lfn]fdf sfd ug]afn>ldsx? p4f/sf nflu sf7df08f} nIntk/ / eQmk/ kgPsls/0fsf nflu clw/fHoe/ .	cf0Pn=cf]±cf0k\$
##	gkfn 0G:6LGo6 km/ df; sDolgs] g, sf7df08f}.	; ~rf/ df]lbdx?sf] kl/rfng .	; ~rf/ df]lbdx? . la/f6gu/, sf7df08f} kf]y/f / gkfnuGh .	cf0Pn=cf]±cf0k\$
#\$	gkfn /udfs{ knfp68] g, ca]dfu{ afuahf/, sf7df08f}.	60dfs{ nf0; 0; lbg] / sfo{yn cgludg ug] p4f/ / kg:yfkgf cf]krfl/s / cg]krfl/s lzlf l; k tflnd / /f]huf/ kgPsls/0f / cgludg un]f pBf]usf sdbf/x?sf afnaflnsf?sf nflu lbj f lzz':ofxf/ / lzlf klfk]f0f / ; r]gf .	un]fdf sfd ug]afn>ldsx? / un]f sdbf/sf 5f]f5f]Lx? . sf7df08f} nIntk/, eQmk/, sfe] sf:sl, gjnk/f; L, lrtjg, dsjfgk/ / emkfsf un]f sf/vfgfx? / afnaflnsf cfkl't{ug] ; f]sf] ?kdf /x\$ c6o \$! lhNnfx?	olg; km lh16h\$
##%	gkfn l6r; { P; fl; P; g=gkfn g]zgn l6r; { P; fl; P; g .	lzlsx? / ltgsf ; u7gx?sf]kl/rfng .	gllt lgdf]fx?, ; Da4 kbflwsf/Lx?, lzlsx?, cleefj sx? / ; fdbflos g]fx? . @% lhNnfx? .	cf0Pn=cf]±cf0k\$
#^	gkfn 6\$ olgog sfu], sk08f]h, nIntk/ .	cf]krfl/s / cg]krfl/s lzlf l; k tflnd klfk]f0f / ; r]gf .	Zfx/L lf]sf afn>ldsx? . sf7df08f}pkIosf / aflx/sf !@ lhNnfx? .	cf0Pn=cf]±cf0k\$ lhnfkm
#&	?/n l/s6; 6& g gkfn, nfhDkf6 sf7df08f}.	p4f/ / kg:yfkg lzlf / ; lk tflnd vfB ; /lf sfo\$0 cleefj s cledvls/0f .	aW]f afn>ldsx? . alb0f, ?kGb]L, gjnk/f; L, slkna:t'.	cf0Pn=cf]±cf0k\$ olg; km sl/6f;
#*	; f] n cj]g] km/ Phszg, gkfnuGh, afs] zfvM /fhfk/ alb0f .	lbj f :ofxf/, cg]krfl/s tyf cf]krfl/s lzlf ; lk tflnd p4f/ / kg:yfkg afn Snax?,	afbl afnaflnsf? / c6o sdhf] kl/jf/sf afnaflnsf? . afs.] alb0f, s]hnl, s-rgk/,	olg; km ; e b lrN80 gj I

		klfkfjfof / ; r]gf, cflb .	bfE / ; Nofg .	
#(:6k knfp68] g, hfj nfvjh, nintk/ .	sfo{ynsf]cgludg un}fdf sfd ugI sdfbf/x?sf 5f]f5f]lx?sf nflu lbj f lzz' :ofxf/ klfkfjfof / ; r]gf .	un}f sf/vfgdf /x\$ afnaflnsfx? . sf7df08f}pkIosf .	
\$)	; ldf sf0/fnf d}f/on 6x6, nflhDkf6, sf7df08f}.	lbj f lzz' :ofxf/ / cgf]krfl/s lzIff ; lk tflnd .	; nf0{ / la:s6 sf/vfgdf sfd ugI afnaflnsfx? tyf u}ldof afnaflnsfx? . df]E / ; g; /L .	cf0Pn=cf]÷cf0k\$ g]kin afn ; u7g
\$!	c68/ lkl}n8 lrN8k; P; f]; P; g, ; g; /L, w/fg .	; 8safnaflnsfx?sf] ; fdlhs/s/of cgf]krfl/s lzIff / ; lk tflnd lj Bfno k}ofhg ; r]gf / afw; lfdls/of .	; 8s afnaflnsf / hf]vddf /x\$ afnaflnsfx? . w/fg / 06x/L .	; e b lrN8g gj I olg; km w/fg tyf 06x/L gu/kfnsfx?
\$@	c68/ lkl}n8 lrN8k; Phs}zg k}ufd g]kin, ; fgf] l7dl, eQmk/ .	cgf]krfl/s lzIff kl]j lws tflnd tyf :yfkgs -placement_ afn; wf/ ux .	sdhf] kl/jf/sf afnaflnsfx? . eQmk/, sf7df08f}bfE cflb .	; dfh sNofOf kl/ifbV -klxn] 8]g8f klg
\$#	Dflxnf kg:yfkgs s]b .	; r]gf cgf]krfl/s lzIff / ; lk tflnd .	3/h' sdbf/x? / ltgsf /fhuf/btfx? . sf7df08f}.	cf0Pn=cf]÷cf0k\$
\$\$	laho 8}nkdl6 l/; f] { ; 06/ u8fsf6, g]nk/f; L .	lbj f :ofxf/ cf]krfl/s tyf cgf]krfl/s lzIff .	s]f l}qsf afnaflnsfx? . 8f6L .	lh6lh\$÷ cf0P; l; Pn
\$%	oy Sna gf/foof3f6, gf/foof3f6, lrtjg .	; 8s afnaflnsf nflu ; Dks{s]b cgf]krfl/s lzIff / kl/jf/ kgPsls/of ; lk tflnd c}wbog / cg; Gwfg klfkfjfof / ; r]gf .	; 8s afnaflnsf, zx/L afn>ldsx? -vft] /]6f]06df sfd ugI 3/h' sdbf/_ / of}sdL{afnsfx? .	; e b lrN8g gj I l; P= cf/=÷ Pg=8An}h=

-; [M la:sf]af6 ul/Psf] :ynut ; j [fof -@))!_ / cf0Pn=cf]÷cf0k\$, lh6lh\$÷cf0P; l; Pnaf6
k}kt ; Pgfx/_

cg' Fl - @%
gk'ndf afn>ldsx?sf]l:ylt

:f / pfsnfk	s] < sfd	sit < Affn>ldsx? sf] ; Wof	sf] < lnu / hghflt ; dX	sx< lhNnf uldlOf jf zx/L	slxn} < df} dl, sfo{ ; do jf 3G6f	lsg< ljizi6 sf/ofx?	; ft
:Tj / ioOm>d	r?jf, 3/h' wGb, afnaflnsf] ; ; f/] v]lkftl .	k] { sdøfsf kl/jf/sf !&!%@ -b]v !* j if{ Ddsf_ .	kðv ?kdf yf? ; dbfoaf6 . \$* kl tzt aflnsfx? .	k] {sdøf /x\$ uldlOf lfqx?- bfE, af\$] albøf, shfnl, srgk'/, sf7df08f} / kfy/f h:tf zx/L lfqx? .	lgoldt !@-!\$ 3G6f .	ul/al -ef]hg_ kfl/jfl/s >dsf] s/f/; # cfa4 Cof .	af8\$ nã/ co b rf0N8 jf] ckm sc l; :6dM /] P; } d]6, lza zdf{ ; fylx? -PgPr cf0Pn=cf]cf0l _))!
ofaQ	Jofkl/s ofgsd{.	sf7df08f}f !%) / gkfnuGhdf dfq @)) cfo lfq af/] hfgsf/l gePsf] cgbflgt !*% . afbl ofgsd{x? .	; ldfGt kl/jf/sf tyf lj Bfno hfg] ^ b]v !* j if{ pd]sf aflnsf tyf lszf]lx? .	sf7df08f} pkIosfsf a; kfs{ / 8ff; /lf7]6x? zx/L s]b{x?sf nhx?, /fhdfu{ 5p5psf k; nx? . bfE, af\$] albøf, shfnl, s-rgk' / ; Nofgsf afblx?sf]lfq .	kðv ?kdf /flq / ck/f6xsf] ; do .	anf]st ePsf] cdf ofgsd{ ePsf] cleefj sx?sf] j\$lnks cfosf] ; ft g'xg' cfkng) lanf; sf nflu cfj Zos cfosf nflu . afbl ; dbfosf xsdf k/Dk/f / j\$lnks cj ; /sf] cej .	sf7df08f}f ni ; f] n jfr ; e]l/kf{la:s -BISCONS_ :ynut ed0fx?af6 cBfj lws ul/P: la:sG; sf] :ynut ed0f
w Dffgj]f/k; f/ a]lavg tj]w lg Ps søf_	j]ofj [Q, ; /s; / 3/h' sfdsf nflu .	k]os j if{ ef/ttkm{ % b]v & xhf/; Dd nlug]aflnsf tyf lszf]lx?d]b] w}] !* j if{ dlgsf 5g\	clwsfz cf]bjf; L ; dbfosf .	dVotM ul/aln] ; tPsf d]bdfGrn lj sf; lfqsf kxf8l lhNnf?af6 ef/ttkm{.	hg; s} ; do .	ul/al / r]gfsf] cej, /fd]sdfo ug] cfsf]ff, g]ts?kn] e]6 cdfafa' jf cleefj sx? .	la:sG; sf] :ynut cl]bog
u" cf]w]f/k; f/ lj t/of	; ldfj f/L kf/L cf] f/k; f/ / las] lat/of .	o:tf lsøfsnfkdf kðv?kdf afnaflnsfx? ; m]g xg].	; 8s afnaflnsf, afnel/ofx?, xs/ / :sh] afnaflnsfx?.	gkfn ef/t ; ldf lfq jf/L kf/L sf7df08f}f ko6slo lfqx?.	hg; s} ; do .	/fd]cfosf nflu, jo:sx?n] k]r] ug]u/\$f] kln; n] zsf gug].	la:sG; sf] :ynut cl]bog

z:q áGá	; (l6k sls ^a , ufpg]/ gfRg] ; r'gf k%ofpg] dfcf] fbl lj b]lx?sf nflu .	xhf/f]sf] ; Wofdf xg ; S5g\	DfVo?kdf lk5l8Psf hghflt ; dbfosf lszf] lszf]lx? .	Dffc] fbl kèf]j t lf]x? .	hg; S} ; do .	ul/al, s07f, abnfsf] efj gf, kln; n] ; Gb] gug] /fhgllts cled\ls/0fsf nflu ; lhnf].	; ~rf/ dflc dfgj clws ; #7gx? la:s6; sf] :ynut cllbog
f18 / x/ d]f g.	Knf:6ls, wft' / af]nx? hDdf u/L a]g].	\$ xhf/ !* j if{ / Tof] eGbf sd pd]sf .	Afflinsfx? !@ kltzt, sfdl, bdf0{ ; fsl{ @! kltzt, afxg lf]l !* kltzt, tfdE, du/ t/f0af; l ; dbfosf / d; ndfgx? u/] \$(kltzt .	Zx/L s]b]x?df dfq a; f0 ; /] cfPsf ^\$ kltzt, kxf8 / lxdfnl lf]af6 \$& kltzt, t/f0af6 ## kltzt / ef/taf6 !^ kltzt .	lgoldt?kdf / vf; u/L laxfgdf cf} t-mean_ sfd ug]366f ^ .	Kf/j f/ Tofu Pj + a; f0; /f0, ; fylx?sf] kèf] df \$(kltzt, cfkm)& kltzt, cleefj s jf gft]f/ @\$ kltzt .	l; rP; g c rf0N8 %ofulks 0g g]kfnM %oflk8 P;] d afn sdf/ s]; / ; fylx? l; l8lkP; , cf0-Pn=cf]-cfi s_ @))!
/of	Nffdf] b/L / 5f]f] b/Ldf ef/L af]g].	b]zdf !* j if{ eGbf dlgsf \$^,)@(. .	Afflinsfx? !@ kltzt, /f0{ lnDa' u? ^a , du/ / ; gj f/ @\$ kltzt, sfdl, bdf0{ ; fsl{ @@ kltzt, lf]l !(kltzt, g]f/ !! / tfdfE !) kltzt .	Zfx/ / uf]Psf Jofkl/s s]b]x?, a; kfs]x? . uf]dlOf lf]af6 a; f0 ; /] cfPsf (! kltzt .	Nffdf] b/Lsf] ef/L af]g]&* kltzt, Df]; dl / 5f]f] b/Lsf] ef/L af]g] &) kltzt, lgoldt?kdf af]g] cf} t ef/L s]f]lx? @(s]f]h= -5f]f] b/L_ s]f]fx? #& s]f]h= -5f]f] b/L_ s]f]lx? ## s]f]h= -nfd] b/L_ s]f]fx? %^ s]f]h= -nfd] b/L_ .	3/nf0{ d2t ug} df} dl?kdf sfd ug]x? %(kltzt -5f]f]b/L_ . k}f sdfpg sfd ug]x? \$& kltzt -nfd]b/L_ .	rf0N8 kf]f] { g]kfnM P %ofl P;] d]6, a sdf/ s]; l= ; fylx? l; l8lkP; , cf0-Pn=cf]-cfi s_ @))!
h';]f	ef]5fsf]sfd,	sf7df08f]f	s]f]lx? \$^	Zfx/L s]b]x?df	lgoldt?kdf	cleefj ssf]	l; rP; g c

	efBf dfeng] 3/ ; knf ug] / nuf wg] sφfsφl :ofxfg].	!\$ j ifdlgsf @!))) bze/df \$#))) .	kl tzt afixg Ifql, yf?, tfdfE, du/ / g]f/ *\$ kl tzt .	kφf]u xg] l5d\$sl / k] { sdφfj fnf lhNnfx?af6 a; f0 ; /L cfpfg] \$% kl tzt .	!@ blv !^ 3G6f; Dd sfd ug] (\$ kl tzt .	; emfj *# kl tzt, cfkm vzl !@ kl tzt .	8fφ]l6ls rf0 n] / ; { sf7df08" M /] P;] d]6, lza zdf{ ; fylx? -PgPr cf0φn=cf] cf0k\$ _ @))!
nut tfoft	df0sfl] a; ; 6]kφdf Eff8f p7fpg].	sf7df08f} pkIosfdf !* j if{ dlgsf #(% .	sφlx? gb]vPsf . clwsfz afixg, g]f/ / tfdfEx? .	Zfx/L s]bφ? .	lgoldt, clwsfz^n] laxfg ^ ah] blv ah]sl * ah]Dd sfd ug]u/\$f .	cleefj snf0{ ; xof]u ug{ jf hφ vr\$φ nflu k}f sdfpg] elj iodf rfns aG] sfd /df0nf] nfu\$].	P sn\$ε SofDkφ 0lnldgφ rf0 n] / 0g 6l P08 df0sfl] tf/s lwtfn -ε ; /f\$φ/ g= \$ \$!, l; lj @))! / :ynt cj n]f\$g
i]f /vfgfx?	aG] wfuf] sflg] sfl8€ ug] /wfpfg] / wg].	bze/df !\$ j ifdlgsf !()) .	sφlx? #(kl tzt . tfdfE, du/, Ifql / g]f/ .	sf/vfgfx? kφv?kdf sf7df08f} pkIosfdf s]b]lt, >ldsx?sf]; f] Ifφx?- dsjfgk/, l; GwkfNrf\$, sfe] ; nfk], enfkf /fd\$fk .	lgoldt, lglZrt ; do gePsf]. w]h; f]h] lbgdf !@ blv !^ 3G6f; Dd sfd ug].	Uf] /al, kl/jf/sf ; b:ox?sf] a; f0 ; /f0, zx/ cfpfg] /x/, rl/qx?sf] cfsifφ !! kl tzt .	l; rP; g Pgflnl; ; c rf0N8 n] / sfkφ 068:6kc g]kfn- ; φ6/ l kf]nl; :6l8h /udfs€olg; k] !(((
f / 6fon 7f	vG] d5g] cfsf/ agfpg] ; sfpfg] / cf] fg].	!\$ j ifdlgsf (%(, !\$ blv !* j if{ Ddsf !)#\$, hDdf !((# .	tfdfE, du/, Ifql / g]f/ &^ kl tzt .	; f]t-sfe] e0mk/, /fd\$fk / /f]kf ^! kl tzt .	Df]; dl?kdf - ha s]l]sf] sdfaf6 km; € ldN5 lbgdf * 3G6f eGbf a9l sfd ug] (\$) kl tzt, xktfdf & lbg sfd ug] &(kl tzt .	cfo cfhGsf nflu, kl/jf/; φ df} dl?kdf c:yfol a; f0; /f0 .	rf0N8 n] / la\$ lsNG; c lb sf7df Eofnl, la:sG; Pr=Pd=h=Pd=c Pn=cφ0φn=cf: cf0k\$ _ !((*

cg' rL-@^ gk[ndf afn>dsf sf/0fx?nf0{b}fpg]/yflrq
dh sf/0f

- u0f:t/oQm=/f]huf/dvl lzlf]sf]cefj
- dh't s[if / ; -; fgj x:tsnfd cfwfl/t cy[oj :yf
- afn>ldsfnf0{; xof]u ul//x}sf]e[og]; dfhsf]wf/0ff
- /f]huf/bftfx?nf0{k}k}t xg]u} cfly\$ nfe -caf]u, cf1fsf/L, lgoldt, clwsf/k}t c1fg / lj Zj f; L
- /f]huf/bftfnf0{nfutdf xg]nfe
- lj z]f sfd ug\$ f nflu cfj Zos kg]zf/l/s lj z]ftfx?
- ckof]t kl}ta4tf, sfg}x? / ; Argfx?
- ; dbfosf]pbf; lg kj [Q
- zx/L lf}x?df /f]huf/l sf cj ; /x?
- aflnsfx?k}t sf]e}efj
- v/fa kfl/j fl/s cfr/0f=lj 36g
- cfly\$, zf/l/s, /fhgllts j f g]ts b[i6n]e]6 cleefj sx?
- e}f]ts, /fhgllts / glltut sdl sdhf]lx?
- lj Bfno ; lawfsf]cgknAwtf
- pRr k}hgg b/ / 7N7hf kl/j f/x?
- /f]huf/l sf cj ; /x?sf]cefj

dWbj tl{sf/0fx?

- lzlf]k}t sd cfsif}f
- afnaflnsfx?n]ug]c6o s'/fx? g}xg'
- lj Bfno hfgdf ; d:of
- cleefj sx?n]k} f sdfpg k7fpg'
- ul/al / lgj f}dvl hlj g
- afnaflnsfx? 3/ 5fl8 eflg]/ zx/tkn{a; f0 ; g]kj [Q
- afnaflnsfx?sf]zx/k}t sf]cfsif}f
- sfg}sf]lkmtnf]sfof]j og
- afnaflnsfx? cfhlj sf / lj sf; sf nflu sfd u56\
- /f]huf/bftfx?n]j o:s e6bf afnaflnsfnf0{sfddf nufpg rfxg'
- bnfmx?nf0{k} f k}k}t xg]
- cleefj sx?n]k}k}/fut ; lk l; sfpg dg k/fpg'

afnaflnsfx? lsg cfly\$ ls6fsnfkdf ; mlg x65g\t<

cg' rL-@&
lgs[6 kš[tsf afn>d tyf blkl/0ffdx?

Isøfsnfkx?	ul/g]sfdx?	Hff]vdx?	kl/0ffdx?
bf; lj / anoQm >d	3/w6bf, kz' r/fpg] s0fs0l :ofxfg] v]lkftl h:tf sfo0f ; mlg aW]f >d .	Dffgj clwsf/sf] xgg, nfd] / si6oQm sfd ug] ; do .	g]ts bdg, dgf]] flgs 3ftx?, ; fdilhs lj e0, zf/ll/s lj sft .
j]ofj Q		Zff/ll/s / dfgl; s b]o]xf/, Pr=cf04e=-P8\ nufot of0h6o /f]ux? .	; fdilhs lj e0, kfl/jf/af6 ckx]hg, ue{wf/0f, d[o'.
cjw Dffgj cf] f/ k; f/ a]lavg -Ps k]s0f_	j]ofj [Q, ; s{ cflb k0fhgsf nflu uf0b]v zx/ jf ; ldfk/l xg]cf] f/k; f/ a]lavg .	Dffgj clwsf/sf] xgg, Zff/ll/s / dfgl; s b]o]xf/, of0 b]o]xf/ .	g]ts bdg, dgf]] flgs 3ftx?, ; fdilhs lj e0, zf/ll/s cux?sf] lasl / d[o'.
Nffu" cf]wswf] cf] f/k; f/ / lj t/0f	Nffu"cf]w ; fydf lnP/ lx8g]/ lj sl lj t/0f ug].	Nffu" cf]w b]o]g, Pr=cf04e=-P8\, cflb .	dgf]] flgs 3ftx?, d[o'.
; z:q a6a	a6b5 af]g] o4 n8g] ef/l af]g] v6g] cflb .	Zff/ll/s / dfgl; s b]o]xf/, of0 b]o]xf/, Dffgj clwsf/sf] xgg, nfd] sfo{366f / eofgs sfo{.	dgf]] flgs 3ftx?, r]0k6s, cux / d[o'.
k]x/d]ff ; sng / vft]sfd	k]x/ d]faf6 kg k0f]u xg ; Sg] lj le6g rlhx? ; sng - wftx?, knf:6ls, zlzf cflb_	Wft' tyf zlzf] sf6g] c:ktn nufotsf lj le6g xflgsf/s t]jx?; u ; Dks{ ; 9]un]f rlhx?sf] bu]w, lemf]x?; usf] lg/t/ ; Dks{/ knflnPsf c:j:y vfgf vfg]8/ .	R]0k6s / l66fg; af6 d[o', /; folgs k0f]0f, lj le6g /f]ux?sf] ; s00f, / lj iffQm ef]hg .
el/of	Eff/l afemx? p7fpg]/ af]g].	Nf8g] / r]0k6s nllg] vt/f, zf/ll/s lj sft k]0g tyf 0ghl{sk]r0f .	Zff/ll/s lj sf; cj?4 xg].
; ; fgf /]6f]06 / af/x?	efBf dfem] j]0 / / ss .	/f]uf/bftfsf]bofd] lge, nfd] sfo{ 366f, ; Ig / cf/fd ug{gk]pg] :jf:Yo / g]ts dfkb08x?sf] p]n3g -of0 b]o]xf/ .	g]ts bdg, dgf]] flgs 3ftx? .
3/h'sfidsfh	; a]k]f/sf sfo{.	/f]uf/bftfsf]bofd] lge, nfd] sfo{ 366f, ; Ig / cf/fd ug{gk]pg] :jf:Yo / g]ts dfkb08x?sf] p]n3g -of0 b]o]xf/, ckdfghgs sfd_ ; fdilhs ; Dks]af6 j]l-rt .	g]ts bdg, dgf]] flgs 3ftx? .

:ynut oftoft	Eff8f c; Ng] ; knf ug] ddf ; Def/ ug].	Uffl8af6 v:g] vt/f, rfk6s nflg] :jf:Yo / g]ts dfk608x?sf] p]n3g .	Zj f; kZj f; ; DaGwl /f]ux?, lj iffQm /; fogx?sf] c; /, rfk6s / d[o' .
Un]f sf/vfgfx?	p]ngsf] wfuf] sflg] / wfuf] ag] p]ng /ufpg] un]f afg] wg] cflb .	km+n :kf/x?n] kblift p]ngsf] whf] ; f; af6 tflgg] c; lhnf] / c;j:y sfd ug]cj:yf, xflgsf/s /; fogx?; usf] ; Dks{ cflb .	Zj f; kZj f; ; DaGwl /f]ux?, dfzkZl / xl88; DaGwl /f]ux? - cf]fdf bafj, c; fdlos bl]6 ; DaGwl ; d:of, /f; folgs dft / kZfut afx\$sf /f]ux? kflg RflsG] cflb .
06f / 6fonsf e7Xf	Dff6f] d5g] 06f kf]vg] 06f cf] f/k; f/ ug] cflb .	Zj f; af6 whf] tflgg] c]olws 708L / tfkoQm jftfj/0faf6 kflj t xg] ux]ef/L, cflb .	Zj f; kZj f; / 7108; DaGwl /f]ux?, lk8f]fx? ; lGgg] dfzkZl tyf xl88sf /f]ux? .
; nf0{sf/vfgfx?	/; fogx? k]sfpg] / ld; fpg] ; nf0sf] sf]l / afs; x? ag]pg].	xflgsf/s /; fogx?sf] ; Dks{df c]pg]/ cfuf]Pj + lj :kn]gdf kg] ; efj gf .	/f; folgs dft, kfl]ng] dfzkZl tyf xl88sf /f]ux?, cflb .
5fnf kZf]vg	/; fogx?sf] k]f]u u/L 5fnf kZf]vg ug].	xflgsf/s /; fogx?sf] ; Dks{df c]pg].	/f; folgs bxg / dft, dfzkZl tyf xl88sf /f]ux?, cflb .
9lf vfgl / lulš s6g]pB]u	9lf]x? lgsfl]g] cf] fg] / lulš s6g].	lr; f] kfgldf nfd] ; do; Dd a:gkg] Zj f; af6 whf] tflgg] cf]fdf rf] nflg] cflb .	Zj f; kZj f; / 708L; DaGwl /f]ux?, lk8f]fx? ; lGgg] dfzkZl tyf xl88sf /f]ux?, cflb .
sf]nf vfglx?	sf]nf lgsfl]g] 6s] kfg] / cf] f/k; f/ ug].	Zj f; af6 sf]nfsf]whf] / lj iffn' l]of]x? tflgg] / vfglleq kl/g]; efj gf .	Dft nflg] rf]k6s nflg] / kl/P/ d[o'xg].

cf]0p]n-cf]0k] / lhl6h]÷cf]0o; l; onaf6 k]kt ; f]gdf cfwl/t